



STARTERS

FRESH BAKED

CINNAMON BUNS

8.99 ~ Now Serving ~
Friday, Saturday & Sunday

SACK OF FRESH BLUEBERRY FRITTERS

Golden-fried blueberry fritters tossed with cinnamon sugar and shaken tableside. Served with strawberry yogurt for dipping.

Full order 8.99 • Half order 5.49

Ask about our New
GLP-1 Friendly
Menu with QR code



SUMMER WHAT'S FRESH™

PBJ CHICKEN 'N' WAFFLES

Signature Buttermilk-marinated crispy chicken tenders dipped in peanut butter & house mixed berry jam, served on a Belgian waffle with powdered sugar and whipped butter. **13.99**

HOT HONEY CHICKEN CAESAR SALAD

Chopped romaine, hot honey grilled chicken, parmesan, and housemade biscuit crumble tossed in a creamy Caesar dressing. **15.99**

HOT HONEY CHICKEN CAESAR WRAP

Chopped hot honey grilled chicken, crispy romaine, parmesan, and housemade biscuit crumble tossed in a creamy Caesar dressing, wrapped in a soft whole wheat tortilla. **14.99**

SUMMERTIME STRAWBERRY MINT LEMONADE

Fresh squeezed lemonade infused with sweet strawberries and cool mint for a refreshing lightly sweet citrus drink. **4.99**

FROM THE GRIDDLE

BANANAS & BLUEBERRIES FOSTER STUFFED FRENCH TOAST

Challah French toast stuffed with cream cheese & fresh bananas, topped with fresh blueberries & sautéed in a sauce of butter, brown sugar, cinnamon & dark rum. **14.99**

CHALLAH BREAD FRENCH TOAST

Sprinkled with cinnamon & powdered sugar. **12.99**



CAPTAIN CRUNCH FRENCH TOAST

Challah bread dipped in French toast batter & rolled in Captain Crunch pieces. Topped with fresh strawberries, blueberries & sliced bananas. Finished with powdered sugar & whipped cream. **14.99**

OMELETS

All omelets are served with toasted whole wheat berry bread. Add American, Swiss or Cheddar cheese to any omelet for 1.00 Add Boursin or Mozzarella cheese for **1.50** Add Egg Whites for **1.50**
Sides include potatoes, grits, oatmeal or tomatoes. Fresh fruit. **1.50**

CREATE YOUR OWN OMELET

Start with ham, sausage or bacon & choice of Swiss, American or Cheddar cheese & one vegetable (tomato, spinach, onion, peppers, mushroom or jalapeño). **13.99**
Ham, chicken, bacon, turkey, sausage or Birria beef **1.99 ea.**

Additional vegetables **1.00 ea.** • Mozzarella or Boursin cheese **1.50 ea.**

BUTCHER SHOP OMELET

Ham, applewood smoked bacon & sausage topped with our homemade sausage gravy. **15.99**

BACON, AVOCADO & CHEESE OMELET

Chopped applewood smoked bacon, freshly mashed avocado & cheddar cheese. **15.99**



GARDEN FRESH VEGGIE OMELET

Sautéed spinach & onions with mushrooms, diced tomatoes, a trio of roasted peppers & Boursin cheese. **15.99**

PANCAKES WAFFLES



PANCAKE TRIO FLIGHT

Signature Pancake Flight Blueberry Biscuit Crumble, Strawberry Lemon Ricotta, and Candied Walnut Banana Foster - three unforgettable flavors, one perfect plate. **14.99**

SWEET CREAM PANCAKES

A stack off fluffy pancakes. **10.99**
Add Strawberries or Blueberries or Bananas or Granola. - add **1.00**

LEMON RICOTTA PANCAKES

Fluffy pancakes, with fresh lemon ricotta cheese, topped with powdered sugar, whipped cream & a lemon twist. **13.99**



BLUEBERRY LEMON RICOTTA BELGIAN WAFFLE

Topped with fresh blueberries with homemade Berry Jam, white chocolate, whipped cream & powdered sugar. **13.99** Plain waffle **11.99**

HASHES

All hashes are served over home-fried Red Bliss Potatoes with a biscuit & apple butter.

