

# IS THE BIBLE REAL (AND CAN I DO IT TOO?)

## SESSION 1: We Must Hear From God

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**OVERVIEW:** If the Bible is truly real—and not just a book of history or inspiration—then we must also believe its promises, invitations, and supernatural lifestyle are real and available for us today. This begins with learning to hear God's voice. In Scripture, hearing from God wasn't a rare event—it was a regular expectation for those who followed Him. God still speaks today through His Word, by His Spirit, through others, through circumstances, and even through dreams and desires. But hearing starts with creating space: quieting distractions, surrendering our assumptions, and seeking Him with expectancy. Just as sheep know their shepherd's voice (John 10:27), so we can grow in recognizing and responding to the voice of God.

This week challenges us to ask: Am I truly listening? And what might God be saying that I've been too distracted to hear?

### KEY SCRIPTURE:

- **2 Timothy 3:16-17** - All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work.
- **John 14:12**
- **Mark 16:15-18**
- **John 10:27** - My sheep hear My voice, and I know them, and they follow Me.
- **Jeremiah 29:13**

### DISCUSSION QUESTIONS:

1. **Icebreaker:** What's the most random or unexpected way someone has ever gotten your attention?
2. Why do you think it's so important to begin our spiritual growth journey with learning to hear God?
3. What barriers or distractions make it hardest for you to hear God clearly?
4. Which way of hearing from God (Word, Spirit, others, dreams, desires, circumstances) do you resonate with most? Which one is new or unfamiliar to you?
5. Have you ever had a moment where you felt like God spoke to you directly? What was it like?
6. How can your past experiences impact the way you hear God today?
7. What would it look like for you to create more intentional space this week to listen for God's voice? What's one step you can take this week to grow in hearing from God?

### PRAYER:

God, we want to hear from You. Quiet the noise in our hearts and minds so we can recognize Your voice. Teach us to listen with faith and follow with obedience. Speak, Lord—we're listening.