

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY TA - Abbey ABR - Apple Blossom Rm Bistro - Bistro CantCafe - Canterbury Cafe CH - Chapel C - Commons L - Lobby PDR - Private Dining Rm Tav - Tavern VCMR - Vitality Center Meeting Room						1
Daylight Savings Time Ends 8:50 Church Bus to Sacred Heart (L) 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service & Communion (Chapel, TV 970)	10:00 Art Open Studio-No Instructor (Art Studio) 12:30 Fiber Folks (C) 2:00 Lifelong Learning (TA) 3:45 Westbury Choristers Rehearsal (CH) 6:15 Canasta (C)	10:00 Art Class: Intro to Acrylic Painting \$ (Studio) 10:30 Book Study: The Journey: Walking the Road to Bethlehem (CH) 10:30 Voting-City (L) 11:00 Living Well with Parkinson's (Activities Room) 1:30 Voting-County (L) 2:00 Bridge (C) 7:00 Bob's Sing Along (Tav)	9:30 COFFEE WITH ADMIN (Abbey & TV- 970) 11:00 Life's Care Partner: A Supportive Hand (Act Rm) 11:00 Living with Cognitive Loss Group (PDR) 1:00 Trip: Aldi's (L) 1:30 Chess (C)	9:00 Trip: Two Days to Lancaster, PA (L) 10:00 Art Class: Collage & Decoupage \$ (Studio) 10:00 Trip: Apple Blossom Mall (L) 10:30 Episcopal Communion (CH) 11:00 SPCA Kitten Corner (Laurel) 7:30 Thursday Night Resident's Program: Adriatic Treasures with Ray Leonard (ABR)	11:00 Resale Shop is Open! (1st FL Shenandoah Hall) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio) 4:00 Happy Hour (C)	4:00 Lawrence Gallery Art Opening & Reception (Lobby & ELC) 7:00 Second Saturday Dance Party (Aerobics Room)
8:50 Church Bus to Sacred Heart (L) 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:00 Trip: Over the Mountain Studio Tour (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service (Chapel, TV 970)	9:30 Noonday Collection Pop-Up Shop (C) 10:00 Residents' Association Meeting (Abbey & TV 970) 10:00 Art Open Studio-No Instructor (Art Studio) 12:30 Fiber Folks (C) 2:00 Lifelong Learning (TA) 3:45 Westbury Choristers Rehearsal (CH) 6:15 Canasta (C) 7:30 Rick Kinsey's Radio Program: Stan Freburg, You Bet Your Life plus John Wayne (ABR & TV 970)	Veterans Day 10:00 Art Class: Polymer Clay Faux Candle Holders \$ (Studio) 10:30 Book Study: The Journey: Walking the Road to Bethlehem (CH) 11:30 Veteran's Luncheon (TA) 2:00 Bridge (C) 3:00 Greenhouse Gathering (Greenhouse) 7:00 Bob's Sing Along (Tav)	9:30 COFFEE WITH ADMIN (Abbey & TV- 970) 10:15 Discussing Dementia (Abbey/Channel 970) 11:00 Grief Support Group (ELC) 11:30 Trip: Costco (L) 1:30 Chess (C) 2:30 Beltone Hearing (Clinic) 2:30 Poetry & Prose (VCMR)	10:00 Optical Services (C) 10:00 Trip: Green Valley Book Fair & Bucc-ee's (L) 11:30 Fashion Show (TA) 7:30 Thursday Night Resident's Program: Winchester Area Temporary Shelters (WATTS) with Robyn Miller (ABR)	10:00 Art Bazaar (TA) 1:00 "Wine-Down" Winery Tour & Tasting: Briede Family Vineyards (L)	

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Independent Living

Laura Hager & Valerie Gearhart, Resident Concierge 540-535-1531

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8:50 Church Bus to Sacred Heart (L) 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service (Chapel, TV 970)	10:00 Art Open Studio-No Instructor (Art Studio) 12:30 Fiber Folks (C) 2:00 Lifelong Learning (TA) 3:45 Westbury Choristers Rehearsal (CH) 6:15 Canasta (C) 7:30 Movie on the Big Screen: "Nonnas" (TA)	10:00 Art Class: Embossed Holiday Cards Pt. 1 \$ (Studio) 10:30 Book Study: The Journey: Walking the Road to Bethlehem (CH) 11:00 Living Well with Parkinson's (Activities Room) 1:00 Low Vision Support Meeting (Activities Room) 2:00 Bridge (C) 3:00 Gentlemen's Group with Jeannie (TA) 7:00 Bob's Sing Along (Tav)	9:00 Resale Shop Christmas Sale (ABR) 9:30 COFFEE WITH ADMIN (Abbey & TV- 970) 10:15 My Life/My Community Lecture Series (Abbey/Channel 970) 11:00 Living with Cognitive Loss Group (PDR) 1:30 Chess (C) 3:00 Ladies Group with Jeannie (TA)	10:00 Art Class: Embossed Holiday Cards Pt. 2 \$ (Studio) 10:30 Episcopal Communion (CH) 11:00 Lunch: Bavarian Inn (L) 7:30 Thursday Night Resident's Program: "My Life as a Turkey" Presented by Joe Hutto, PBS DVD (ABR)	11:30 Pizza Bingo (TA) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio) 7:30 Bistro Concert: CALEB NEI JAZZ ENSEMBLE (Bistro)	2:00 Art Class: Gratitude Paint'n'Sip \$ (Studio) 6:15 Trip: Arts Chorale Performance (L)
8:50 Church Bus to Sacred Heart (L) 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service (Chapel, TV 970)	10:00 Art Open Studio-No Instructor (Art Studio) 12:30 Fiber Folks (C) 2:00 Lifelong Learning (TA) 3:00 Steve Kakacek Clarinet Performance (ABR) 3:45 Westbury Choristers Rehearsal (CH) 6:15 Canasta (C) 7:30 Potomac Valley Chorus Performance (TA)	10:00 Art Class: Workshop (Studio) 2:00 Bridge (C) 3:00 Greenhouse Gathering (Greenhouse) 3:00 Music by Lyle & Rev. Bill (ABR) 3:00 Mystique Group (CantCafe) 7:00 Bob's Sing Along (Tav)	9:30 COFFEE WITH ADMIN (Abbey & TV- 970) 10:15 Timely Transitions Lecture Series (Abbey/Channel 970) 11:00 Grief Support Group (PDR) 1:30 Chess (C)	Thanksgiving		
8:50 Church Bus to Sacred Heart (L) 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service (Chapel, TV 970)					Pet of the Month "Charlie" Owned by Walt & Courtenay Mullen	

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