NASHVILLE HOT CHICKEN HASH

Hand breaded antibiotic-free chicken tenders hand dipped in a spicy oil, crowned with two eggs & topped with a fresh made Come back Hollandaise sauce & sliced pickles. **15.99**



O.M.G. HOMEMADE CORNED BEEF HASH

Slow roasted brisket, chopped with a trio of peppers, onion & potatoes, grilled & served with two eggs plus your choice of side. **14.99** Side of Corned Beef Hash **7.99**

CHICKEN BACON AVOCADO HASH

Free range chicken, bacon, avocado mash, diced tomato, cheddar & Jack cheeses topped with two eggs, enchilada sauce & drizzled with chipotle cream. **15.99**

BIG COUNTRY HASH

Ham, pork sausage & chopped bacon, shredded cheddar cheese.
Topped with two eggs to order covered with our homemade sausage gravy. **15.99**

BUTTERMILK BISCUITS & GRAVY WITH EGGS

One scratch-made buttermilk biscuit topped with homemade sausage gravy & two eggs any style.
Served with seasoned crispy red bliss potatoes. **12.99**

CHORIZO CRUNCH WRAP

Grilled tortilla stuffed with scrambled eggs. bacon, chorizo sausage, sausage, ham, crispy corn/flour tortilla, cheddar cheese & Chipotle Cream. Served with salsa & choice of side. **14.99**

BERRY FRESH SLAM

Two eggs, pancake stack included, bacon, sausage or ham. Your choice of side. **15.99**



BIRRIA BREAKFAST TACOS

Three corn/flour tortillas stuffed with scrambled eggs and overnight braised beef. Topped with cotija cheese, chopped onion and fresh cilantro. Served with consomme for dipping. Choice of side. **13.99**

CAFE FAVORITES

LOADED POTATO PANCAKE N EGGS PLATE

Crispy potato pancakes with cheddar cheese, crumbled bacon, green onions, diced tomatoes & two eggs served with a side of sour cream & whole wheat berry toast. **13.99**

CHICKEN 'N' BISCUIT OMELET

Three egg omelet stuffed with buttermilk fried chicken & pepper jack cheese. Topped with a scratch-made biscuit & smothered in sausage gravy, dusted with green onions & Cajun spices. Your choice of side. **15.99**

NOVA SALMON* BENEDICT

Cold smoked Nova Salmon* nestled atop two potato latkes & herbed cream cheese with fried capers. Topped with two perfectly poached eggs*, diced tomatoes, pickled red onions & drizzled with Hollandaise. **18.99**



PAPA T'S FAMOUS EGG SANDWICH

Two eggs. cheddar jack cheese, apple cider bacon, spinach, tomatoes, crispy pickled onions, avocado mash & House sriracha aioli on griddled challah bread. **14.99**

Sunrise Sandwich - Choice of 2 eggs and cheese on a potato roll. **8.99** Add bacon or sausage for **1.99**

BRUNCH

All benedicts topped with scratch made hollandaise and your choice of side

NASHVILLE CHICKEN BENEDICT*

Scratch made biscuit layered with pimento cheese, pickle slices, Nashville chicken tenders, 2 perfectly poached eggs*, comeback hollandaise sauce & sprinkled with green onions. **15.99**

TRADITIONAL VERY BERRY EGGS* BENEDICT

Perfectly poached eggs*with Canadian bacon & fresh-made Hollandaise sauce. **15.99**

IRISH EGGS* BENEDICT

Toasted English muffins topped with our homemade corned beef hash, two poached eggs*& scratch-made Hollandaise sauce. **15.99**

REDNECK EGGS* BENEDICT

A homemade freshly-baked biscuit layered with fresh sausage patties & poached eggs*, topped with sausage gravy & scratch-made Hollandaise sauce. **15.99**



JALAPENO RED PEPPER JELLY CHICKEN N WAFFLES

Buttermilk & marinated crispy chicken tenders with jalapeño red pepper jelly, on a fresh Belgian waffle, served with whipped butter. **14.99**

HOT HONEY CHICKEN FRIED CHICKEN N EGGS PLATTER

Buttermilk-marinated chicken breast, hand breaded, fried golden and layered with house made sausage gravy and a sweet-spicy hot honey drizzle. Served with two eggs, red bliss potatoes, and a biscuit. **17.99**



O.M.G. SHRIMP-N-GRITS

Stone-ground grits topped with shrimp, cheddar cheese, onions, tomatoes, bacon & pepper trio in a cajun cream sauce. **15.99**



MEGA BREAKFAST BURRITO

Burrito stuffed with chorizo sausage, eggs, Pepper Jack cheese, tri-colored peppers & sautéed onions, topped with enchilada sauce, cotija cheese drizzled with chipotle cream. Your choice of side. **16.99**

BENEDICTS

EARLY BIRD
MONDAY - FRIDAY
PRICING 9.99 EACH
7AM-8AM

SATURDAY & SUNDAY
PRICING 13.99 EACH

BREAKFAST DEALS



MONDAY- FRIDAY BREAKFAST SPECIALS 11.99 EACH

BIG BREAKFAST SPECIAL

Two eggs, red bliss potatoes, toast, bacon or sausage includes coffee.

