



*Welcome to MJ's Raw Bar & Grille
where everything is prepared
in small batches and cooked to order.
"Simply Good Food & Good Times"
Come back often!!!*

Serving New Bern Since 2005

Consuming raw or undercooked meats, seafood or shellfish may increase your risk of food-borne illness, especially if you have certain medical conditions. All menu items are identified by a crab. These menu items are cooked to order or served raw.



GLUTEN FREE MENU ITEMS HIGHLIGHTED IN BLUE
SIGNATURE AND NEW ITEMS HIGHLIGHTED IN RED

*20% Gratuity will be added to parties of 6 or more
3% Service Charge on Credit Card Purchases*

MJ's MUNCHATIZERS

MJ's Signature Hot Crab Dip

Fresh crab meat blended with cream cheese, sour cream and seasonings. Topped with cheddar jack cheese, broiled and served with your choice of tortilla chips, bread or both. \$16

Grouper Strips

Fresh fried Grouper strips for dipping in our house made Jamaican tartar. Spice it up with a rub. Choose from Jamaican, Old Bay or Cajun. \$15

Crazy Shrimp

Fresh breaded shrimp fried just right and drizzled with your favorite sauce: Buffalo, Sweet Thai Chili, MJ's BBQ or plain. \$13

MJ's Crab Pretzel

A jumbo soft pretzel, smothered with MJ's crab dip, topped with cheddar jack cheese and broiled golden...it's *addictive*. \$15

Calamari

Fresh calamari fried lightly to perfection, and Served with marinara sauce. \$15

Tuna Crisp

Seared Sashimi Grade Tuna thinly sliced on hand cut flour tortilla chips. Topped with seaweed salad, pickled ginger, finished with avocado, and drizzled with our house made cusabi sauce. \$17

Oysters Rockefeller

Freshly Shucked Oysters on the half shell topped with butter, garlic, spinach, Parmesan cheese and bread crumbs, then broiled to perfection. \$15

Crab Stuffed Mushrooms

4 Silver Dollar mushrooms stuffed full with creamy crab meat, topped with MJ's Imperial Sauce, and broiled golden. \$16

Mac Daddies

Think Mac & Cheese breaded and fried golden. Served with homemade ranch. \$10

MJ's Crab Cake Minis

MJ's signature crab cake appetizer style...3 mini crab cakes broiled, topped with our famous Jamaican tartar sauce. \$17

Tuna Nachos

Sashimi grade Poke Tuna on a bed of house cooked nachos with jalapenos, avocados, seaweed salad, pickled ginger and drizzled with cusabi sauce. \$17

Poke Tuna Bowl

Marinated Sashimi grade Tuna on top of a bed of seaweed salad and pickled ginger and finished with sesame seeds. \$14

Hushpuppy Basket

14 savory fried hushpuppies served with butter. 6.00

MJ'S SALADS & SOUPS

All of our Salads are offered with your choice of MJ's Sweet Vinaigrette, Bleu Cheese, Ranch, Honey Mustard, Balsamic Vinaigrette, or Oil & Vinegar.

If you want to 'Un-salad' your salad, you can add: (1) Crab Cake \$16, Soft Shell Crab \$10, Fried Oysters (5ea) \$10, Chicken \$6, Shrimp (8ea) \$6, Tuna \$8, Grouper \$8, Shrimp Salad \$7, Scallops (4ea) \$13, Applewood Smoked Bacon \$3, Goat/Bleu Cheese/Cheddar Jack Cheese \$1.50

Soup of the Day \$8

Not Served June, July, August & September

Asian Tuna Salad

Sesame seed encrusted seared sushi grade tuna topped with cusabi dressing, pickled ginger, avocado, cucumbers all on top of fresh mixed greens. \$16

New England Clam Chowder

Sweet clams and potatoes and crab meat in a cream base soup with onion, celery and "love." \$9

MJ's "House" Salad

Fresh mixed greens with tomatoes, cucumbers and onions.
Small \$5 / Large \$8

Cobb Salad

Fresh mixed greens topped with, bacon, avocado, boiled egg, tomatoes, onions, cucumbers and bleu cheese crumbles. \$14

