

DECEMBER BREAKFAST (Nevada)



Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Cinnamon Chex Cereal Cheerios Cereal	Cinnamon Crumble Cinnamon Chex Cereal Mini Pancakes (V)	Chocolate Chip Muffin Top Cheerios Cereal Sausage & Cheese Croissant Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Cereal Sausage Stuffed Waffle	Mantecada Muffin Cheerios Cereal Egg Scramble w/ Sausage
8	9	10	11	12
Strawberry Yogurt Parfait w/ Granola Honey Bunches of Oats Sausage Stuffed Waffle	Bagel w/Cream Cheese Honey Bunches of Oats Cereal Pancake Sausage Sandwich	Vanilla Concha Cheerios Cereal French Toast Sticks (V)	Strawberry Banana Smoothie w/ Granola Cinnamon Chex Cereal Mini Pancakes (V)	Blueberry Muffin Honey Bunches of Oats Cereal Breakfast Burrito
15	16	17	18	19
Cinnamon Swirl Cinnamon Chex Cereal Sausage Stuffed Waffle	Cinnamon Crumble Cinnamon Chex Cereal French Toast Sticks (V)	Chocolate Chip Muffin Top Cheerios Cereal English Muffin Sausage Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Sausage Stuffed Waffle	Mantecada Muffin Cheerios Cereal Egg Scramble w/ Sausage
22	23	24	25	26
Breakfast Includes:	Featured Fruit:		RevUp Rewards:	
Choice of 1% or Fat Free Milk Fruit of the Day (V) Vegetarian *Cereal Served w/ Honey Grahams *All grains are wholegrain rich	Apples, Apple Slices, Applesauce Cups, Bananas, Oranges, Pears, Raisins, 100% Fruit Juice Seasonal Fruit: Tangerines		Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	



DECEMBER LUNCH (Nevada)



Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich	Cheeseburger & Fries Hot Dog & Fries "P"B&J BYO Kit (V)	Penne Pasta w/ Meatsauce Chicken Tamale w/ Mixed Vegetables Cheese Pizza Kit (V)	Bean & Cheese Burrito w/ Crispy Beans (V) BBQ Chicken w/ Baked Beans Southwest Chicken Salad w/ Dinner Roll	Chicken Teriyaki w/ Rice & Carrots Bean & Cheese Pupas w/ Curtido Asian Chicken Salad
8	9	10	11	12
Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich	Crispy Chicken Sandwich & Fries Chicken Bites w/ Mashed Potatoes "P"B&J BYO Kit (V)	Pizza Dippers w/ Marinara Sauce (V) Chicken Tamale w/ Mixed Veg Italian Trio Sandwich	Turkey Nachos w/ Refried Beans Cheese Tamale w/ Black Beans Veggie Chef Salad	Holiday Turkey Meal Pizza Bites w/ Marinara (V) Yogurt & Mantacada Kit w/ Baby Carrots (V)
15	16	17	18	19
Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich	Hot Dog & Fries Crispy Chicken Sandwich & Fries "P"B&J BYO Kit (V)	Orange Chicken w/ Rice & Carrots Penne Pasta w/ Meat Sauce Cheese Pizza Kit (V)	Beef Taco Stick w/ Crispy Beans Cheese Tamale w/ Black Beans (V) Chicken Salad & Cheese Kit & Crispy Beans WG Star Cookie	Pizza Bites w/ Marinara (V) Mac & Cheese w/ Diced Carrots Chicken Caesar Salad
22	23	24	25	26

Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:
Choice of 1% or Fat Free Milk Fruit & Vegetable of the Day (V) Vegetarian *May include an extra 1/2 cup veg for compliance *All grains are wholegrain rich	Monday: French Fries Tuesday: Carrots Wednesday: Crunchy Beans Thursday: Cucumber / Celery Friday: Side Salad w/ Dressing	Apples, Apple Slices, Applesauce, Bananas, Dried Cranberries, Oranges, Pears, Raisins, 100% Juice Seasonal: Grapes, & Tangerines	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards

DECEMBER SNACK Nevada



Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Goldfish Pretzels & Fruit	Giant Goldfish Grahams & Fruit	Kettle Corn Chickpeas & Juice	Goldfish Pretzels & Fruit	Cheese Puffs & Fruit
8	9	10	11	12
Goldfish Cheddar & Fruit	Honey Grahams & Fruit	Ranch Crackers & Juice	Educational Snacks & Fruit	Cinnamon Graham Crackers & Fruit
15	16	17	18	19
BBQ Poptillas & Fruit	Goldfish Cheddar & Fruit	Cinnamon Granola & Juice	Pizza Crackers & Juice	Pizza Crackers & Fruit
22	23	24	25	26

Snack Includes:

All snacks meet 1oz eq Whole Grain, 1 oz eq M/MA, 3/4 C Fruit, and/or 3/4 C Vegetable
 Fruit Rotation: Apples, Oranges, Pears, 100% Fruit Juice
 *All fruits meet 3/4 cup equivalent
 *All grains are wholegrain rich
 Monday: apple Tuesday: juice or orange Wednesday: Pear Thursday: n/a or juice/orange Friday: apple

RevUp Rewards:

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ALLERGY FRIENDLY



Monday	Tuesday	Wednesday	Thursday	Friday
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Weekly Breakfast Menu

Cinnamon Chex Bowl, Strawberry Rockinola Granola	GF Cheerios Bowl, Chocolate Rockinola Granola	Cinnamon Chex Bowl, Strawberry Rockinola Granola	GF Cheerios Bowl, Chocolate Rockinola Granola	Corn Chex Bowl, Chocolate Rockinola Granola
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Weekly Lunch Menu

Turkey Marinara Bowl w/ Green Peas	Chicken Fajitas Bowl w/ Green Beans	California Turkey & Vegetable Bowl	Beef & Veggie Bowl w/ Zucchini	Turkey & Rice Burrito Bowl w/ Refried Beans & Corn
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Weekly Snack Menu

Rockinola Chocolate Granola, Fruit*	Corn Tortilla Chips, Fruit*	Rockinola Cinnamon Granola, Fruit*	Rockinola Strawberry Granola, Fruit*	Corn Tortilla Chips, Fruit*
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Weekly Supper Menu

Chicken Fajitas Bowl w/ Green Beans	Turkey Marinara Bowl w/ Green Peas	Turkey & Rice Burrito Bowl w/ Refried Beans & Corn	California Turkey & Vegetable Bowl	Beef & Veggie Bowl w/ Zucchini
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Handling Instructions

<p>Keep food frozen/refrigerated until ready to cook and serve.</p> <p>Tear open the side of the film, place the tray in the microwave and microwave on high for 3-5 minutes. Ensure the internal temperature reaches 165°F. Allow the food to rest for 1 minute.</p> <p>For conventional oven, set the oven temperature at 300°F, heat the meal for 50-60 minutes from frozen or until thermometer reaches 165°F.</p>				
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Lunch Includes:		
<p>Milk Alternatives are available through the A La Carte Menus. (Additional fees may apply.)</p> <p>This institution is an equal opportunity provider.</p> <p>Menus are subject to change without notice for another AFM option.</p>		

Our Allergen Management Plan:

Revolution Foods takes food safety and customer safety seriously. We have an allergen management plan in place to prevent allergen cross-contamination. This meal is free of major 9 allergens and manufactured on a validated clean line. The sanitation process is verified by performing allergen residue testing. Every production batch is being tested against these listed allergies up to the stated limit of detection (LOD) using an accredited test method.	Target Allergen	LOD (Limit of Detection)	Target Allergen	LOD (Limit of Detection)
	Almond Protein	2 ppm	Gluten Protein	4 ppm
	Brazil Nut Protein	5 ppm	Hazelnut Protein	5 ppm
	Cashew/Pistachio Protein	2 ppm	Macadamia nut Protein	2 ppm
	Coconut Protein	10 ppm	Total Milk Protein	1 ppm
	Crustacean Protein	2 ppm	Peanut Protein	1 ppm
	Whole Egg Protein	2 ppm	Walnut Protein	10 ppm
	Soy Protein	2 ppm	Sesame Protein	5 ppm

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