

OCTOBER BREAKFAST (Nevada)



Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Cinnamon Swirl Cinnamon Chex Cereal Sausage Stuffed Waffle	Cinnamon Crumble Cinnamon Chex Cereal Mini Pancakes (V)	Chocolate Chip Muffin Top Cheerios Cereal English Muffin Sausage Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Cereal Sausage Stuffed Waffle	Mantecada Muffin Cheerios Cereal Egg Scramble w/ Sausage
13	14	15	16	17
Strawberry Banana Smoothie w/ Granola Cheerios Cereal Sausage Pancake Sandwich	Bagel w/ Cream Cheese Cinnamon Chex Cereal Sausage Stuffed Waffle	Vanilla Concha Cheerios Cereal French Toast Sticks (V)	Yogurt Parfait w/ Granola Cinnamon Chex Cereal Mini Pancakes (V)	Blueberry Muffin Honey Bunches of Oats Egg & Cheese Burrito (V)
20	21	22	23	24
Cinnamon Swirl Cheerios Cereal Sausage Stuffed Waffle	Cinnamon Crumble Chex Cinnamon Cereal Mini Pancakes (V)	Chocolate Chip Muffin Top Cheerios Cereal English Muffin Sausage Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Sausage Stuffed Waffle	Mantecada Muffin Cheerios Cereal Egg Scramble w/ Sausage
27	28	29	30	31
Strawberry Banana Smoothie w/ Granola Cheerios Cereal Sausage Pancake Sandwich	Bagel w/ Cream Cheese Cinnamon Chex Cereal Sausage Pancake Sandwich	Vanilla Concha Cheerios Cereal French Toast Sticks (V)	Yogurt Parfait w/ Granola Cinnamon Chex Cereal Mini Pancakes (V)	Blueberry Muffin Honey Bunches of Oats Cereal Egg & Cheese Burrito (V)
Breakfast Includes:	Featured Fruit:		RevUp Rewards:	
Choice of 1% or Fat Free Milk Fruit of the Day (V) Vegetarian *Cereal Served w/ Honey Grahams *All grains are wholegrain rich	Monday: Apple or Orange Tuesday: Juice, Apple or Pear Wednesday: Apple Slices or Apple Thursday: Banana or Orange Friday: Applesauce or Apple		Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	



OCTOBER LUNCH (Nevada)



Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich	Hamburger & Fries Crispy Chicken Sandwich & Fries Yogurt & Mantacada Kit w/ Corn (V)	Orange Chicken w/ Rice & Carrots Penne Pasta w/ Meat Sauce Cheese Pizza Kit (V)	Queso Blanco Bowl w/ Pinto Beans Cheese Tamale w/ Black Beans (V) Chicken Salad & Cheese Kit & Crispy Beans	Chicken Bites w/ Mashed Potatoes Mac & Cheese w/ Diced Carrots Chicken Caesar Salad
13	14	15	16	17
Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich	Cheeseburger & Fries Hot Dog & Fries Yogurt & Mantacada Kit w/ Corn (V)	Chicken Dumplings w/ Rice & Peas Chicken Tamale w/ Mixed Vegetables Cheese Pizza Kit (V)	BBQ Chicken w/ Baked Beans Bean & Cheese Burrito w/ Crispy Beans (V) Chicken Salad & Cheese Kit & Crispy Beans	Chicken Teriyaki w/ Rice & Carrots Mac & Cheese w/ Diced Carrots (V) Asian Chicken Salad
20	21	22	23	24
Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich	Crispy Chicken Sandwich & Fries Breakfast for Lunch w/ Sausage & Potatoes Yogurt & Mantacada Kit w/ Corn (V)	Pizza Dippers w/ Marinara Sauce (V) Chicken Tamale w/ Mixed Veg Italian Trio Sandwich	Chicken Bites w/ Mashed Potatoes Bean & Cheese Pupusa w/ Curtido (V) "P" B&J Kit (V)	Turkey Nachos w/ Refried Beans & Tortilla Chips Chicken Tikka Masala w/ Chickpeas Chef Veggie Salad (V)
27	28	29	30	31
Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich	Hamburger & Fries Crispy Chicken Sandwich & Fries Yogurt & Mantacada Kit w/ Corn (V)	Orange Chicken w/ Rice & Carrots Penne Pasta w/ Meat Sauce Cheese Pizza Kit (V)	Beef Taco Stick w/ Crispy Beans Cheese Tamale w/ Black Beans (V) Chicken Salad & Cheese Kit & Crispy Beans	Chicken Bites w/ Mashed Potatoes Mac & Cheese w/ Diced Carrots (V) Chicken Caesar Salad
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% or Fat Free Milk Fruit & Vegetable of the Day (V) Vegetarian *May include an extra 1/2 cup veg for compliance *All grains are wholegrain rich	Monday: French Fries Tuesday: Carrots Wednesday: Crunchy Beans Thursday: Cucumber / Celery Friday: Side Salad w/ Dressing	Apples, Applesauce, Bananas, Oranges, Pears, Raisins, 100% Juice Seasonal: Cantaloupe & Plums	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	



