

IS THE BIBLE REAL (AND CAN I DO IT TOO?)

SESSION 4: Can I live without sin?

OVERVIEW: We're not just meant to read or discuss Scripture — we're called to live it. This message reminds us that the Bible is not just true, it's actionable. God's Word says we can be forgiven and free, not just someday, but today. Jesus doesn't just call out sin—He calls people into transformation. As believers, we are invited to move past shame, comparison, or compromise, and begin walking in real freedom. That journey starts with honesty, humility, and the power of the Holy Spirit. Sin may offer short-term “benefits,” but it always leads to spiritual death. The call is not perfection overnight, but to begin aligning our hearts with God's — learning to love what He loves and hate what He hates. Freedom is possible, and it starts now.

Ask: do I actually want to be free from sin? do I prefer the short-term benefits that sin can provide over freedom from sin in its entirety?

KEY SCRIPTURE:

- **James 1:22** – Don't merely listen to the word... do what it says.
- **2 Timothy 3:16–17** – All Scripture is God-breathed and equips us.
- **John 8:10–11** – “Go now and leave your life of sin.”
- **Romans 6:6–7** – We are no longer slaves to sin.
- **Luke 8:17** – Nothing hidden will stay hidden.
- **Matthew 5:29–30** – Cut off what causes you to stumble.
- **James 1:15** – Sin leads to death.
- **1 John 1:8** – If we claim to be without sin, we deceive ourselves.

DISCUSSION QUESTIONS:

1. **Icebreaker:** Have you ever convinced yourself something wasn't a big deal — only to later realize how damaging it really was?
2. How do you personally define “freedom from sin”? Does that seem achievable to you?
3. Of the four sin challenges (ignorance, desensitization, comparison, and perceived benefits), which one do you relate to most? Why?
4. Have you ever prayed an honest prayer like “God, I don't want to stop this sin, but I want You to change my heart”? What happened?
5. What would change in your life if you really believed you could be free from a specific sin?
6. What's one next step you can take this week to align your heart more with God's?

PRAYER:

God, thank You for Your Word that tells the truth and sets us free. Help us not to hide or justify sin, but to bring it into the light. Give us a heart that loves what You love and hates what You hate. We want to live in the freedom You made possible through Jesus. In His name we pray, amen.