

STARTERS

FRESH BAKED

CINNAMON BUNS

8.99

- Now Serving -

Friday, Saturday & Sunday

Ask about our Special Loaded Cinnamon Buns!

SACK OF FRESH BLUEBERRY FRITTERS

Our freshly-made fritter batter, full of blueberries, cooked to a golden brown & placed in a paper sack with sugar & cinnamon. We shake it up at your table & serve them with strawberry yogurt for dipping.

Full order 8.99 • Half order 5.49

POINSETTIA MEGAMOSA

A merry mix of champagn & cranberry juice.

13.99

SOUTHERN FRIED PICKLES

Crispy, golden, & packed with flavor! Our hand-breaded pickles are soaked in rich buttermilk, coated in a savory Southern sage breading & fried to perfection. Served with a side of smoky chipotle ranch for the perfect kick. A crunchy, tangy classic with a bold twist! 8.99

HOLIDAY WHAT'S FRESH™

GRANDMA'S XMAS COOKIE WAFFLE

Two pearl sugar coated waffles filled with Cheesecake filling. Topped with crumbled sugar cookies, holiday sprinkles. Garnished & topped with a white chocolate & raspberry drizzles & finished with our homemade whipped cream. 15.99

CHORIZO BREAKFAST CRUNCH WRAP

Grilled tortilla stuffed with scrambled eggs. bacon, chorizo sausage, sausage, ham, crispy corn/flour tortilla, cheddar cheese & Chipotle Cream. Served with salsa & choice of side. 14.99

BUILD-YOUR-OWN HOT CHOCOLATE

Warm up your holiday spirit! Served with homemade whipped cream, marshmallows, chocolate chips, & all the sweet fixings to make it your own. 8.99

PANCAKE SAUSAGE DUNKERS

Served on a stick with our Maple syrup & homemade sausage gravy for dipping. Garnished with powdered sugar. 8.99

FROM THE GRIDDLE

FRENCH TOAST

CAPTAIN CRUNCH FRENCH TOAST

Challah bread dipped in French toast batter & rolled in Captain Crunch pieces. Topped with fresh strawberries, blueberries & sliced bananas. Finished with powdered sugar & whipped cream. 14.99

CHALLAH BREAD FRENCH TOAST

Sprinkled with cinnamon & powdered sugar. 12.99

BANANAS & BLUEBERRIES FOSTER STUFFED FRENCH TOAST

Challah French toast stuffed with cream cheese & fresh bananas, topped with fresh blueberries & sautéed in a sauce of butter, brown sugar, cinnamon & dark rum. 14.99

PANCAKES WAFFLES

SWEET CREAM PANCAKES

A stack of fluffy pancakes. 10.99  
Add Strawberries or Blueberries or Bananas or Granola - add 1.00

LEMON RICOTTA PANCAKES

Try our “famous” pancakes, mixed with fresh lemon ricotta cheese & “You’ll never have plain pancakes again”. Moist, fluffy pancakes topped with powdered sugar, whipped cream & a lemon twist. 12.99

BLUEBERRY LEMON RICOTTA BELGIAN WAFFLE

Topped with fresh blueberries with homemade Berry Jam, white chocolate, whipped cream & powdered sugar. 12.99 Plain waffle 11.99

OMELETES

All omelets are served with toasted whole wheat berry bread. Add American, Swiss or Cheddar cheese to any omelet for 1.00 Add Boursin or Mozzarella cheese for 1.50 Add Egg Whites for 1.50  
Sides include potatoes, grits, oatmeal or tomatoes. Fresh fruit. 1.50

CREATE YOUR OWN OMELET

Start with ham, sausage or bacon & choice of Swiss, American or Cheddar cheese & one vegetable (tomato, spinach, onion, peppers, mushroom or jalapeño). 13.99  
Ham, chicken, bacon, turkey, sausage or Birria beef 1.99 ea.  
Additional vegetables 1.00 ea. • Mozzarella or Boursin cheese 1.50 ea.

