

Session 3: Elijah's Really Dark Days

Overview: Dave is in the third week of the 2x series, where he spoke about Elijah's dark days following his encounter with the prophets of Baal—when he called down fire from heaven. After word reached Ahab and Jezebel, Elijah was forced into hiding, feeling completely alone. But after some rest, a meal, and a visit from the Spirit of the Lord, he received a new mission from God. Dave encouraged us with these three points:

- Great anointing brings great suffering
- God always sends help
- Hope is found when we turn a dark place into a quiet place with God

Key scriptures:

- 1 Kings 18:42–46
- 1 Kings 19:1–18
- Romans 15:4–5
- Matthew 26:38

Discussion Questions:

- Can you think of a time in your life when you felt completely alone? How did you handle it?
- In *1 Kings 19:11–13*, Elijah hears God in a gentle whisper. How do you personally recognize or hear the voice of God in your own life?
- What are your thoughts on personal health—physically, mentally, and spiritually? How do things like working out, eating well, and surrounding yourself with uplifting people help you stay healthy?
- Have you ever experienced a time when God redirected your path or gave you a new sense of purpose? What did that look like?

Prayer:

Lord, we pray that you would give us the where with all to run to you when we feel alone. Allow us to remember that you are the one true God that reigns above all. That we are to submit to your will for our lives. Give us the joy of the lord, grant us the fruits of the spirit, so that we can go out and spread your word. Help us to hear the gentle whisper of your voice and discern it from all the noise of the world.

