

SUN	MON	TUE	WED	THUR	FRI	SAT
Pet of the Month "Raven" Owned by Jack & Carol Carroll		Active Aging Week October 13-17 Watch for the separate calendar with all the details!	9:30 COFFEE WITH ADMIN (Abbey & TV- 970) 1 11:00 Life's Care Partner: A Supportive Hand (Act Rm) 11:00 Living with Cognitive Loss Group (PDR) 1:00 Trip: Aldi's (L) 1:30 Chess (C)	10:00 Art Class: Collage & Decoupage (Studio) 2 10:00 Trip: Apple Blossom Mall (L) 10:30 Episcopal Communion (CH) 2:00 Blessing of the Animals (TA) 5:15 Trip: Kennedy Center "The Sound of Music" (L) 7:30 Thursday Night Resident's Program: Painting with Ron Hamme (ABR)	11:00 Resale Shop is Open! (1st FL Shenandoah Hall) 3 2:00 Art Class: Open Studio with Instructor \$ (Art Studio) 4:00 Happy Hour (C)	4
8:50 Church Bus to Sacred Heart (L) 5 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 1:45 Trip: SU for World of Piano Concert (L) 4:00 Worship Service & Communion (Chapel, TV 970)	9:00 Early Voting - County Residents (L) 6 10:00 Open Studio-No Instructor (Art Studio) 12:30 Fiber Folks (C) 2:00 Early Voting - City Residents (L) 2:00 Lifelong Learning (TA) 3:35 Westbury Choristers Rehearsal (CH) 6:15 Canasta (C)	10:00 Art Class: Intro to Acrylic Painting (Studio) 7 11:00 Living Well with Parkinson's (Activities Room) 2:00 Bridge (C) 7:00 Bob's Sing Along (Tav)	9:30 COFFEE WITH ADMIN (ABR & TV- 970) 8 10:15 Discussing Dementia (Abbey/Channel 970) 11:00 Grief Support Group (PDR) 11:30 Trip: Costco (L) 1:30 Chess (C) 2:30 Beltone Hearing (Clinic) 3:00 Poetry & Prose (VCMR)	10:00 Art Class: Collage & Decoupage (Studio) 9 10:00 Optical Services (C) 11:00 Lunch: Magnolia's at the Mill, Purcellville, VA (L) 7:30 Thursday Night Resident's Program: Pawpaw Trees at Blandy Farms with Jack Monstad (ABR)	1:00 "Wine-Down" Winery Tour & Tasting: Creek's Edge Winery, Lovettsville, VA (L) 10 2:00 Art Class: Open Studio with Instructor \$ (Art Studio)	7:00 Second Saturday Dance Party (Aerobics Room) 11
8:50 Church Bus to Sacred Heart (L) 12 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 2:00 Mennonite Singers (CH) 2:00 Phi Mu Alpha Fraternity of Shenandoah University will perform in the Bistro 4:00 Worship Service (Chapel, TV 970)	9:00 Early Voting - County Residents (L) 13 10:00 Residents' Association Meeting (Abbey & TV 970) 10:00 Open Studio-No Instructor (Art Studio) 12:30 AA: Parade (L) 12:30 Fiber Folks (C) 2:00 Early Voting - City Residents (L) 2:00 Lifelong Learning (TA) 3:35 Westbury Choristers Rehearsal (CH) 6:15 Canasta (C) 7:30 AA: Movie on the Big Screen "The Thursday Murder Club" (TA) 7:30 Rick Kinsey's Radio Program: Suspense, Witches Tale plus John Wayne (ABR & TV 970)	10:00 Art Class: Intro to Acrylic Painting (Studio) 14 1:30 AA: Archery at GT's Archery (L) 2:00 Bridge (C) 3:00 Greenhouse Gathering (Greenhouse) 7:00 Bob's Sing Along (Tav)	9:30 COFFEE WITH ADMIN (Abbey & TV- 970) 15 10:15 My Life/My Community Lecture Series (Abbey/Channel 970) 11:00 Living with Cognitive Loss Group (PDR) 1:30 Chess (C) 6:30 AA: Line Dancing at Touch of Texas (L)	10:00 Art Class: Collage & Decoupage (Studio) 16 11:00 SPCA Kitten Corner (Laurel) 1:30 AA: Bowling at Northside Lanes (L) 5:15 Trip: Cirque du Soleil (L) 7:30 Thursday Night Resident's Program: Scuba Diving Indonesia, Istanbul with George Magurn (ABR)	10:30 AA: Donut Bingo & Games (TA) 17 11:00 Resale Shop is Open! (1st FL Shenandoah Hall) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio) 7:30 Bistro Concert: ROBBIE LIMON (Bistro)	18

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Independent Living

Laura Hager & Valerie Gearhart, Resident Concierge 540-535-1531

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8:50 Church Bus to Sacred Heart (L) 19 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service (Chapel, TV 970)	10:00 Open Studio-No Instructor (Art Studio) 20 12:30 Fiber Folks (C) 2:00 Lifelong Learning (TA) 6:15 Canasta (C)	10:00 Art Class: Intro to Acrylic Painting (Studio) 21 10:30 Lenten Book Study (CH) 11:00 Living Well with Parkinson's (Activities Room) 1:00 Low Vision Group Meeting (Activities Room) 2:00 Bridge (C) 3:00 Mystique Group (CantCafe) 7:00 Bob's Sing Along (Tav)	9:30 COFFEE WITH ADMIN (Abbey & TV- 970) 22 10:15 Timely Transitions Lecture Series (Abbey/Channel 970) 11:00 Grief Support Group (PDR) 1:30 Chess (C)	10:00 Art Class: Collage & Decoupage (Studio) 23 11:30 Trip: Potomac Eagle Train Ride (L) 7:30 Thursday Night Resident's Program: Water Issues, Hydrology with Mike Focazio (ABR)	2:00 Art Class: Open Studio with Instructor \$ (Art Studio) 24 6:00 No Tricks, Just Treats Costume Parade! (SVWC)	25
8:50 Church Bus to Sacred Heart (L) 26 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service (Chapel, TV 970)	10:00 Open Studio-No Instructor (Art Studio) 27 12:30 Fiber Folks (C) 2:00 Lifelong Learning (TA) 3:35 Westbury Choristers Rehearsal (CH) 6:15 Canasta (C)	10:00 Art Class: Intro to Acrylic Painting (Studio) 28 10:30 Lenten Book Study (CH) 2:00 Bridge (C) 3:00 Greenhouse Gathering (Greenhouse) 3:00 Music by Lyle & Rev. Bill (ABR) 7:00 Bob's Sing Along (Tav)	9:30 COFFEE WITH ADMIN (Abbey & TV- 970) 29 1:30 Chess (C)	10:00 Art Class: Collage & Decoupage (Studio) 30 10:00 Trip: Skyline Drive & Lunch at Skyland Restaurant (L) 7:30 Thursday Night Resident's Program: SVWC Fiber Folks with SVWC Members (ABR)	Halloween 31 2:00 Art Class: Open Studio with Instructor \$ (Art Studio)	LOCATION KEY TA - Abbey ABR - Apple Blossom Rm Bistro - Bistro CantCafe - Canterbury Cafe CH - Chapel C - Commons L - Lobby PDR - Private Dining Rm Tav - Tavern VCMR - Vitality Center Meeting Room

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