BUTCHER SHOP OMELET

Ham, applewood smoked bacon & sausage topped with our homemade sausage gravy. 15.99

BACON, AVOCADO & CHEESE OMELET

Chopped applewood smoked bacon, freshly mashed avocado & cheddar cheese. 15.99

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 GARDEN FRESH VEGGIE OMELET

Sautéed spinach & onions with mushrooms, diced tomatoes, a trio of roasted peppers & Boursin cheese. 15.99

HASHES

All hashes are served over home-fried Red Bliss Potatoes with a biscuit & apple butter

NASHVILLE HOT CHICKEN HASH

Hand breaded antibiotic-free chicken tenders hand dipped in a spicy oil, crowned with two eggs & topped with a fresh made Comeback Hollandaise sauce & sliced pickles. 14.99

BIG COUNTRY HASH

Ham, pork sausage & chopped bacon, shredded cheddar cheese.  
Topped with two eggs to order covered with our homemade sausage gravy. 14.99

CHICKEN BACON AVOCADO HASH

Free range chicken, bacon, avocado mash, diced tomato, cheddar & Jack cheeses topped with two eggs, enchilada sauce & drizzled with chipotle cream. 15.99

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 O.M.G. HOMEMADE CORNED BEEF HASH

Slow roasted brisket, chopped with a trio of peppers, onion & potatoes, grilled & served with two eggs plus your choice of side. 14.49 Side of Corned Beef Hash 7.99

CAFE FAVORITES

LOADED POTATO PANCAKE N EGGS PLATE

Crispy potato pancakes with cheddar cheese, crumbled bacon, green onions, diced tomatoes & two eggs served with a side of sour cream & home-baked wheat toast. 13.99

CHICKEN N BISCUIT OMELET

Three egg omelet stuffed with buttermilk fried chicken & pepper jack cheese. Topped with a scratch-made biscuit & smothered in sausage gravy, dusted with green onions & Cajun spices. Served with red bliss potatoes. 15.99

NOVA SALMON\* BENEDICT

Cold smoked Nova Salmon\* nestled atop two potato latkes & herbed cream cheese with fried capers. Topped with two perfectly poached eggs\*, diced tomatoes, pickled red onions & drizzled with Hollandaise. 18.99.

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 PAPA T'S FAMOUS EGG SANDWICH

Two eggs. cheddar jack cheese, apple cider bacon, spinach, tomatoes, crispy pickled onions, avocado mash & House sriracha aioli on griddled challah bread. 14.99  
Sunrise Sandwich - Choice of 2 eggs and cheese on a potato roll. 8.99 Add bacon or sausage for 1.99

BUTTERMILK BISCUITS & GRAVY WITH EGGS

One scratch-made buttermilk biscuit topped with homemade sausage gravy & two eggs any style.  
Served with seasoned crispy red bliss potatoes. 12.99

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 MEGA BREAKFAST BURRITO

Burrito stuffed with chorizo sausage, eggs, Pepper Jack cheese, tri-colored peppers & sautéed onions, topped with enchilada sauce, cojita cheese drizzled with chipotle cream. Served with salsa & home-fried Red Bliss Potatoes. 16.99

BERRY FRESH SLAM

Two eggs, pancake stack included, bacon, sausage or ham with red bliss seasoned potatoes. 15.99

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 BIRRIA BREAKFAST TACOS

Three corn/flour tortillas stuffed with scrambled eggs and overnight braised beef. Topped with cotija cheese, chopped onion and fresh cilantro. Served with consomme for dipping. Choice of side. 13.99

BRUNCH

BENEDICTS

All benedicts topped with scratch-made Hollandaise sauce.

