IMPORTANT:
Deliver the sample to LABHOH as soon as possible along with the request form.

(+297) 527 4000
(+297) 527 4901

www.arubahospital.com
www.labhoh.org

Dr. Horacio E. Oduber Boulevard #1

ABQ
Aruba Bevolkingsonderzoek

CORESA
COloREctal Screening Aruba

NOS SEMPER T'EY!

ENG

LABHOH

FIT TEST
Collection Instructions

Horacio Oduber
HOSPITAL
LABHOH

STEP 1: START

Contents of the Collection Kit:
- Feces catcher for collecting the stool sample
- Collection tube for storing the sample
- Shipping materials: Biohazard bag and return envelope

STEP 2: PREPARATION

- Always use the enclosed feces catcher to prevent contamination with water, urine, or cleaning agents.
- Attach the feces catcher to the toilet seat following the instructions.

- Pass stool onto the paper.

STEP 3: COLLECTING THE SAMPLE

- Hold the tube upright and open it by twisting the green cap counterclockwise. Pull the cap up.
- Do not shake or turn the tube upside down.

- The cap contains a grooved stick for collecting the sample.

- Using the grooved portion only, move it in a cross-shaped pattern through the stool 4 times.
  - If the stool is hard, poke it 5-6 times instead.
  - Do not collect excess stool.

- Place the stick back into the tube and firmly press the cap until you hear a click. Shake the tube gently a few times. **Do not reopen it!**

- Detach the feces catcher from the toilet and allow the paper to dissolve in the water before flushing.

STEP 4: LABELING

Put the enclosed sticker on the tube.

STEP 5: PREPARING FOR SUBMISSION

- Ensure everything is properly labeled and sealed. Submit the sample at your nearest drop-off location within the designated hours.

IMPORTANT NOTES:

- **Do NOT** insert the collection tube or any part of it into your anus.
- **Do NOT** collect stool if you:
  - Have **diarrhea**
  - Have **rectal bleeding** (due to hemorrhoids or other causes)
  - Are **menstruating**
  - If the stool is **contaminated with urine**
- **Collect** the sample immediately after a bowel movement.
- **Do NO**T open the green cap after collecting the sample.