PANCAKE SPECIAL

One giant sweet cream pancake, bacon, or sausage includes coffee.



*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

GLP

POWERHOUSE PROTEIN PLATTER

Scrambled eggs with two proteins (bacon, sausage, ham, turkey, birria, or chicken sausage). Served with sliced tomatoes. **13.99** add cheese **+0.99**

GLP

HEALTHY START CHICKEN EGGWHITE SCRAMBLE

Chicken, spinach and tomatoes scrambled in fluffy egg whites. Topped with avocado mash.
Served with fresh fruit & red salsa. **13.99**

GLP

NOVA SALMON*AVOCADO TOAST

Avocado on wheat berry bread, topped with Nova Salmon, fried capers, tomatoes, & pickled red onions & finished with hollandaise. Served with two eggs & a side. **17.99**
Plain Avocado Toast N Eggs . **12.99**

V

ENERGY WRAP

Fluffy egg whites, fresh tomatoes, mushrooms & spinach wrapped in a whole wheat tortilla.
Served with fresh fruit & a side of salsa. **12.99**

V

OLD-FASHIONED OATMEAL

Fresh-made daily with whole milk served with brown sugar & raisins. **7.99**
Granola add **2.00**
Fresh blueberries or strawberries & candied walnuts add **1.00**

VG

HIPPIE PICNIC SANDWICH

Oven-roasted sandwich on toasted wheat berry bread with citrus vinaigrette, vegan cheese, artichoke, tomatoes, cucumbers, greens, avocado mash, pickled red onions. Served with your choice of side. **13.99**

V

VEGETARIAN WRAP

Roasted artichokes, fire roasted tomatoes, vine ripe tomatoes, cucumbers, fresh greens, avocado mash, goat cheese, pickled red onions, micro greens and citrus vinaigrette wrapped in a whole wheat tortilla. Served with your choice of side. **13.99**

V

SPRING BERRY ACAI BOWL

Acai sorbet, toasted coconut, fresh cut bananas, blueberries, pineapples, and strawberries. Drizzled with FL honey and served with a BFC Homemade Granola. **11.99** Add peanut butter **1.00**

V

GREEK YOGURT BERRY BLISS

Chilled Greek yogurt topped with fresh berries, a homemade granola and a drizzle of FL honey. Served with a blueberry muffin. **10.99**

GF

GLUTEN-FREE HONEY PANCAKES

Drizzled with honey. **11.99**

Two hand-formed 1/4 lb. grilled burgers made of a fresh blend of short rib, brisket & ground chuck, grilled juicy & served medium well on a grilled potato roll with lettuce, tomato, onion & pickles with your choice of crispy fries, homemade red bliss potato salad or cole slaw.
Sweet Potatoes Fries for **1.50** Fresh fruit for **1.50**

SMASH BURGERS

BRUNCH STYLE

Topped with cheddar cheese, bacon, fried egg, chipotle cream. **14.99**

PIMENTO CHEESE & BACON STYLE

Pimento cheese & applewood smoked bacon. **13.99**

ROUGHNIGHT BURGER

Burger patty, fried chicken tenders, turkey, ham, bacon, American cheese, & garlic aioli on a fresh baked biscuit & smothered in sausage gravy, topped with green onions & served over bliss potatoes. **18.99**

SALAD DRESSINGS: Blueberry balsamic vinaigrette, buttermilk ranch, house-made Green Goddess, blackberry honey mustard, home-made gluten-free citrus vinaigrette.
Served with homemade biscuit & apple butter.