IRISH EGGS\* BENEDICT

Toasted English muffins topped with our homemade corned beef hash, two poached eggs\* & scratch-made Hollandaise sauce. Your choice of side. 15.99

TRADITIONAL VERY BERRY EGGS\* BENEDICT

Perfectly poached eggs\* with Canadian bacon & fresh-made Hollandaise sauce.  
Your choice of side. 15.99

NASHVILLE CHICKEN BENEDICT\*

Scratch made biscuit layered with pimento cheese, pickle slices, Nashville chicken tenders, 2 perfectly poached eggs\*, comeback hollandaise sauce & sprinkled with green onions. Served with red bliss potatoes. 15.99

REDNECK EGGS\* BENEDICT

A homemade freshly-baked biscuit layered with fresh sausage patties & poached eggs\*, topped with sausage gravy & scratch-made Hollandaise sauce. Your choice of side. 15.99

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 JALAPENO RED PEPPER JELLY CHICKEN N WAFFLES

Hand breaded, buttermilk and pickle juice marinated crispy chicken tenders, dipped in our homemade, jalapeno red pepper jelly, served on top of a fresh made belgian waffle, served with whipped butter. 14.99

HOT HONEY CHICKEN FRIED CHICKEN N EGGS PLATTER

Our buttermilk & pickle juice marinated chicken breast is dusted in sage breading, fried & smothered in homemade sausage gravy & finished with sweet n spicy hot honey.  
Served with two eggs, red bliss potatoes & a biscuit. 17.99

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 O.M.G. SHRIMP-N-GRITS

Stone-ground grits topped with shrimp, cheddar cheese, onions, tomatoes, bacon & pepper trio in a cajun cream sauce. 15.99

THE ULTIMATE BARBACOA GRILLED CHEESE

Thick cut everything sourdough bread layered with grilled tomatoes, barbacoa beef, caramelized onions, garlic aioli, american & pepper jack cheeses grilled to golden perfection.  
Served with a side of consomme & choice of side. 13.99

EARLY BIRD  
MONDAY - FRIDAY  
7AM-8AM PRICING 9.99 EACH

SATURDAY & SUNDAY  
PRICING 13.99 EACH

BREAKFAST DEALS

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MONDAY- FRIDAY BREAKFAST SPECIALS 11.99 EACH

BIG BREAKFAST SPECIAL

Two eggs, red bliss potatoes,toast, bacon or sausage with coffee.

PANCAKE SPECIAL

One giant sweet cream pancake, bacon, or sausage with coffee.

AVAILABLE FOR DINE-IN ONLY

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.



# HEALTHIER



VEGETARIAN



GLUTEN-FREE



VEGAN



KETO DIET



## VEGETARIAN WRAP

Roasted artichokes, fire roasted tomatoes, vine ripe tomatoes, cucumbers, fresh greens, avocado mash, goat cheese, pickled red onions, micro greens and citrus vinaigrette wrapped in a whole wheat tortilla.

Served with your choice of side. 13.99



## HEALTHY START CHICKEN EGGWHITE SCRAMBLE

Chicken, spinach and tomatoes scrambled in fluffy egg whites. Topped with avocado mash.

Served with fresh fruit & red salsa. 13.99

## NOVA SALMON ACAPULCO TOAST

Creamy avocado served on wheat berry bread, topped with thinly sliced

Nova Salmon with fried capers, diced tomatoes, & pickled red onions & drizzled with

Hollandaise with your choice of two eggs & a side. 17.99 Plain Acapulco Toast N Eggs \$12.99



## SPRING BERRY ACAI BOWL

Acai sorbet, toasted coconut, fresh cut bananas, blueberries, pineapples, and strawberries. Drizzled with

