

Individual and/or Couples Therapy:

Lori Brotto, Ph.D., R.Psych.

Port Moody, B.C.

604-605-6032

www.loribrotto.com

West Coast Centre for Sex Therapy

Vancouver, B.C.

604-675-2005

<https://westcoastsextherapy.com/>

Bianca Rucker, Ph.D., R.M.F.T.

Vancouver, B.C.

604-731-4466

www.biancarucker.com

Allura Sex Therapy Centre

Vancouver, B.C.

604-398-8455

<https://www.alluracentre.com/>

Chandra Merry, R. Psych

Vancouver, B.C.

<https://www.womenshealthandtraumapsychologicalservices.org/contact>

Carlene van Tongeren, M.A., R.C.C.

Comox, B.C.

250-792-5295

[Counselling with Carlene](#)

info@counsellingwithcarlene.com

Rami Nijjar, Ph.D., R. Psych.

Vancouver, B.C.

drraminijjar.com

info@drraminijjar.com

Holly Yager, M.Ed., R.C.C.

Vancouver, B.C.

604-568-6765

www.reprohealthfertility.com

Marian Smith, M.A., R.C.C.

Vancouver, B.C.

604-787-6100

www.mindful-living.ca

Katrina Grabner, M.A., R.C.C.

Vancouver, BC

kgrabner.therapy@gmail.com

<https://www.therapywithkatrina.com/>

Kaitlyn Goldsmith, Ph.D., R. Psych.

Abbotsford, B.C.

<https://kaitlyngoldsmith.com/contact>

<https://kaitlyngoldsmith.com/services/>

Veronica Li, Psy.D, R. Psych.

Vancouver, B.C.

236-516-2292

<https://www.cayahealthcentre.com/>

Melissa Moses, R.C.C.

Vancouver, B.C.

melissamoses.rcc@gmail.com

<https://www.melissamoses.ca/>

Assessment & Treatment Centers:

BC Centre for Sexual Medicine 604-875-4705

<https://www.vch.ca/en/service/bc-centre-sexual-medicine#overview>

A specialty clinic that provides assessment and treatment services for couples or individuals with sexual concerns. A referral from your physician is required.

West Coast Centre for Sex Therapy 604-734-1511

<https://westcoastsextherapy.com/>

A specialty clinic in Vancouver offering sex therapy to couples and individuals experiencing sexual problems or disorders.

Caya Health Centre <https://www.cayahealthcentre.com/> 236-516-2292

A multidisciplinary clinic that provides gynecology as well as psychology support for a variety of concerns.

Vancouver CBT Centre www.vancouvercbt.ca 604-738-7337

Offers individual and group psychological treatment for anxiety and mood disorders.

DBT Centre of Vancouver dbtvancouver.com 604-569-1156

Provides psychological assessment and treatment services in the form of individual and group therapy for adolescents and adults struggling with anxiety, depression, emotional dysregulation, anger, PTSD, pain, suicide, self-harm, personality disorders, and drug and alcohol use problems.

North Shore Stress & Anxiety Clinic www.nssac.ca 604-985-3939

Provides psychological treatment for a variety of mental health concerns.

UBC Psychology Clinic clinic.psych.ubc.ca/ 604- 822-3005

Clinical psychological services offered by graduate students in clinical psychology who are being supervised by registered psychologists. Sliding-scale fees at reduced rates.

Divisions of Family Practice <https://mind-space.ca/offerings/> hello@mind-space.ca

A non-profit organization offering MSP-funded group therapy led by family doctors and psychiatrists. A referral from your physician is required.