

Westbury World



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A Life Plan Community*



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The Faire at Canterbury

September 20 was a perfect day for The Faire at Canterbury. Residents, staff, family, and friends filled the Courtyard to enjoy browsing vendors' wares, and lively entertainment from the Celtic Rhythm School of Dance, Bearded Harmony Band, Tabernaculo Choir, Ravenwood Players, and the Winchester Pipes and Drums. Many tried their hand at archery, enjoyed horse-drawn carriage rides, and more. Pulled pork, mead, turkey legs, kettle corn, and honey cake were offered along with kielbasa, ice cream, and locally-grown juicy apples.

A heartfelt thank you to our sponsors—Warfel Construction, Clearstead, Summit Events, Bank of Clarke, CIC Interiors, Greenway Engineering, Hershey, Ravenwood Foundation, Spring Valley Farm Market, and Winchester Dental for making this event possible, and to the Faire planning committee and volunteers for bringing the Faire to life.



Photos by Bill Young

SVWC Purchases 88 Acres

On September 15, 2025, the SVWC Board of Trustees approved the purchase of 88 acres adjacent to the campus. M. A. Smith Family, LLC owns the property. The purchase approval followed a 90-day due diligence study period. The final closing date will be in October.

Purchasing this property is a great opportunity for SVWC. The Smith property shares a large, contiguous boundary with our campus. It is one of the last remaining vacant land parcels of any size in the City of Winchester and Frederick County. Purchasing the property was a strategic move to control the land surrounding our campus for the betterment of our residents. It will allow SVWC to expand our mission and perhaps diversify our business lines. It gives the community an opportunity to expand and increase revenues.

SVWC is currently developing a new strategic plan, and we will include this newly acquired land in our discussions as we plan for the future success of the community. This property could be transformational for our community. It is an opportunity that we simply could not pass up.

Jeannie Shiley



Photo by Bill Cook

Welcome to Our New Neighbor

Doug Smith moved into 1450 Bold Rock Drive, Apt. 201, from Lake Frederick, VA.



Blessing of the Animals
Thursday, October 2, 2:00 p.m.
The Abbey



Fall Fun Day

Chaplain's Message

In the Gospel According to Matthew, Jesus says, *"Do not worry about your life, what you will eat or drink; or about your body, what you will wear... Can any one of you by worrying add a single hour to your life?"*



These words bring to mind a prayer that is familiar to many, the Serenity Prayer – a prayer asking for wisdom to understand the difference between circumstances that *can* be changed and circumstances that *cannot* be changed, and asking for courage to take action in the case of the former and serenity to accept in the case of the latter. The prayer is often attributed to American theologian Reinhold Niebuhr (1892 – 1971), although there is some question as to its actual origins.

Regardless, the prayer has achieved wide distribution, used by many church groups starting in the 1930s, and adopted by groups like Alcoholics Anonymous and other 12-step organizations since 1941.

Since the early 1960s, the poem has even been co-opted by commercial enterprises like Hallmark who have used the prayer in greeting cards and on gift items.

As we travel through difficult times, may the words of this prayer offer you guidance and a sense of peace:

***God, grant me the serenity
to accept the things I cannot change,
the courage to change the things I can,
and the wisdom to know the difference.***

Bill Everhart

Mission Statement

Shenandoah Valley Westminster-Canterbury is a not-for-profit, intimate, church-related continuing care retirement community that is committed to enabling residents to use their gifts fully, live their lives richly, and enjoy with dignity the years God has given them.

Thursday Night Programs

The programs are held in the Apple Blossom Room on the third floor of Wappacomo Hall at 7:30 p.m.

October 2: "The World of Painting"

Presented by Ron Hamme

October 9: "Pawpaw Trees at Blandy Farm"

Presented by Jack Mondstad

October 16: "Scuba Diving Indonesia and Istanbul" Presented by George Magurn

October 23: "Water Issues, Hydrology"

Presented by Mike Focazio

October 30: "SVWC Fiber Folks"

Presented by SVWC Members

All programs are broadcast live
on Channel 970



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Kids' Day

In recognition of Grandparent's Day, the Mother Nature's Team planned a Kid's Day at SVWC on September 6. Grandchildren and great-grandchildren of residents and the kids and grandchildren of staff, enjoyed an activity-filled day. The kids were treated to a bird walk, board games, putting, and a swim in the pool among other activities. A special kid-friendly lunch was served at noon by the Dining staff. Surely all those children slept well that night!