FL honey and served with a BFC Homemade Granola. 11.99 Add peanut butter 1.00



## OLD-FASHIONED OATMEAL

Fresh-made daily with whole milk served with brown sugar & raisins. 7.99

Granola add 2.00

Fresh blueberries or strawberries & candied walnuts add 1.00



## HIPPIE PICNIC SANDWICH

Oven roasted sandwich on toasted wheat berry bread with citrus vinaigrette, vegan cheddar cheese,

roasted artichoke hearts & roasted tomatoes, sliced tomatoes, cucumbers, fresh artisanal greens,

avocado mash, pickled red onions. Served with your choice of side. 12.99



## POWERHOUSE PROTEIN PLATTER

Farm fresh scrambled eggs and two hearty proteins of your choice bacon, sausage, Canadian bacon,

turkey, ham, birria, or chicken sausage. Served with ripe sliced tomatoes – a perfect, protein-packed way

to power through your day. 12.99 add cheese for an extra punch of protein for .99



## ENERGY WRAP

Fluffy egg whites, fresh tomatoes, mushrooms & spinach wrapped in a whole wheat tortilla.

Served with fresh fruit & a side of salsa. 12.99



## GREEK YOGURT BERRY BLISS

Chilled Greek yogurt topped with fresh berries, a homemade granola and a drizzle of FL honey.

Served with a blueberry muffin. 10.99



## GLUTEN-FREE HONEY PANCAKES

Drizzled with honey. 11.99

# LUNCHEON FAVORITE

All sandwiches include your choice of crispy fries, homemade red bliss potato salad or cole slaw. Substitute Sweet Potatoes Fries or Fresh Fruit for 1.50

## BFC CLUB SANDWICH

Sliced Ham, roasted turkey, Applewood smoked bacon,

Swiss & American cheese, tomatoes,

leaf lettuce with mayo and Apple Butter BBQ sauce on challah toast. 12.99



## OPEN FACED GREEN GODDESS TURKEY AVOCADO TOAST SANDWICH

Wheat berry toast, leaf lettuce, fresh avocado mash, sliced house roasted herb turkey breast,

fire-roasted tomatoes roasted artichokes, micro greens served open-faced

with a Housemade Green Goddess dressing drizzle. 12.99

## GRILLED REUBEN

Corned beef, Swiss cheese, sauerkraut & Thousand Island dressing

on grilled marbled rye. 12.99

## 6 SLICE BLT

6 slices of crispy bacon, lettuce, sliced tomato &

chipotle cream on wheat berry bread. 14.99 Add Avocado 1.99



## NASHVILLE HOT CHICKEN SAMMIE

Our buttermilk & pickle juice, marinated antibiotic, free chicken breast dusted in

southern sage breading, dipped in spicy nashville oil on a bed of coleslaw, pickles,

& comeback sauce on a potato roll with your choice of side 12.99

## CHICKEN PESTO OVEN-BAKED SAMMIE

Grilled chicken breast topped with mozzarella cheese, Parmesan cheese,

sliced tomato & pesto on artisan French baguette. 12.99



## TURKEY AVOCADO CLUB MELT

Grilled EBS Soudough bread piled high with our house roasted sage rubbed

turkey, cheddar & pepper jack cheeses, chipotle cream,

fresh spinach, pickled onion, tomato, avocado, & bacon jam. 14.99

## SMASH BURGERS

## BRUNCH STYLE

Topped with cheddar cheese, bacon, fried egg, chipotle cream. 13.99

## PIMENTO CHEESE & BACON STYLE

Pimento Cheddar cheese & applewood smoked bacon. 12.99



## ROUGH NIGHT BURGER

1 Burger patty, 2 southern fried chicken tenders, house herb roasted turkey, grilled ham steak, 2 slices

of bacon, American cheese, & garlic aioli on a fresh baked biscuit & smothered in house sausage gravy,

sprinkled with green onions & served over a bed of bliss potatoes 17.99

**SALAD DRESSINGS:** Blueberry balsamic vinaigrette, buttermilk ranch, house-made Green Goddess, blackberry honey mustard, hot maple bacon vinaigrette, low fat & house-made gluten-free citrus vinaigrette. Served with homemade biscuit & apple butter.

