

# IS THE BIBLE REAL (AND CAN I DO IT TOO?)

## SESSION 6: Are Demons Real, and Can I Beat Them Too?

**OVERVIEW:** The Bible teaches that our battles are not just physical but deeply spiritual. Demonic influence and lies often hide beneath the surface of the struggles we face. Yet as Christ-followers, we don't fight for victory — we fight from victory because of Jesus' finished work on the cross. Through His name, His blood, and His Word, we can stand firm against the devil's schemes and walk in the abundant life Jesus promised.

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### KEY SCRIPTURE:

- **Ephesians 6:12** – Our struggle is not against flesh and blood.
- **2 Corinthians 10:3–4** – Our weapons are mighty in God for pulling down strongholds.
- **Colossians 2:15** – Jesus disarmed powers and authorities at the cross.
- **Luke 10:19** – Jesus has given us authority over the enemy.
- **1 John 4:4** – Greater is He who is in you than he who is in the world.
- **James 4:7** – Submit to God, resist the devil, and he will flee.
- **Romans 8:37–39** – We are more than conquerors through Christ.

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### DISCUSSION QUESTIONS:

1. **Icebreaker:** Have you ever discovered that what you thought was just a “surface problem” was actually coming from something deeper?
2. The message reminded us that our battles are ultimately spiritual. How does that change the way you view some of your current struggles?
3. Lies are the devil's primary weapon. What is one lie you've believed before, and how did God replace it with truth?
4. Colossians 2:15 says Jesus has already triumphed over the powers of darkness. What does it mean to you that you fight *from victory* instead of *for victory*?
5. Luke 10:19 says Jesus gave us authority over the enemy. What does living in that authority look like in daily life?
6. The message challenged us to “name our battle” so we can fight it spiritually. If you're comfortable sharing, what's one battle you can name that our group can pray with you about?

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### PRAYER:

Jesus, thank You that You have already won the victory over the enemy at the cross. Help us to live alert, not in fear but in faith, using the weapons You have given us — Your name, Your blood, and Your Word. Replace every lie of the enemy with Your truth. Strengthen us to resist the devil and stand firm in Your authority. We believe that nothing can separate us from Your love. In Your mighty name we pray, amen.