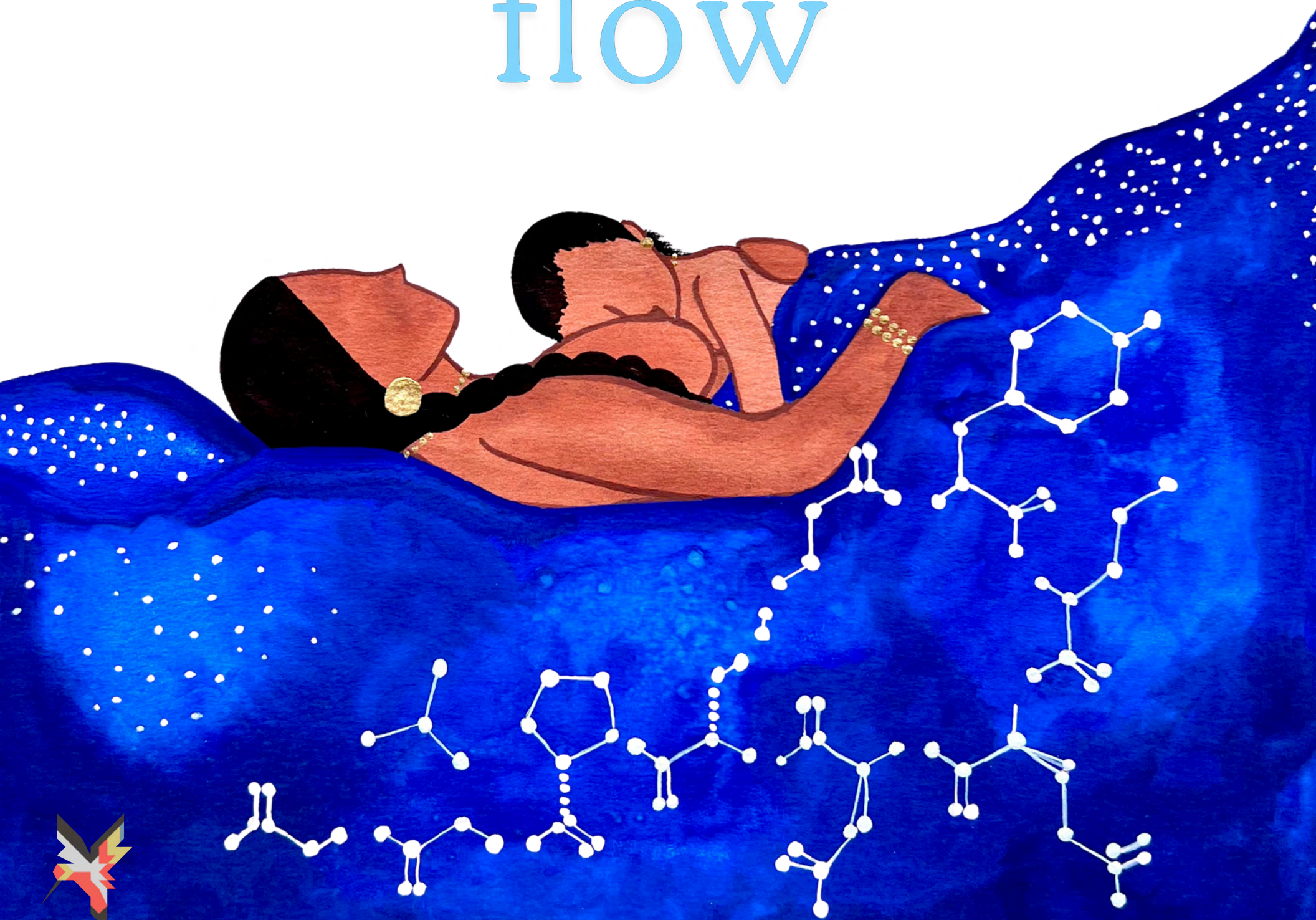


Let the LOVE flow



MY MILK IS MEDICINE



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Hummingbird
INDIGENOUS FAMILY SERVICES