## GRILLED SHRIMP & SPINACH SALAD

Fresh Spinach, goat cheese, blueberries, strawberries, granola. Hard boiled egg topped

with Seasoned Shrimp finished with a Hot Maple Bacon Vinaigrette. 17.99

## STUFFED TOMATO DUO SALAD

Two tomatoes stuffed with chicken & tuna salads. Served with a side salad of

mixed greens, hard boiled egg, smashed avocado, & pickled onions.

Drizzled with balsamic glaze. Served with blueberry balsamic dressing 14.99



## SOUTHERN HOT HONEY CHICKEN COBB SALAD

Fresh artisanal greens topped with Florida hot honey, crispy chicken, candied walnuts, pickled red onion,

avocado, bacon, hard boiled eggs, tomato, cheddar cheese, & blue cheese crumbles.

Drizzled with house-made green goddess dressing. Served with a fresh baked biscuit. Half 12.99 Full 15.99

## GRILLED CHICKEN & STRAWBERRY SALAD

Fresh artisanal greens, grilled free-range chicken, strawberries, blue cheese crumbs,

candied walnuts & tomatoes with blueberry balsamic vinaigrette. Half 10.99 Full 13.99

## GARDEN FRESH SALADS

## HANDHELDS

AVAILABLE FOR  
DINE-IN ONLY

MONDAY - FRIDAY  
WEEKDAY LUNCH SPECIALS

PICK 2

PICK ONE FROM SECTION A OR SECTION B  
AND ONE FROM SECTION C

SATURDAY & SUNDAY  
PRICING + \$2

SECTION A

OR

SECTION B

AND

SECTION C

## CAFE LUNCH PICK 2 FOR 8.99

Weekday Prices Only Available Mon-Fri

### 1/2 ELEVATED CHICKEN SALAD SAMMIE

Our house herb roasted chicken salad served on a toasted

artesian roll garnished with lettuce, tomato,

& fried pickled red onions.

### 1/2 ALBACORE TUNA SALAD

All white albacore salad served on a toasted artesian roll

garnished with lettuce, tomato, & micro greens.

### 1/2 TURKEY & SWISS

Our house herb roasted turkey served on a wheat berry bread

garnished with lettuce and tomato.

### SOUP & SALAD COMBO

Choose one of our salad selections.

## BISTRO LUNCH PICK 2 FOR 9.99

### 1/2 ULTIMATE BARBACOA GRILLED CHEESE

Thick cut everything sourdough bread layered with grilled tomatoes,

barbacoa beef, caramelized onions, garlic aioli, american & pepper jack

cheeses grilled to golden perfection. Served with a side of consomme.

### OVEN-BAKED

### 1/2 GRILLED CHICKEN PESTO SANDWICH

Grilled chicken breast topped with mozzarella cheese,

Parmesan cheese, sliced tomato & pesto on an artisan French baguette.

### 1/2 BFC CLUB SANDWICH

Sliced ham, hormone-free oven roasted turkey, applewood bacon, Swiss cheese, American

cheese tomatoes, leaf lettuce with mayonnaise & BBQ sauce on challah bread.

### 1/2 6 SLICES BLT

3 slices of crispy bacon, lettuce, tomato & chipotle cream on wheat berry bread.

## SOUP

Cup of Tomato Basil

Seasonal Soup of the Day

## OUR BISTRO SALAD

Fresh artisanal greens with candied walnuts, tomatoes, red onions

Gorgonzola cheese & applewood bacon pieces with

blueberry balsamic vinaigrette dressing.

## MIXED BERRY SUPERFOOD POWER SALAD

Fresh artisanal greens, raisins &

sliced pepitas. Topped with fresh blueberries,

strawberries, pineapple, goat cheese, tomatoes,

cucumbers & red onions, Gluten-free & low-fat citrus dressing.

Kindly note that 18% service charge will be added to each check.