MJ's Chopped Salad

Chopped mixed greens, iceberg, carrots, bleu cheese crumbles and candied pecans tossed in our sweet vinaigrette dressing.
Small \$7 / Large \$13

Soup & Salad

Bowl of any soup and a side house salad \$12.50
Strawberry or Chopped Salad \$14.50

MJ's Strawberry Vinaigrette Salad

Our House Salad with fresh strawberries, candied pecans and goat cheese served with MJ's Sweet Vinaigrette dressing.
Small \$8 / Large \$15

OUR SPECIALTIES

Unless mentioned otherwise, all of our specialties are served with two (2) sides:
MJ's Chopped \$3.50 or Strawberry \$4 side salad, Any Soup add \$4.

MJ'S SIGNATURE CRAB CAKES

MJ's family recipe, TWO crab cakes made with JUMBO LUMP crab meat and just enough breading to keep it together... simply "THE BEST IN NEW BERN!" \$39

RIB EYE

Aged 12oz ribeye seasoned and grilled your way. \$37
Top your steak with sautéed mushrooms for \$2.25

MJ's BERMUDA TRIANGLE

You won't get lost with this one! 2 grilled shrimp and 2 sea scallops grilled and served with our famous crab cake... a wonderful medley of our favorite seafood. \$35

SHRIMP SCAMPI

Shrimp sautéed in garlic butter and white wine. Served over fettuccini.
Served with one side. \$24

MJ's SEAFOOD TRIFECTA

Two crab stuffed mushrooms topped with imperial sauce and complimented with two large grilled shrimp and scallops \$29

SHRIMP & GRITS

An MJ's twist on a southern classic...Our incredible smoked bacon, cheese and cream grits topped with lightly blackened shrimp and drizzled with sweet Thai chili sauce... fantastic!
Served with one side. \$19

MJ's CATCH

At MJ's we strive to serve the freshest fish. Ask your server for today's catch. Prepared gilled, broiled or fried. \$Market

MJ's SEAFOOD POT PIE

MJ's signature seafood dish. Shrimp, clams, crabmeat, scallops, peas, carrots, celery, onion and potato, served bubbly under a golden crust. **NO SIDES NEEDED.** \$20

SOFT SHELL CRABS

Two soft shell crabs, fried golden and crispy, served with Jamaican tartar for dipping. \$30

BLACKENED SCALLOPS ALFREDO

Succulent blackened scallops served over fettuccine alfredo.
Served with one side. \$36

CHICKEN ALFREDO

Seasoned, grilled chicken breast over fettuccine alfredo and topped with parmesan.
Served with one side. \$18 Substitute Shrimp \$23

TUNA

Sashimi grade Atlantic Tuna served seared or grilled. Cooked to your temperature. \$25

MJ's SIDES

This Side(s)

Bacon Cheese Grits.....\$4
Hushpuppies.....\$3
Potato Salad.....\$3.50
Cole Slaw (mayo base)..\$3
Skin on Fries.....\$3

The Other Side(s)

House Salad.....\$5
Fresh Veggies.....\$4
Chopped Salad.....\$3.50 up Charge
Strawberry Salad.....\$4 up Charge
Soup.....\$4 up Charge

MJ's SIGNATURE MENU

MJ's Signature Hot Crab Dip

Fresh crab meat blended with cream cheese, sour cream and seasonings. Topped with cheddar jack cheese, broiled bubbly and served with tortilla chips or bread for 'scoopin' \$16

MJ's Crab Pretzel

A jumbo soft pretzel, smothered with MJ's crab dip, topped with cheddar jack cheese and broiled bubbly...it's *addictive*. \$15



Tuna Crisp

Seared Sushi Grade Tuna thinly sliced on hand cut flour tortilla chips. Topped with seaweed salad, pickled ginger, finished with avocado, and drizzled with our house made cusabi sauce. \$17

MJ's Crab Cake Minis

MJ's signature crab cake now as an appetizer...3 mini crab cakes broiled, served with our famous Jamaican tartar sauce. \$17



Asian Tuna Wrap

Sushi grade Tuna, shredded lettuce, pickled ginger, avocado, seaweed salad, cucumber and cusabi sauce. \$15

