

Building a healthier generation with gut science and AI

4.8/5

Stars on
Trustpilot

\$2.8

Million in
VC funding

1600

Scientific
publications

Founder story. Nora reversed severe eczema with dietary changes...



Nora Cavani

Founder and CEO at Alba Health



Before




After

...but found out she has **many allergies**.
And she is not alone.



Nearly **1** in 3


of adults aged 18 and
over has a seasonal allergy,
eczema, or food allergy

 CDC, 2021



Nearly **2** in 3

of Americans has at least one
chronic condition

 NACDD, 2022


Quadrupled
since 1950 in
Sweden

Science shows the answer might be in **our gut**. In the first years of life.



Illustrative graph



Gut microbiome diversity
associated to health

Gut microbiome diversity
associated to chronic
conditions & symptoms

Allergies

Eczema

Obesity

Asthma

Colic

Alba Health co-founder discovered that **gut health in childhood** predicts health for life



Prof. Willem de Vos



Co-founder and CSO

800 publications in gut microbiome

nature communications

Article | [Open access](#) | Published: 27 September 2024

Gut microbiota wellbeing index predicts overall health in a cohort of 1000 infants

[Brandon Hickman](#) , [Anne Salonen](#), [Alise J. Ponsero](#), [Roosa Jokela](#), [Kaija-Leena Kolho](#), [Willem M. de Vos](#) & [Katri Korpela](#) 

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The bad news

We are losing these key bacteria

C-section

Formula feeding

Antibiotics

Processed food



[Stanford Medicine](#) / [News Center](#) / [Bacteria that digest breast milk in decline](#)

Infants in industrialized nations are losing a species of gut bacteria that digests breast milk

Stanford Medicine researchers and colleagues found that as nations industrialize, a species of bacteria critical in the early development of infant gut microbiomes fades away.