Library Acquisitions New in October

Fiction

The List (LP)	Steve Berry
Mrs. Endicott's Splendid Adventure	Rhys Bowen
Six Weeks by the Sea	Paula Byrne
Something to Look Forward To (LP)*	Fannie Flagg
Robert Ludlum's The Bourne Escape	Brian Freeman
Kiss Her Goodbye (LP)	Lisa Gardner
Culpability	Bruce Holsinger
Fonseca	Jessica Francis Kane
I See You've Called in Dead	John Kenney
She Didn't See It Coming (LP)*	Shari Lapena
You Belong Here	Megan Miranda
Mrs. Plansky Goes Rogue	Spencer Quinn
The Art of a Lie	Laura Shepherd Robinson
Finding Grace	Loretta Rothschild
We Are All Guilty Here (LP)	Karin Slaughter
For Richer For Poorer	Danielle Steel
The Witch's Orchard	Archer Sullivan
Under the Stars (LP)	Beatriz Williams

Non-Fiction

The British Are Coming (Lexington to Princeton)	Rick Atkinson
The Fate of the Day (Fort Ticonderoga to Charleston)	Rick Atkinson

*A Copy in Wappacomo Library



Lifelong Learning

SVWC Lifelong Learning will host sessions every Monday in October starting at 2:00 p.m. and ending at approximately 3:00 p.m. in the Abbey.

The session on **October 6**, is called "**Cryptocurrencies – Update, Projections, Markets, Regulations.**" Traditionally, people have exchanged goods, then gold, then currency when buying or selling things. Banks safeguarded our currency assets for us. The internet allows transactions to occur digitally, without the exchange of physical currency. "Cryptocurrency" can be created, stored, and exchanged without government or bank controls. Is it safe?

The session on **October 13**, addresses the "**History of Vaccines.**" For centuries, humans have sought to protect themselves and others from diseases. Technologies and scientific tests have improved the methods over the years, and many deadly diseases now can be totally eradicated with universal vaccine use. How should public health authorities balance this public good with individual freedom and liberty to accept or decline participation?

On **October 20**, Dr. Roy Schwarz presents a paper he prepared for the Torch Club, "**Globalization of Science.**" In 2024 the world spent \$2.5 trillion on scientific research. The US share of this was \$1 trillion or 3.5% of our GDP. Scientific advances improve lives and simultaneously create new problems. This paper will discuss whether new science is worth the cost.

On **October 27**, Peggy Miller returns to Lifelong Learning to present "**The Science of Cyclical Glaciation.**" She plans to address advancing and receding glaciation periods, and related ocean levels as they impact human migration over many centuries.

Residents, future residents, staff, and guests are always welcome to attend. Please join us Mondays at 2:00 in the Abbey.

Bob Bolan, Roy Schwarz, and Peggy Miller

From the Archives

The dedication of the putting green 25 years ago, as reported in the *Westbury World* for October, 2000:

Putting Green Dedicated

The SVWC putting green was dedicated in early September when Lewis Hyde, its donor, returned from Maine.

Joan Butler, president of the Residents Association, introduced Bill Jones who presented Hyde with a concrete core from one of the holes on a mounted plaque that read, "Thank You, Lewis Hyde, for the Hyde Park and Putting Green. SVWC Residents, August, 2000."

Bill acknowledged contributors to the project: Andy Keeler donated the use of his Bobcat, dump truck and laser leveler; Brad Fout donated use of his concrete finishing equipment; and the Residents Woodworking Shop designed and manufactured the rack to store putters and balls on site. After Lewis's honorary "first putt," many attendees joined him on the green. All applauded Sue Jones as she sank three long aces, and retired, to preserve her "Tigress" reputation.



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The 25th anniversary of laying the Lawrence Hall cornerstone, as reported in the Westbury World for October, 2010, by Edward Ryder:

Twenty-Fifth Anniversary Of Cornerstone Laying

October 13 will mark the 25th anniversary of the laying of the cornerstone of Lawrence Hall, named for the family that donated the land on which this community was built. Immediately following the ceremony, a reception was hosted at "Courtfield," the home of Senator and Mrs. Byrd.



Another Bistro Concert Featuring Robbie Limon

Robbie Limon returns to play the Bistro Concert on Friday, October 17. This will be his 14th Bistro Concert performance, his first being in 2009.

Bob Sherwood likes to boast that he helped Robbie build his early career and has since worked with Robbie for almost 20 years.

Robbie is a near-legend in the valley. People say, "Once you hear him, you'll want to hear him again." He plays the hit songs of the Sixties and Seventies - and his performance never varies.

Bob recently asked Robbie: "Aren't you getting bored after all these years? Why play the same thing over and over?" Robbie's simple reply: "Because they're such great songs."

If you have ever heard him, you know Robbie is right. However, if you have never heard him, don't miss out this time. Plan to attend. Although I have never previously had the privilege of hearing him, his reputation makes me eager to do so.

He has a large following, so he will likely draw another big audience. Last time he performed at the Bistro, more than 200 attended. Come early. Don't miss out.

The performance begins at 7:30 p.m. Admission is \$10 (cash only) at the door. The concert series is sponsored by Atlantic Union Bank.

Charlene G. Shipp



Board Member Susan Kagey & COO Tim Tivvis Get Acquainted



Assisted Living Week - Shirley's New Friend



Lawrence Gallery Reception - Art Committee Chair Loretta Johnston Being Honored



Photo Lauraine Landolt

Assisted Living Week - Monna's Bouquet



Assisted Living Week - Geology Walk



Photo by Bill Young

Residents and friends gathered in the Greenhouse on September 24 for the unveiling of the new name for the Greenhouse, Baxter Bowling Greenhouse, in memory of Frank Baxter and in honor of Skip Bowling.

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