

Chicken Tikka Masala with Garbanzo Beans

Pan:				Instructions:			
1	Rice			Heat at 350F for 45 mins or until a internal temperature of 165F is reached			
2	Sauced Chicken			Heat at 350F for 45 mins or until a internal temperature of 165F is reached			
3	Garbanzo Beans			Heat at 350F for 45 mins or until a internal temperature of 165F is reached			
4							
5							

HOT SERVING GUIDE

Step 1				Step 2				Step 3				Step 4				Step 5			
Rice				Garbanzo Beans				Sauced Chicken											
Size	Amount	Unit	Utensils	Size	Amount	Unit	Utensils	Size	Amount	Unit	Utensils	Size	Amount	Unit	Utensils	Size	Amount	Unit	Utensils
K-8	8.00	fl oz	Spoodle - 8.0 fl oz	K-8	4.00	fl oz	Spoodle - 4.0 fl oz	K-8	4.00	fl oz	Spoodle - 4.0 fl oz	K-8				K-8			
9-12	8.00	fl oz	Spoodle - 8.0 fl oz	9-12	4.00	fl oz	Spoodle - 4.0 fl oz	9-12	4.00	fl oz	Spoodle - 4.0 fl oz	9-12				9-12			



ON THE SIDE				ON THE SIDE				ON THE SIDE				Veg of the Day				Fruit of the Day			
												Type may vary				Type may vary			
Size	Amount	Unit	Utensils	Size	Amount	Unit	Utensils	Size	Amount	Unit	Utensils	Size	Amount	Unit		Size	Amount	Unit	
K-8				K-8				K-8				K-8	0.25	cup		K-8	0.50	cup	
9-12				9-12				9-12				9-12	0.50	cup		9-12	1.00	cup	

Milk			
Type may vary			
Size	Amount	Unit	
ALL AGES	8.00	fl oz	

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