OCTOBER SNACK Nevada



Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
BBQ Poptillas & Juice	Goldfish Cheddar & Fruit	Cinnamon Granola & Juice	Nacho Poptillas & Fruit	Cheese Puffs & Juice
13	14	15	16	17
Giant Cinnamon Grahams & Fruit	Cheese Stick & Wheat Crackers	Kettle Corn Chickpeas & Juice	Spicy Chili Lime Rings & Fruit Goldfish Pretzels & Fruit	Pizza Crackers & Juice
20	21	22	23	24
Goldfish Cheddar & Fruit	Fruity Crisps & Fruit	Ranch Crackers & Juice	Educational Crackers & Fruit	Giant Goldfish Crackers & Fruit
27	28	29	30	31
BBQ Poptillas & Juice	Goldfish Cheddar & Fruit	Cinnamon Granola & Fruit	Nacho Poptillas & Fruit	Cheese Puffs & Juice

Snack Includes:

All snacks meet 1oz eq Whole Grain, 1 oz eq M/MA, 3/4 C Fruit, and/or 3/4 C Vegetable
 Fruit Rotation: Apples, Oranges, Pears, 100% Fruit Juice
 *All fruits meet 3/4 cup equivalent
 *All grains are wholegrain rich
 Monday: apple Tuesday: juice or orange Wednesday: Pear Thursday: n/a or juice/orange Friday: apple

RevUp Rewards:

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ALLERGY FRIENDLY



Monday	Tuesday	Wednesday	Thursday	Friday
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Weekly Breakfast Menu

Cinnamon Chex Bowl, Strawberry Rockinola Granola	GF Cheerios Bowl, Chocolate Rockinola Granola	Cinnamon Chex Bowl, Strawberry Rockinola Granola	GF Cheerios Bowl, Chocolate Rockinola Granola	Corn Chex Bowl, Chocolate Rockinola Granola
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Weekly Lunch Menu

Turkey Marinara Bowl w/ Green Peas	Chicken Fajitas Bowl w/ Green Beans	California Turkey & Vegetable Bowl	Beef & Veggie Bowl w/ Zucchini	Turkey & Rice Burrito Bowl w/ Refried Beans & Corn
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Weekly Snack Menu

Rockinola Chocolate Granola, Fruit*	Corn Tortilla Chips, Fruit*	Rockinola Cinnamon Granola, Fruit*	Rockinola Strawberry Granola, Fruit*	Corn Tortilla Chips, Fruit*
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Weekly Supper Menu

Chicken Fajitas Bowl w/ Green Beans	Turkey Marinara Bowl w/ Green Peas	Turkey & Rice Burrito Bowl w/ Refried Beans & Corn	California Turkey & Vegetable Bowl	Beef & Veggie Bowl w/ Zucchini
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Handling Instructions

<p>Keep food frozen/refrigerated until ready to cook and serve.</p> <p>Tear open the side of the film, place the tray in the microwave and microwave on high for 3-5 minutes. Ensure the internal temperature reaches 165°F. Allow the food to rest for 1 minute.</p> <p>For conventional oven, set the oven temperature at 300°F, heat the meal for 50-60 minutes from frozen or until thermometer reaches 165°F.</p>				
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Lunch Includes:		
<p>Milk Alternatives are available through the A La Carte Menus. (Additional fees may apply.)</p> <p>This institution is an equal opportunity provider.</p> <p>Menus are subject to change without notice for another AFM option.</p>		

Our Allergen Management Plan:

Revolution Foods takes food safety and customer safety seriously. We have an allergen management plan in place to prevent allergen cross-contamination. This meal is free of major 9 allergens and manufactured on a validated clean line. The sanitation process is verified by performing allergen residue testing. Every production batch is being tested against these listed allergies up to the stated limit of detection (LOD) using an accredited test method.	Target Allergen	LOD (Limit of Detection)	Target Allergen	LOD (Limit of Detection)
	Almond Protein	2 ppm	Gluten Protein	4 ppm
	Brazil Nut Protein	5 ppm	Hazelnut Protein	5 ppm
	Cashew/Pistachio Protein	2 ppm	Macadamia nut Protein	2 ppm
	Coconut Protein	10 ppm	Total Milk Protein	1 ppm
	Crustacean Protein	2 ppm	Peanut Protein	1 ppm
	Whole Egg Protein	2 ppm	Walnut Protein	10 ppm
	Soy Protein	2 ppm	Sesame Protein	5 ppm

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