



LUNCH

AUGUST 2026

SOUTHGATE ACADEMY



Monday

GRILLED CHICKEN S/W **3**
CARROTS
MIXED FRUIT CUP
CHOICE OF MILK

SPAGHETTI **10**
GREEN BEANS
MIXED FRUIT CUP
CHOICE OF MILK

GRILLED CHICKEN S/W **17**
CARROTS
MIXED FRUIT CUP
CHOICE OF MILK

SPAGHETTI **24**
GREEN BEANS
MIXED FRUIT CUP
CHOICE OF MILK

GRILLED CHICKEN S/W **31**
CARROTS
MIXED FRUIT CUP
CHOICE OF MILK

Tuesday

TURKEY TACOS **4**
PINTO BEANS
RICE
WATERMELON
CHOICE OF MILK

BEEF TACOS **11**
REFRIED BEANS
RICE
WATERMELON
CHOICE OF MILK

CHICKEN TACOS **18**
PINTO BEANS
RICE
WATERMELON
CHOICE OF MILK

TURKEY TACOS **25**
REFRIED BEANS
RICE
WATERMELON
CHOICE OF MILK

Wednesday

BEAN TOSTADA **5**
CORN
MIXED FRUIT
CHOICE OF MILK

CHICKEN TOSTADA **12**
CORN
WATERMELON
CHOICE OF MILK

BEEF TOSTADA **19**
GREEN BEANS
PEACH CUP
CHOICE OF MILK

BBQ CHICKEN S/W **26**
CORN
WATERMELON
CHOICE OF MILK

Thursday

TERIYAKI CHICKEN **6**
RICE
CARROT STICKS
WATERMELON CUP
CHOICE OF MILK

TURKEY/CHEESE S/W **13**
CELERY STICKS
HONEYDEW CUP
CHOICE OF MILK

CHICKEN & RICE **20**
BLACK BEANS
APPLESAUCE CUP
CHOICE OF MILK

TERIYAKI CHICKEN **27**
RICE
BROCCOLI
WATERMELON CUP
CHOICE OF MILK

Friday

GRILLED CHEESE S/W **7**
CELERY STICKS
HONEYDEW CUP
CHOICE OF MILK

GATOR CHARCUTERIE **14**
APPLESAUCE CUP
CHOICE OF MILK

HAM & CHEESE S/W **21**
CARROT STICKS
HONEYDEW CUP
CHOICE OF MILK

GATOR CHARCUTERIE **28**
APPLESAUCE CUP
CHOICE OF MILK



SOUTHGATE ACADEMY IS AN EQUAL OPPORTUNITY PROVIDER
MENU SUBJECT TO CHANGE