

| | | BREAKFAST | <u></u> | |
|--|-----------------------------------|---|---|--|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 29 | 30 | 01 | 02 | 0 |
| | | Grilled Ham & | WG | Cereal Bowl |
| | | Cheese Sandwich | Pancakes | WG Cracker |
| 06 | 07 | 00 | 00 | 44 |
| 06 | 07 | 08 | 09 | 10 |
| 13 | 14 | all Brea | 16 | 1' |
| 13] | 14 | | | |
| | | | 10 | • |
| Breakfast | French | Pork Link | Cheese | Grilled Ham & |
| Breakfast Burrito | French Toast | | | Grilled Ham & |
| , and the second | | Pork Link Sausage | Cheese Breadstick | Grilled Ham & |
| · · | | Pork Link Sausage | Cheese Breadstick w/ marinara | Grilled Ham & Cheese Sandwich |
| Burrito 20 Pancake & Turkey | Toast 21 Cereal Bowl | Pork Link Sausage Brown Rice 22 Pizza | Cheese Breadstick w/ marinara sauce | Grilled Ham & Cheese Sandwich 24 Turkey Bacon |
| Burrito | Toast 21 | Pork Link Sausage Brown Rice 22 | Cheese Breadstick w/ marinara sauce 23 | Grilled Ham & Cheese Sandwich 24 Turkey Bacon Scramble Eggs |
| Burrito 20 Pancake & Turkey | Toast 21 Cereal Bowl | Pork Link Sausage Brown Rice 22 Pizza | Cheese Breadstick w/ marinara sauce 23 | Grilled Ham & Cheese Sandwich 2 Turkey Bacon |
| Burrito 20 Pancake & Turkey | Toast 21 Cereal Bowl | Pork Link Sausage Brown Rice 22 Pizza | Cheese Breadstick w/ marinara sauce 23 | Grilled Ham & Cheese Sandwich 24 Turkey Bacon Scramble Eggs Brown Rice |
| Burrito 20 Pancake & Turkey Breakfast Stick | Toast 21 Cereal Bowl WG Cracker | Pork Link Sausage Brown Rice 22 Pizza Stick | Cheese Breadstick w/ marinara sauce 23 French Toast | Grilled Ham & Cheese Sandwich 24 Turkey Bacon Scramble Eggs |
| Burrito 20 Pancake & Turkey Breakfast Stick 27 | Toast 21 Cereal Bowl WG Cracker | Pork Link Sausage Brown Rice 22 Pizza Stick | Cheese Breadstick w/ marinara sauce 23 French Toast | Grilled Ham & Cheese Sandwich 20 Turkey Bacon Scramble Eggs Brown Rice |

All-You-Can-Eat Fruit Bar. All Breakfast Meals must include at least ½ c fruit Choice of 1/2 pint: Unflavored 1% or Fat Free Chocolate Milk (Menu Subject to Change)

This institution is an equal opportunity provider



| | | | | Note that the same of the same |
|-----------------------------------|---|--|------------------------------------|--|
| | | LUNCH | | |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 29 | 30 | 01 | 02 | 0 |
| | | Cheese Quesadilla National Vegetarian Day | Baked Chicken Brown Rice | Spanish Macaroni WG Dinner Roll |
| 06 | 07 | 08 | 09 | 1 |
| | F | all Breal | k | |
| 13 | | | | 1 |
| 13 | | all Breal | k 16 | 1 |
| 13 BBQ Rib | | | | 1 Spaghetti w/ |
| | 14 Chicken Patty w/gravy | Cheese Pizza | 16 | Spaghetti w/ Meat Sauce |
| BBQ Rib | Chicken Patty w/gravy Mashed Potato | 15 Cheese | 16 WG Chicken | Spaghetti w/ |
| BBQ Rib Sandwich Tater Tots | Chicken Patty W/gravy Mashed Potato WG Dinner Roll | Cheese Pizza | 16 WG Chicken | Spaghetti w/ Meat Sauce |
| BBQ Rib Sandwich | Chicken Patty w/gravy Mashed Potato | Cheese Pizza National Pizza | 16 WG Chicken | Spaghetti w/ Meat Sauce National Pasta Day |
| BBQ Rib Sandwich Tater Tots | Chicken Patty W/gravy Mashed Potato WG Dinner Roll | Cheese Pizza National Pizza Month | 16 WG Chicken Corndog | Spaghetti w/ Meat Sauce National Pasta |

27 28 Chicken Nuggets Penne Alfredo Pepperoni Brown Rice Pizza Pasta

Fruit Slushy

Pork Guisantes Brown Rice

30

29

Meatball Sub Sandwich Tater Tots

31

All-You-Can-Eat Fruit and Vegetable Salad Bar Included. All Lunch Meals must include at least ½ c fruit and/or vegetable All Lunch Meals include choice of ½ Pint of 1% or Fat Free Chocolate Milk.

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