June 10, 2022 - By Emily Moskai

90% lack microbes that build the immune system

The future we want is powered by metagenomics and AI



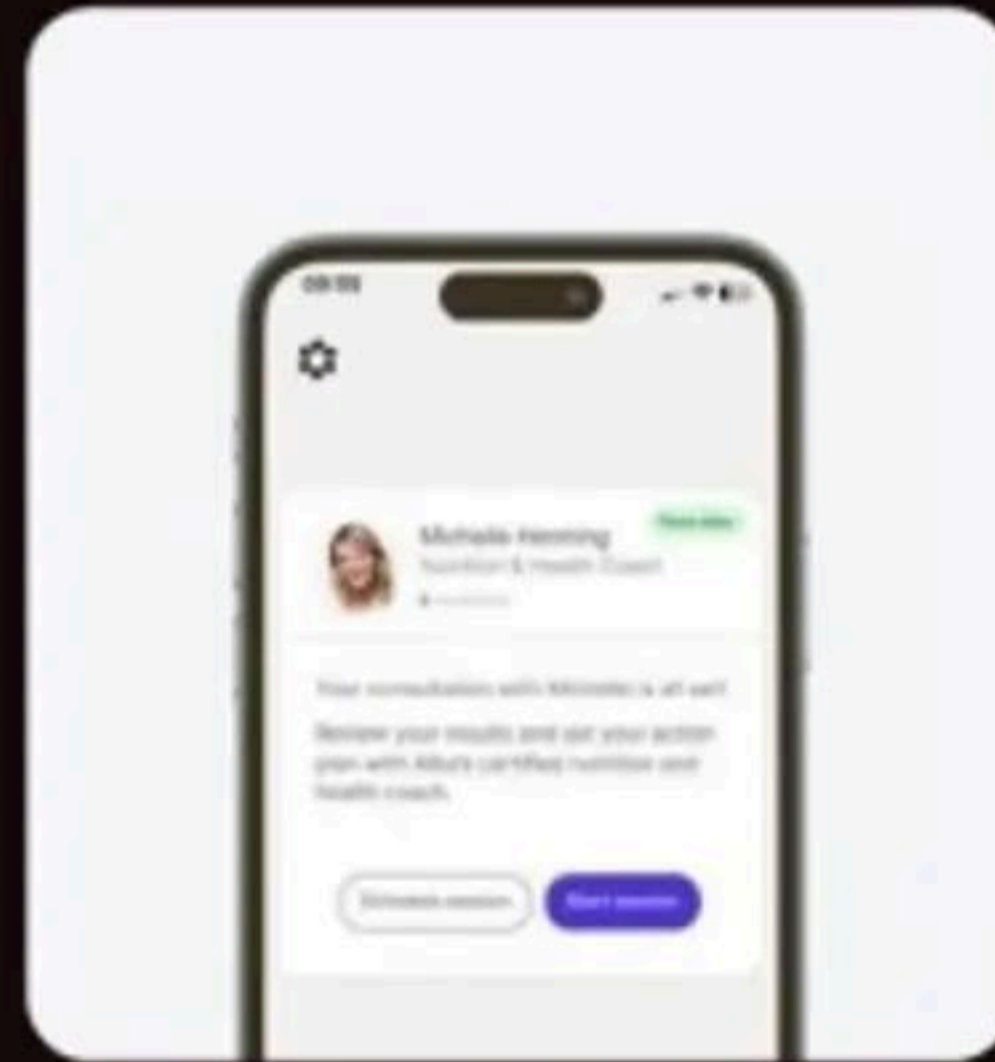
Detect gut
imbalances early



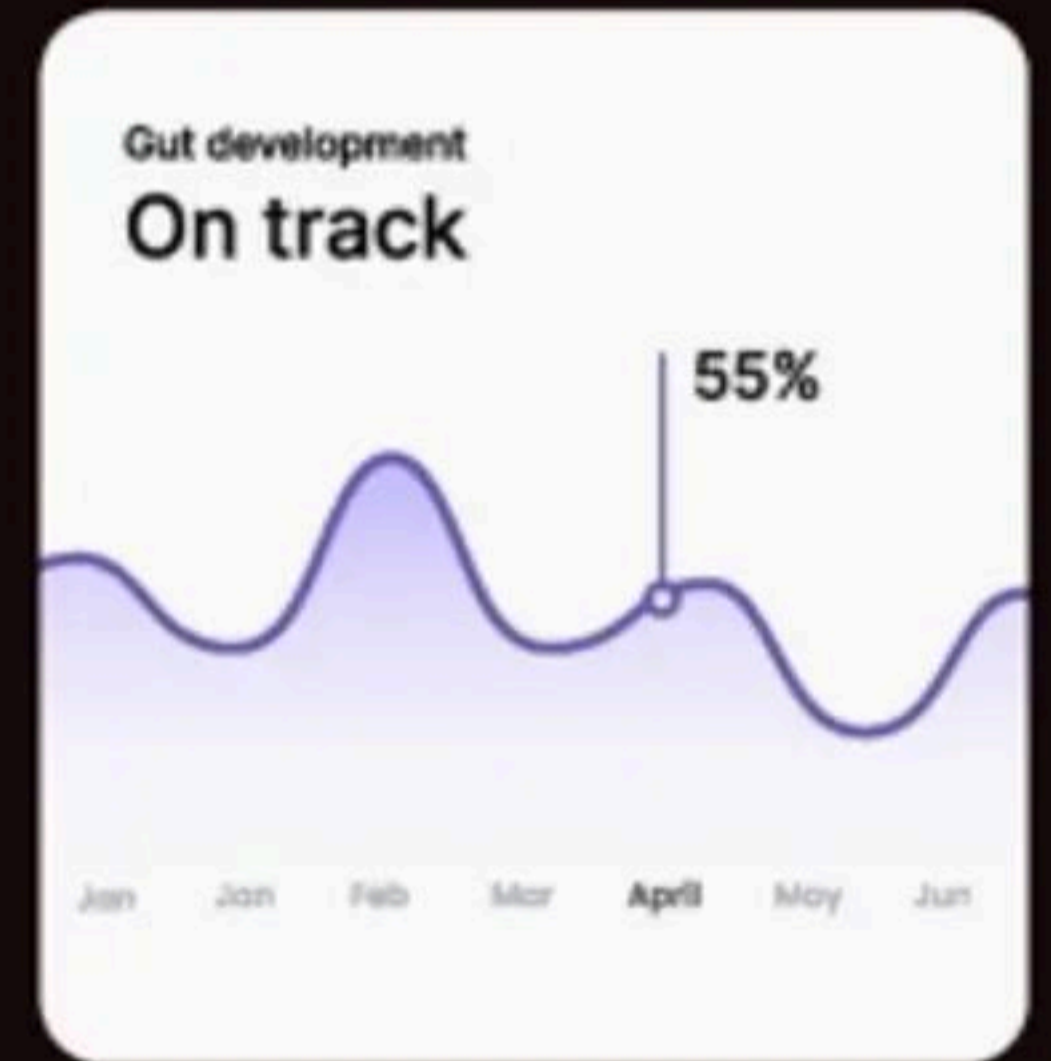
Restore them with
diet and lifestyle



Get 1:1 support from
a coach



Track gut microbiome
development



The results are incredible

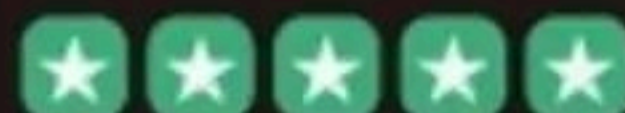


Feb 11, 2025

Thanks to their guidance, his digestion improved, and I finally feel confident in supporting his health. Highly recommend!

✓ Verified customer

Source:TrustPilot



Jan 30, 2025

The actions needed to improve our daughter's gut health were quite easy to adopt. So far we have seen some improvements in her eczema.

Source:TrustPilot



Aug 14, 2024

**My son's eczema
has cleared**

✓ Verified customer

Source:TrustPilot

Our co-founder started one of the largest longitudinal datasets worldwide...



The HELMI Cohort

10,000

Microbiome samples

The HELMI Cohort

50,000+

Lifestyle datapoints



University of
Helsinki

Note: Alba Health does not process data directly from the HELMI cohort

...and built a proprietary data platform linking the gut and hundreds of parent concerns



