



2026
**GWENDOLEN
PARK**
TENNIS CLUB



KG Tennis

2026 JUNIOR PROGRAM

SPRING PROGRAM

April 27 – June 19, 2026

Junior Spring Tennis Program

MONDAY – THURSDAY

This is an after-school program designed for Juniors 4 to 16 years of age. This program promises to improve athletic, coordination and tennis skills through drills and competitive play, while maintaining an emphasis on fun!

Schedule

4.30pm – 6.00pm

Warm up

Technical Tennis Skills

Tactical Tennis Skills

Tennis / Fun Games

Cool Down and Pick Up

The Spring program runs for an 8-week period and registration is open for all juniors.

Price: \$335 pp / includes 1 day per week for 8 weeks (tax incl.)
(Additional days are optional at an additional cost)



Junior Membership

Juniors must be members if wishing to participate in our junior programs.

[REGISTER HERE](#)

Contact: Kooros Ghasemi

Email: kooros.ghasemi5@gmail.com

Phone: 647-802-0972

SUMMER PROGRAM

June 29 – September 4, 2026

Junior Summer Tennis Program

MONDAY - FRIDAY

Designed for Juniors 4 to 16 years of age, these weeklong camps include both on and off-court training. These programs promise to improve athletic, coordination and tennis skills through drills and competitive play, while maintaining an emphasis on fun!

Juniors will be divided into groups based on their skill and age level.

Full Day Schedule

8:45 AM - 9:00 AM	Registration
9:00 AM - 9:15 AM	Warm up
9:15 AM - 10:30 AM	Technical Tennis Skills
10:30 AM - 12:00 PM	Tennis Games / Fitness and Field Games
12:00 PM - 1:00 PM	Lunch
1:00 PM - 2:30 PM	Tactical Tennis Skills
2:30 PM - 2:45 PM	Snack Break
2:45 PM - 3:45 PM	Tennis/Fun Games
3:45 PM - 4:00 PM	Cool Down and Pick Up

This program runs on a weekly basis, you can register for as many weeks as you'd like.

**Price: Half-Day [9am – 12pm] \$310 pp (tax incl.) / Full-Day [9am – 4pm] \$465 pp (tax incl.)
PER WEEK. PAID WEEKLY.**



Junior Membership

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SUMMER PROGRAM

June 29 – September 4, 2026

High Performance Program

MONDAY - FRIDAY

The Gwendolen high performance program is designed for Juniors 8 to 18 years of age, these weeklong programs include both on and off-court training. The program promises to improve technical, tactical, physical & mental skills and is tailored towards juniors who are playing competitive tennis.

Schedule

Registration

Warm up

Technical Tennis Skills

On & off court fitness

Lunch

Tactical & mental tennis skills

Point & match play

Cool Down and Pick Up

Price: \$350 pp (tax incl.)

5 day per week for 10 weeks

National [11am – 2pm] / Provincial [1pm - 4pm]

PER WEEK. PAID WEEKLY.



Junior Membership

Juniors must be members if wishing to participate in our junior programs.

[REGISTER HERE](#)

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Phone: 647-802-0972

FALL PROGRAM

September 8 – October 4, 2026

Junior Fall Tennis Program

MONDAY – THURSDAY

This is an after-school program designed for Juniors 4 to 16 years of age. This program promises to improve athletic, coordination and tennis skills through drills and competitive play, while maintaining an emphasis on fun!

Schedule

4.30pm – 6.00pm

Warm up

Technical Tennis Skills

Tactical Tennis Skills

Tennis / Fun Games

Cool Down and Pick Up

This program runs for a 5-week period. The Fall program registration is open to all juniors.

Price: \$225 pp / incl. 1 day per week for 5 weeks (tax incl.)

(Additional days are optional at an additional cost)



Junior Membership

Juniors must be members if wishing to participate in our junior programs.

[REGISTER HERE](#)

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Junior Tennis Program

RATIOS AND LEVELS

Red Ball (Ages 4-7):

This level is played with low compression Red balls and mini nets. Students will be divided into 2 groups per court based on their skill level and age. The student to coach ratio is 4:1 or 6:1 based on the number of students that are in the class.

Orange Ball (Ages 7-10):

This level is played with low compression Orange balls on 3/4 quarter court. The student to coach ratio is 4:1 or 6:1 based on the number of students that are in the class. This level is for students who have a little bit of experience or too old for the tiny tots (red ball) level.

Green Dot Ball/ Real ball (Ages 10-16):

This level will be playing with green balls which is a lower compression ball for students to transition to the real ball on a full-sized court. Once students have a solid technical foundation and are able to rally consistently with the lower compression green balls they can transition to the real balls. The student to coach ratio is 4:1 or 6:1 based on the number of students that are in the class. This level is for the older students and players with some experience.

CANCELLATION POLICY

In the event of rain, all programs will be run in the clubhouse with off court tennis activities, fitness and fun games. Juniors can come to make up classes only with prior arrangement with the Club Pro.

REFUND POLICY

Advance notice of 10 days is required for any changes or cancellations to registrations. In the event of injury or medical emergency, refunds can be given at the discretion of the Club Pro. Please advise as soon as possible.



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