MJ's Signature Crab Cake Sandwich

MJ's crab cake made with all JUMBO LUMP crab meat. Served on brioche bun with Jamaican Tartar Sauce, simply "THE BEST IN NEW BERN" \$19

Soft Shell Crab BLT

Fried soft shell crab with applewood bacon, fresh tomatoes and lettuce served on brioche bun. \$20
Without Bacon \$17

MJ's Signature Shrimp Salad Roll

MJ's signature fresh house made shrimp salad served on a Pistolet French loaf. Served with lettuce, tomato and fresh parmesan. \$14

MJ's Signature Crab Cakes

MJ's family recipe, TWO crab cakes made with JUMBO LUMP crab meat and just enough breading to keep it together...simply "THE BEST IN NEW BERN" \$39

MJ's Seafood Pot Pie

MJ's signature seafood dish. Shrimp, clams, crabmeat, scallops, peas, carrots, celery, onion and potato, served bubbly under a golden crust. **NO SIDES NEEDED.** \$20

Shrimp & Grits

An MJ's twist on a southern classic...Our incredible smoked bacon, cheese and cream grits topped with lightly blackened shrimp and drizzled with sweet Thai chili sauce...fantastic!
Served with one side. \$19

MJ's Peel & Eat Shrimp

A Maryland tradition ...shrimp steamed with red Onions and Old Bay Seasoning.
1/2 lb. \$11 - 1 lb. \$20

MJ'S KIDS MENU \$ 7

12 and Under Only Please

(Kids meals are served with one side and a kids soda beverage. Juices NOT included)
(If over 12 years of age, beverage will be charged)

Cheeseburger

Quarter pound cheeseburger on roll.

Pasta

Fettucine topped with MJ's marinara or alfredo sauce.

Chicken Strips

Tender strips of chicken hand breaded and fried, served with BBQ sauce or Honey Mustard or Ranch

Mac Babies

Wedges of macaroni & cheese breaded and fried golden crisp.

Fried Shrimp

6 Fried shrimp, just for the little ones

BEVERAGES

COCA-COLA
DIET COKE
SPRITE
MELLO YELLO
GINGER ALE
PINK LEMONADE
JUICES

PIBB EXTRA
SWEET TEA
UNSWEETENED TEA
COFFEE
DECAF COFFEE
HOT TEA

FROM THE SEA

Served with Your Choice of (1) side.

MJ's Signature Crab Cake Sandwich
MJ's crab cake made with all JUMBO LUMP crab meat. Served on a brioche bun with Jamaican Tartar sauce, simply **"THE BEST IN NEW BERN."** \$19

MJ's Po-Boys
Choose your favorite seafood and we will lightly bread and fry it, served in a Pistolet French loaf with lettuce, tomato, slaw and remoulade sauce.
Oyster \$17 Shrimp \$15
Scallop \$21 Grouper \$16

Fish & Chips
Lightly breaded Grouper deep fried and served with slaw and fries. \$17

Crabby Patty Melt
MJ's crab dip served open-faced on toasted English muffins and sliced tomatoes and finished with melted cheddar jack cheese. \$16


MJ's Signature Shrimp Salad Roll
MJ's signature shrimp salad served on a Pistolet French loaf. Served over lettuce, tomato and fresh parmesan cheese. \$14

Seafood Baskets
Fried Shrimp (12ea).....\$15
Fried Oyster (10ea)\$22
Fried Scallops (8ea)\$30
Combo of Shrimp and Oysters..... \$19
Combo of Scallops and other\$28


Soft Shell Crab BLT
Fried soft shell crab with applewood bacon, fresh lettuce and tomatoes served on brioche bun. \$20
Without Bacon \$17

MJ's Bestest Burgers
All served on a brioche bun with Lettuce, Tomato, Onion, and Pickle chips. Served with (1) side. Add Applewood Smoked bacon \$3 Add cheese \$1.50

'Sammitches'
All served just like you read it with pickle chips and Your choice of (1) side. Add Applewood Smoked bacon \$3

**Justa' Burger**
8 oz of Certified Angus grilled the way you want it! \$10.00

Buffalo Chicken
Lightly breaded and fried chicken breast on brioche bun with lettuce, tomato, onion, and cole slaw, topped with Buffalo sauce and pepper-jack cheese. \$13