The HELMI Cohort

1,000

Microbiome samples

The HELMI Cohort

300,000

Lifestyle datapoints



University of Uppsala



University of Antwerp

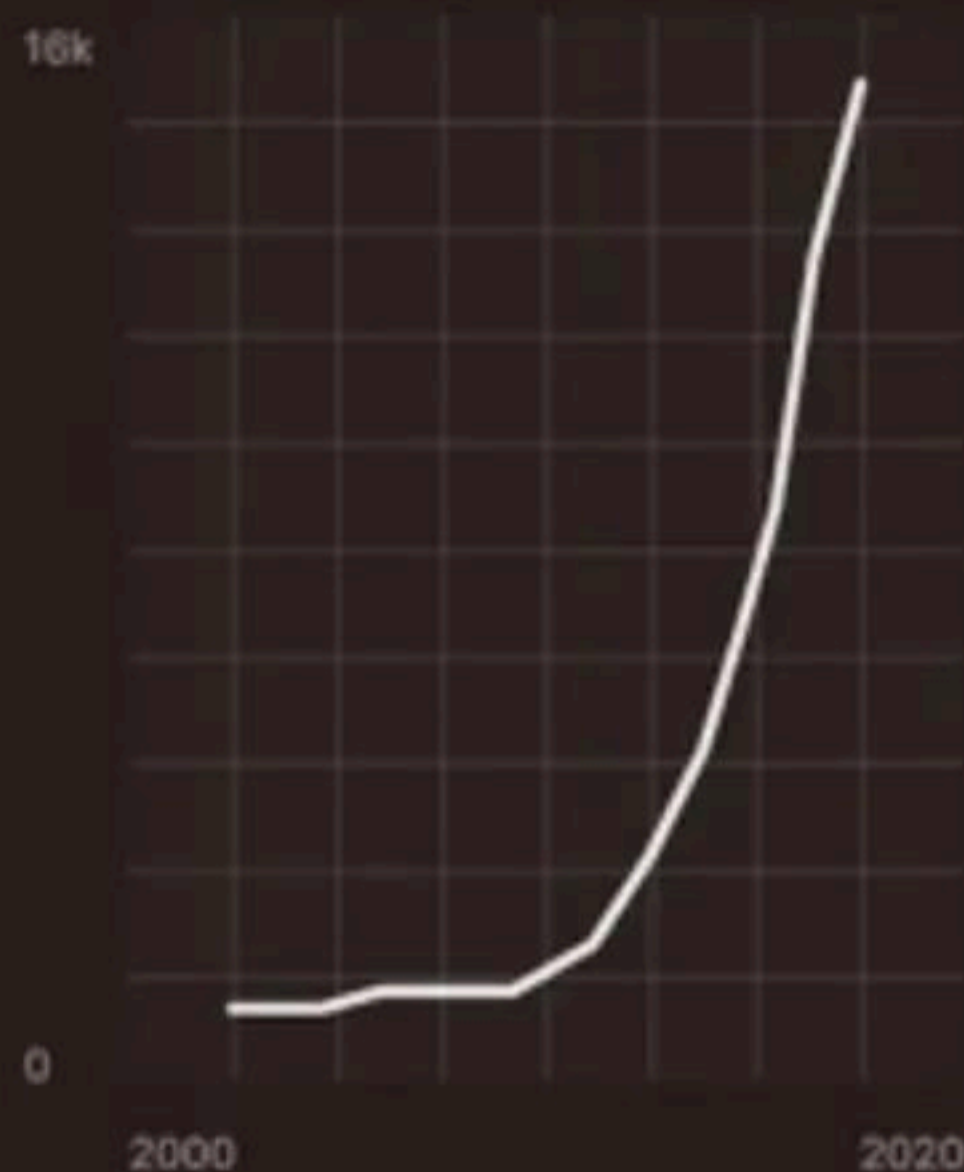


COPSAC

Addressing a \$80B market opportunity at the right time

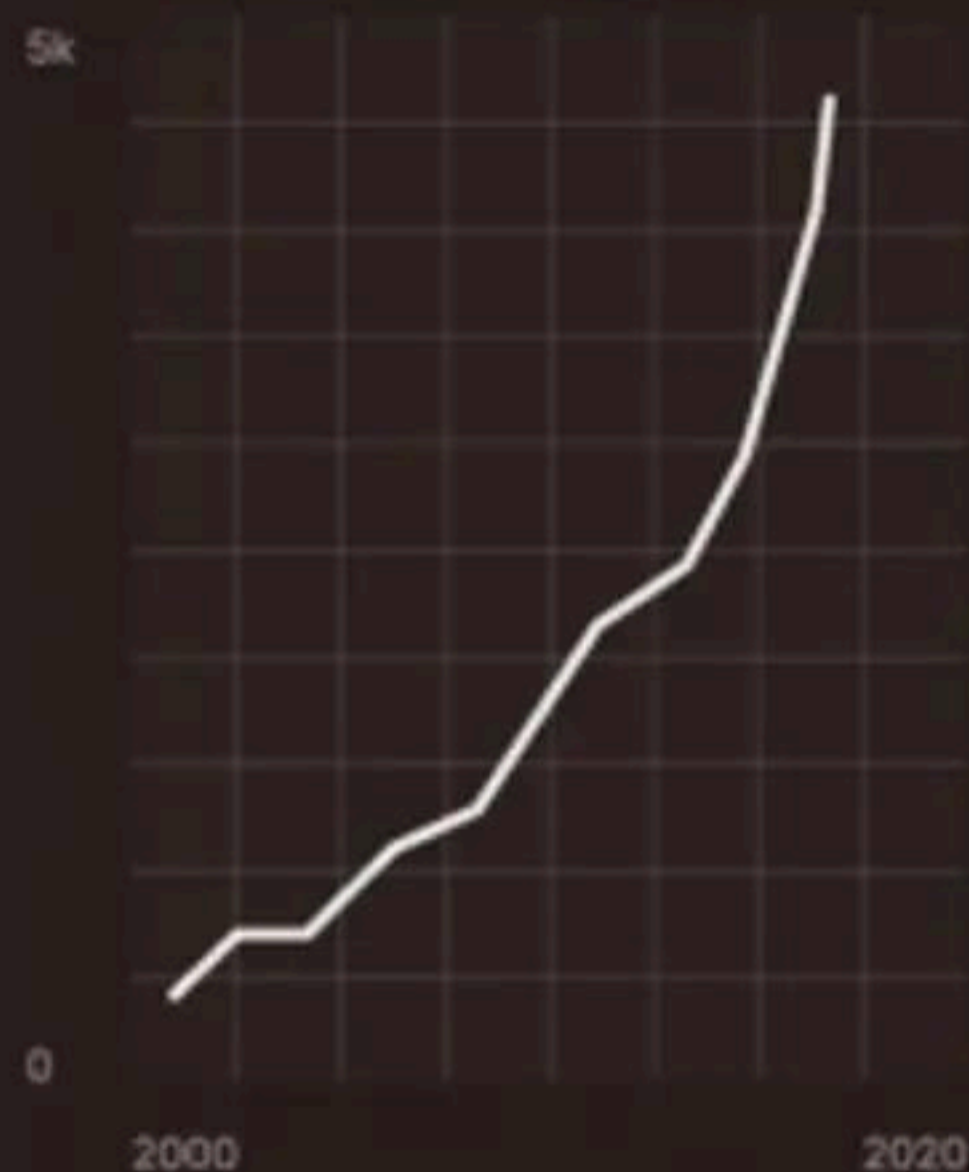


Knowledge



Microbiome scientific publications

Products



Publications on probiotics products

Demand



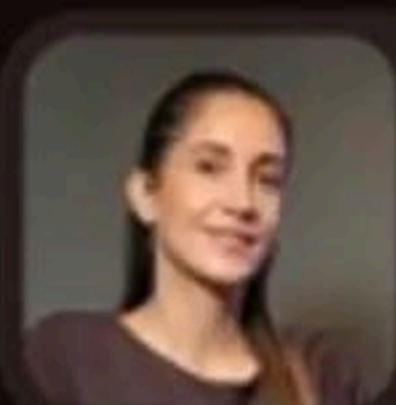
"Microbiome test" web searches

Costs



Microbiome analysis cost (DNA seq)

Our team combines science, tech and product



BCG

Eleonora (Nora) Cavani
Founder and CEO



Prof. Willem de Vos
Co-Founder and CSO



ESPGHAN

Prof., Dr. Yvan Vandenplas
Medical Advisor, ESPGHAN



BCG

Max Kottorp
Head of Operations



Spotify

Erik Johansson
Tech



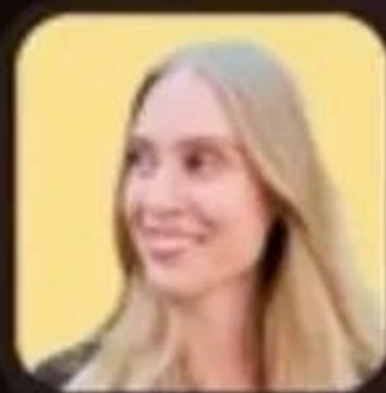
Clue

Marija Vlajic
Data Science



Clue

Adeline Lee
Product & Growth



MINDLER

Maja Harrsjö
Marketing



Uppsala University

Alfons Edbom Devall
Computational Biology

1600+

Publications in our team

Experience from 3 of
the largest cohort
studies worldwide

Alba Health so far...



\$2.8 Million

In funding

1600+

Publications in the team

2.5 Million

Views in Sweden

1500+

Tests done

+50%

Growth month on month in
last 6 months

300,000

Proprietary datapoints



Our vision

A world where every
person is set up for a
healthy, happy, free life.



albahealth.com