

IMPORTANT:

Deliver the sample to LABHOH as soon as possible along with the request form.

Drop-off Locations & Times

Horacio Oduber Hospital

Dr. Horacio E. Oduber Blvd #1
1:00 PM - 3:45 PM

San Nicolas

B. v/d Veen Zeppenfeldstraat #26-C
9:30 AM - 10:45 AM

Piedra Plat

Piedra Plat #72-A
1:00 PM - 2:45 PM

SABA Oranjestad

10:00 AM - 11:45 AM

(+297) 527 4000



(+297) 527 4901

www.arubahospital.com

www.labhoh.org



Dr. Horacio E. Oduber Boulevard #1



NOS SEMPER T'EY!



ENG

LABHOH

FIT TEST

Collection Instructions



Horacio Oduber
HOSPITAL
LABHOH

STEP 1: START



Contents of the Collection Kit:

- Feces catcher for collecting the stool sample
- Collection tube for storing the sample
- Shipping materials: Biohazard bag and return envelope

STEP 2: PREPARATION



- Always use the enclosed feces catcher to prevent contamination with water, urine, or cleaning agents.

- Attach the feces catcher to the toilet seat following the instructions.



- Pass stool onto the paper.

STEP 3: COLLECTING THE SAMPLE



- Hold the tube upright and open it by twisting the green cap counterclockwise. Pull the cap up.
- Do not shake or turn the tube upside down.



- The cap contains a grooved stick for collecting the sample.



- Using the grooved portion only, move it in a cross-shaped pattern through the stool 4 times.
 - If the stool is hard, poke it 5-6 times instead.
 - Do not collect excess stool.



- Place the stick back into the tube and firmly press the cap until you hear a click. Shake the tube gently a few times. **Do not reopen it!**



- Detach the feces catcher from the toilet and allow the paper to dissolve in the water before flushing.

STEP 4: LABELING



Put the enclosed sticker on the tube.

Name: Xxxxxx Xxxxxxx
Birthdate: XX-XX-XXX
Sex:(M= man, F= vrouw).
Date: XX-XX-XXX



STEP 5: PREPARING FOR SUBMISSION



- Ensure everything is properly labeled and sealed. Submit the sample at your nearest drop-off location within the designated hours.

IMPORTANT NOTES:

- **Do NOT** insert the collection tube or any part of it into your anus.
- **Do NOT** collect stool if you:
 - Have **diarrhea**
 - Have **rectal bleeding** (due to hemorrhoids or other causes)
 - Are **menstruating**
 - If the stool is **contaminated with urine**
- **Collect** the sample immediately after a bowel movement.
- **Do NOT** open the green cap after collecting the sample.