



The College Application: Sports Essay Template

<p>My Values:</p>	<p><i>What are my values? Which one(s) do I want to demonstrate in this essay?</i></p>
<p>Tell My Story</p>	<p>Beginning:</p> <p><i>establishes the story's foundation; introduces me, and the setting where the story unfolds; often presents the initial issue or situation.</i></p>
	<p>Middle:</p> <p><i>focuses on the events that occur; events become more complex; often features a turning point where the experience reaches its peak.</i></p>
	<p>End:</p> <p><i>the resolution; shows how I deal with the consequences of events, how I succeed in solving the issue, what I learn from the experience, etc.</i></p>
<p>Lesson(s) learned:</p> <p>How the experience can guide me at college and in my future:</p>	
<p><i>What did this experience teach me about myself, the world, and my life and future?</i></p> <p><i>Similarly, what lesson(s) from my story can be applied to my college experience and life beyond?</i></p>	
<p><i>Is the essay engaging?</i> <input type="checkbox"/> Yes <input type="checkbox"/> Needs Work</p>	<p><i>Is this essay focused on ME & my growth - not the game or team?</i> <input type="checkbox"/> Yes <input type="checkbox"/> Needs Work</p>