



National Zakat
Foundation



BACK-TO-SCHOOL

Checklist

FOR MUSLIM MOMS

- ☐ Renew intentions (Niyyah) for the year
- ☐ Set weekly Quran goals for the school year
- ☐ Incorporate morning and evening duas
- ☐ Re-establish a school sleep routine
- ☐ Take stock of last year's supplies
- ☐ Shop for essentials
- ☐ Plan school outfits
- ☐ Pack backpacks together

- ☐ Prepare a study space
- ☐ Set a school snack and lunch menu together
- ☐ Check classroom orientation dates
- ☐ Review school policies
- ☐ Review emergency contacts
- ☐ Plan first day of school pictures
- ☐ Celebrate the first day with a special activity
- ☐ Revise the dua for knowledge

رَبِّ زِدْنِي عِلْمًا

RABBI ZIDNI ILMAA

Oh my Lord, Increase me in knowledge.



National Zakat
Foundation

FIRST DAY OF School



2025-2026



**THIS IS HOW
I WRITE MY NAME**

GRADE:

FAVOURITES

COLOUR:

FOOD:

ANIMAL:

BOOK:

[here's a spot for a photo!]



Salam!

**MY FAVOURITE THINGS
TO DO ARE:**

**WHEN I GROW UP
I WANT TO BE:**

**THIS YEAR I WANT
TO LEARN:**



National Zakat
Foundation

FIRST DAY OF *School*



[here's a spot for a photo!]



**THIS IS HOW
I WRITE MY NAME**

GRADE:

Salam!

**MY FAVOURITE THINGS
TO DO ARE:**

FAVOURITES

COLOUR:

FOOD:

ANIMAL:

BOOK:

**WHEN I GROW UP
I WANT TO BE:**

**THIS YEAR I WANT
TO LEARN:**