BREASTFEEDING IS FOOD *Sovereignty*



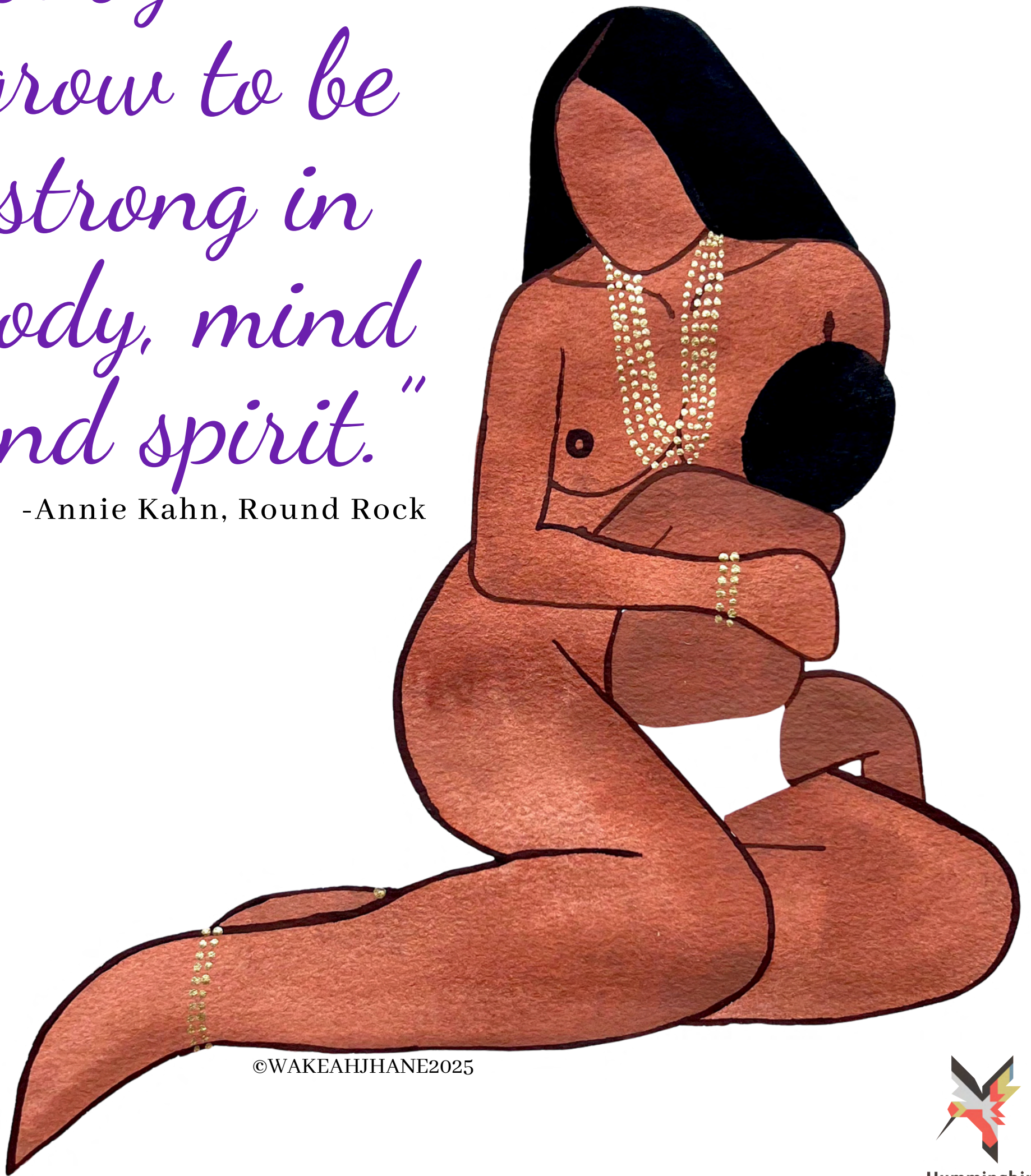
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I AM ALL MY BABY NEEDS



*"A nursed
baby will
grow to be
strong in
body, mind
and spirit."*

-Annie Kahn, Round Rock



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Hummingbird
INDIGENOUS FAMILY SERVICES

EVERY DROP COUNTS



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I am perfect and



I can feed my baby.