**Mellow Mushroom**
This one's legal! - sautéed mushrooms and onions and melted Swiss cheese. \$12.75

Simply Grilled Chicken
Seasoned and grilled on brioche bun with lettuce, tomato, and onion. \$11 Add Cheese \$1.50

**Blackened Bleu Burger**
Blackened Seasoning and melted Bleu Cheese crumbles. \$13.25

**All Jacked up**
Jalapenos and pepper jack cheese. \$12.75


Wrap it Up!
Some of MJ's creativity wrapped in a 12" Flour Tortilla with (1) side.


**Craven Burger**
House made slaw, applewood smoked bacon, melted cheddar and BBQ sauce. \$15


Blackened Grouper Wrap
Fresh Grouper lightly blackened with shredded lettuce, tomatoes, avocado, cheddar jack cheese and remoulade sauce. \$14 Add shrimp \$16

Beyond Burger
6 oz all veggie patty topped with lettuce, tomatoes, onions, pickle chip and cucumbers. \$15

Blackened Chicken or Shrimp Wrap
Shredded lettuce, tomato, avocado, cheddar jack cheese and remoulade. Chicken \$11 / Shrimp \$12

**Classic Bacon Cheddar**
Applewood smoked bacon, melted cheddar cheese. \$14.25

Asian Tuna Wrap
Sashimi grade Tuna, shredded lettuce, pickled ginger, avocado, seaweed salad, cucumber and cusabi sauce. \$15

**Crab Shack Burger**
Our certified angus hamburger cooked your way topped with MJ's signature crab dip and melted cheddar jack cheese. \$16.25

Veggie Wrap
Lettuce, tomato, red onion, cucumbers and avocado with a Balsamic vinaigrette. \$8.50

FROM THE RAW BAR

Add kielbasa and roasted potatoes to any steamer order for \$6



Admirals Platter

1 dozen oysters, 1 dozen clams, 1 pound of steamed shrimp, and 2 cluster of Snow crab served with drawn butter and cocktail sauce. \$90



Captain's Platter

1 dozen oysters, 1 dozen clams and 1 pound of steamed shrimp served with drawn butter and cocktail sauce. \$52



First Mate's Platter

6 oysters, 6 clams and 1/2 pound of steamed shrimp served with drawn butter and cocktail sauce. \$26



Private Platter

3 oysters, 3 clams and 1/4 pound of steamed shrimp served with drawn butter and cocktail sauce. \$16



Baltimore Steamer

1 LB shrimp, one cluster of snow crab, steamed potatoes, red onions, kielbasa sausage seasoned with Old Bay. \$50



New Bern Steamer

1/2 LB shrimp, 6 middle neck clams, potatoes, kielbasa, onions and Cajun seasoning steamed in beer broth. \$25

Oysters On The 1/2 Shell

Raw or Steamed, served with drawn butter, cocktail, or horseradish.
1/2 dozen \$10 Dozen \$20



Snow Crab Clusters

(Ask your server for availability)
Snow crab legs steamed and served with drawn butter.
1 Cluster \$ Market / 2 Clusters \$ Market

Middle Neck Clams

Middle Neck Clams steamed or raw served with drawn butter and cocktail sauce.
1/2 dozen \$9 / Dozen \$17



MJ's Garlic Steamed Mussels

Steamed mussels drenched in our garlic seasoned butter. Served with rolls to soak up all that garlic goodness. \$15

MJ's Peel & Eat Shrimp

A Maryland tradition ...shrimp steamed with red Onions and Old Bay Seasoning.
1/2 lb. \$11 / 1 lb. \$21

The Dayz of MJ'z

Tuesdayz

ALL Po Boys - \$2.00 off
Dozen Oysters - \$2.00 off
Dozen Middle Neck Clams - \$2.00 off

Wednesdayz

ALL Burgers - \$2.00 off
1 lb. Peel & Eat Shrimp - \$2.00 off

Thursdayz

2 clusters of Snow Crab - \$2.00 off
Blackened Grouper Wrap - \$2.00 off

Fridayz

Fish & Chips - \$2.00 off