GREEN GODDESS ROASTED TURKEY SALAD

Our fresh mixed greens layered with antibiotic-free roasted turkey, cucumbers , avocado mash , topped with fire-roasted tomatoes, artichoke hearts, shaved parmesan & micro greens. Drizzled with our house made Green Goddess dressing. Half **12.99** Full **15.99**

STUFFED TOMATO DUO SALAD

Two tomatoes filled with chicken & tuna salad. Served with mixed greens, egg, smashed avocado & pickled onions, drizzled with balsamic glaze & blueberry balsamic dressing. **14.99**

SOUTHERN HOT HONEY CHICKEN COBB SALAD

Artisanal greens topped with Florida hot honey, crispy chicken, candied walnuts, avocado, bacon, egg, tomato, cheddar & blue cheese crumbles.
Tossed in green goddess dressing. Half **13.99** Full **16.99**

GRILLED CHICKEN & STRAWBERRY SALAD

Fresh artisanal greens, grilled free-range chicken, strawberries, blue cheese crumbs, candied walnuts & tomatoes with blueberry balsamic vinaigrette. Half **12.99** Full **15.99**

GARDEN FRESH SALADS

HANDHELDS



OPEN FACED GREEN GODDESS TURKEY AVOCADO TOAST SANDWICH

Wheat berry toast, leaf lettuce, fresh avocado mash, sliced house roasted herb turkey breast, fire-roasted tomatoes roasted artichokes, micro greens served open-faced with a Housemade Green Goddess dressing drizzle. **13.99**

GRILLED REUBEN

Corned beef, Swiss cheese, sauerkraut & Thousand Island dressing on grilled marbled rye. **13.99**

6 SLICE BLT

6 slices of crispy bacon, lettuce, sliced tomato & chipotle cream on toasted wheat berry bread. **14.99** Add Avocado **1.99**



NASHVILLE HOT CHICKEN SAMMIE

Buttermilk marinated antibiotic free, chicken breast, breaded and dipped in spicy Nashville oil. Served with coleslaw, pickles & comeback sauce on a potato roll. **13.99**

CHICKEN PESTO OVEN-BAKED SAMMIE

Grilled chicken breast topped with mozzarella cheese, Parmesan cheese, sliced tomato & pesto on artisan French baguette. **14.99**

TURKEY AVOCADO CLUB MELT

Grilled sourdough stacked with roasted sage turkey, cheddar & pepper jack, chipotle cream, spinach, tomato, avocado, pickled onion & bacon jam. **14.99**

AVAILABLE FOR DINE-IN ONLY

MONDAY - FRIDAY

WEEKDAY LUNCH SPECIALS
Weekday Prices Only Available Mon-Fri

PICK 2 FOR ONLY 9.99

PICK ONE FROM SECTION A OR SECTION B
AND ONE FROM SECTION C

SATURDAY & SUNDAY PRICING + \$2

SECTION A	OR	SECTION B	AND	SECTION C
1/2 TURKEY AVOCADO CLUB MELT Grilled Sourdough stacked with roasted sage turkey, cheddar & pepper jack, chipotle cream, spinach, tomato, avocado, pickled onion & bacon jam. 1/2 ALBACORE TUNA SALAD All white albacore salad served on a toasted artesian roll garnished with lettuce, tomato, & micro greens. 1/2 TURKEY & SWISS Our house herb roasted turkey served on a wheat berry bread garnished with lettuce and tomato. SOUP & SALAD COMBO Choose one of our salad selections.		1/2 ELEVATED CHICKEN SALAD SAMMIE Our house herb roasted chicken salad served on a toasted artesian roll garnished with lettuce, tomato, & fried pickled red onions. 1/2 BFC CLUB SANDWICH Ham, oven roasted turkey, applewood bacon, Swiss & American cheese, lettuce, tomato, mayo & apple butter BBQ sauce on challah bread. 1/2 6 SLICE BLT 3 slices of crispy bacon, lettuce, tomato & chipotle cream on toasted wheat berry bread.		SOUP Cup of Tomato Basil Seasonal Soup of the Day OUR BISTRO SALAD Fresh artisanal greens with candied walnuts, tomatoes, red onions, Gorgonzola cheese & applewood bacon pieces with blueberry balsamic vinaigrette dressing. MIXED BERRY SUPERFOOD POWER SALAD Fresh artisanal greens, craisins & sliced pepitas. Topped with fresh blueberries, strawberries, pineapple, goat cheese, tomatoes, cucumbers & red onions, Gluten-free & low-fat citrus dressing.

Kindly note that 18% service charge will be added to each check.