

JANUARY BREAKFAST (Nevada)



Monday	Tuesday	Wednesday	Thursday	Friday
5	6	7	8	9
Vanilla Concha Cheerios Cereal French Toast Sticks (V)	Bagel w/Cream Cheese Honey Bunches of Oats Cereal Breakfast Burrito (V)	Cinnamon Swirl Cheerios Cereal English Muffin Bfast Sandwich	Blueberry Muffin Honey Bunches of Oats Cereal Mini Pancake (V)	Strawberry Yogurt Parfait w/ Granola Cinnamon Chex Cereal Egg Scramble & Biscuit
12	13	14	15	16
Cinnamon Crumble Honey Bunches of Oats Breakfast Apple Handie (NEW)(V)	Mantecada Muffin Cinnamon Chex Croissant Bfast Sandwich	Conchita w/ String Cheese Cheerios Mini Pancakes (V)	Yogurt & Grahams Cinnamon Chex Cereal Stuffed Waffle	Chocolate Chip Muffin Top Honey Bunches of Oats Pancake Sandwich
19	20	21	22	23
MLK	Bagel w/Cream Cheese Honey Bunches of Oats Cereal Breakfast Burrito (V)	Cinnamon Swirl Cheerios Cereal English Muffin Bfast Sandwich	Blueberry Muffin Honey Bunches of Oats Cereal Mini Pancake (V)	Strawberry Yogurt Parfait w/ Granola Cinnamon Chex Cereal Egg Scramble & Biscuit
26	27	28	29	30
Cinnamon Crumble Honey Bunches of Oats Breakfast Apple Handie (NEW)(V)	Mantecada Muffin Cinnamon Chex Croissant Bfast Sandwich	Conchita w/ String Cheese Cheerios Mini Pancakes (V)	Smoothie & Granola Cinnamon Chex Stuffed Waffle	Chocolate Chip Muffin Top Honey Bunches of Oats Pancake Sandwich
Breakfast Includes:	Featured Fruit:		RevUp Rewards:	
Choice of 1% or Fat Free Milk Fruit of the Day (V) Vegetarian *Cereal Served w/ Honey Grahams *All grains are wholegrain rich	Apples, Apple Slices, Applesauce Cups, Bananas, Oranges, Pears, Raisins, 100% Fruit Juice Seasonal Fruit: Tangerines		Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	



JANUARY LUNCH (Nevada)



Monday	Tuesday	Wednesday	Thursday	Friday
5	6	7	8	9
Pepperoni Pizza Cheese Pizza (V) "P"B&J BYO Kit (V)	Cheeseburger & Fries Veggie Burger w/ Wedges Soy Butter Sandwich (V)	Mac & Cheese w/ Mixed Veg Chicken Tamale w/ Mixed Veg Turkey & Cheese Sub Sandwich	Orange Chicken w/ Rice & Peas Penne Pasta w/ Meatsauce Cheese Pizza Kit (V)	Turkey Nachos w/ Tortilla Chips Bean & Cheese Burrito w/ Fava Beans Veggie Chef Salad (V)
12	13	14	15	16
Pepperoni Pizza Cheese Pizza (V) "P"B&J BYO Kit (V)	Hot Dog & Fries Elote Loaded Potatoes Mantecada, Yogurt, String Cheese Kit w/ Corn (V)	Chicken Alfredo w/ Broccoli Bean & Cheese Pupusa w/ Curtido Italian Trio Sandwich	Pizza Bites w/ Marinara (V) Chicken Teriyaki w/ Rice & Diced Carrots Chicken Caesar Salad	Beef Taco Stick w/ Fava Beans Cheese Tamale w/ Black Beans Chicken Salad, Cheese, & Crackers Kit
19	20	21	22	23
MLK	Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich	Chicken Dumplings w/ Rice & Carrots Pizza Bites w/ Marinara (V) Mantecada, Yogurt, String Cheese Kit w/ Baby Carrots (V)	Bean & Cheese Burrito w/ Fava Beans BBQ Chicken w/ Baked Beans Veggie Chef Salad (V)	Cheese Lasagna (V) Bean & Cheese Burrito w/ Fava Beans Veggie Chef Salad
26	27	28	29	30
Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich	Cheeseburger & Fries Veggie Burger w/ Wedges Soy Butter Sandwich (V)	Mac & Cheese w/ Mixed Veg Chicken Tamale w/ Mixed Veg Turkey & Cheese Sub Sandwich	Orange Chicken w/ Rice & Peas Penne Pasta w/ Meatsauce Cheese Pizza Kit (V)	Turkey Nachos w/ Tortilla Chips Bean & Cheese Burrito w/ Fava Beans Veggie Chef Salad (V)

Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:
Choice of 1% or Fat Free Milk Fruit & Vegetable of the Day (V) Vegetarian *May include an extra 1/2 cup veg for compliance *All grains are wholegrain rich	Monday: French Fries Tuesday: Carrots Wednesday: Crunchy Beans Thursday: Cucumber / Celery Friday: Side Salad w/ Dressing	Apples, Apple Slices, Applesauce, Bananas, Dried Cranberries, Oranges, Pears, Raisins, 100% Juice Seasonal: Grapes, & Tangerines	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards



JANUARY SNACK Nevada



Monday	Tuesday	Wednesday	Thursday	Friday
5	6	7	8	9
Goldfish Pretzels & Fruit	Cinnamon Grahams & Fruit	Pizza Crackers & Juice	Goldfish Pretzels & Fruit	Cheese Puffs & Fruit
12	13	14	15	16
Goldfish Cheddar & Fruit	Honey Grahams & Fruit	Ranch Crackers & Juice	Educational Snacks & Fruit	Cinnamon Grahams & Fruit
19	20	21	22	23
BBQ Poptillas & Fruit	Goldfish Cheddar & Fruit	Honey Grahams & Juice	Pizza Crackers & Juice	Ranch Crackers & Fruit
26	27	28	29	30
Goldfish Pretzels & Fruit	Cinnamon Grahams & Fruit	Pizza Crackers & Juice	Goldfish Pretzels & Fruit	Cheese Puffs & Fruit

Snack Includes:

All snacks meet 1oz eq Whole Grain, 1 oz eq M/MA, 3/4 C Fruit, and/or 3/4 C Vegetable
 Fruit Rotation: Apples, Oranges, Pears, 100% Fruit Juice
 *All fruits meet 3/4 cup equivalent
 *All grains are wholegrain rich
Monday: apple **Tuesday:** juice or orange **Wednesday:** Pear **Thursday:** n/a or juice/orange **Friday:** apple

RevUp Rewards:

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ALLERGY FRIENDLY



Monday	Tuesday	Wednesday	Thursday	Friday
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Weekly Breakfast Menu

Cinnamon Chex Bowl, Strawberry Rockinola Granola	GF Cheerios Bowl, Chocolate Rockinola Granola	Cinnamon Chex Bowl, Strawberry Rockinola Granola	GF Cheerios Bowl, Chocolate Rockinola Granola	Corn Chex Bowl, Chocolate Rockinola Granola
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Weekly Lunch Menu

Turkey Marinara Bowl w/ Green Peas	Chicken Fajitas Bowl w/ Green Beans	California Turkey & Vegetable Bowl	Beef & Veggie Bowl w/ Zucchini	Turkey & Rice Burrito Bowl w/ Refried Beans & Corn
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Weekly Snack Menu

Rockinola Chocolate Granola, Fruit*	Corn Tortilla Chips, Fruit*	Rockinola Cinnamon Granola, Fruit*	Rockinola Strawberry Granola, Fruit*	Corn Tortilla Chips, Fruit*
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Weekly Supper Menu

Chicken Fajitas Bowl w/ Green Beans	Turkey Marinara Bowl w/ Green Peas	Turkey & Rice Burrito Bowl w/ Refried Beans & Corn	California Turkey & Vegetable Bowl	Beef & Veggie Bowl w/ Zucchini
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Handling Instructions

Keep food frozen/refrigerated until ready to cook and serve. Tear open the side of the film, place the tray in the microwave and microwave on high for 3-5 minutes. Ensure the internal temperature reaches 165°F. Allow the food to rest for 1 minute. For conventional oven, set the oven temperature at 300°F, heat the meal for 50-60 minutes from frozen or until thermometer reaches 165°F.

<i>Lunch Includes:</i>		
Milk Alternatives are available through the A La Carte Menus. (Additional fees may apply.) This institution is an equal opportunity provider. Menus are subject to change without notice for another AFM option.		

Our Allergen Management Plan:

Revolution Foods takes food safety and customer safety seriously. We have an allergen management plan in place to prevent allergen cross-contamination. This meal is free of major 9 allergens and manufactured on a validated clean line. The sanitation process is verified by performing allergen residue testing. Every production batch is being tested against these listed allergies up to the stated limit of detection (LOD) using an accredited test method.	Target Allergen	LOD (Limit of Detection)	Target Allergen	LOD (Limit of Detection)
	Almond Protein	2 ppm	Gluten Protein	4 ppm
	Brazil Nut Protein	5 ppm	Hazelnut Protein	5 ppm
	Cashew/Pistachio Protein	2 ppm	Macadamia nut Protein	2 ppm
	Coconut Protein	10 ppm	Total Milk Protein	1 ppm
	Crustacean Protein	2 ppm	Peanut Protein	1 ppm
	Whole Egg Protein	2 ppm	Walnut Protein	10 ppm
	Soy Protein	2 ppm	Sesame Protein	5 ppm

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