

BREAKFAST				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	01	02
05	06	07	08	09
12 Cereal Bowl WG Cracker	13 Pancake Bites	14 Breakfast Burrito	15 French Toast Sticks	16 Portuguese Sausage Scrambled Egg Brown Rice
19 Martin Luther King Jr. Day	20 French Toast Sticks	21 Pancake & Turkey Breakfast Stick	22 Breakfast Scramble Brown Rice	23 Turkey Melt
26 Pizza Stick	27 Pork Link Sausage Scrambled Egg Brown Rice	28 WG Pancake	29 Grilled Ham & Cheese Sandwich	30 Cheese Breadstick w/ marinara

All-You-Can-Eat Fruit Bar Included. All Breakfast Meals must include at least ½ c fruit
Choice of 1/2 pint: Unflavored 1% or Fat Free Chocolate Milk (Menu Subject to Change)

This institution is an equal opportunity provider

LUNCH				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	01	02
05	06	07	08	09
12 WG Chicken Corndog	13 Salisbury Steak w/Gravy Brown Rice	14 Cheese Nachos	15 Fish Burger Fruit Slushy	16 Chili w/Beans Brown Rice
19 Martin Luther King JR. Day	20 Rotini Pasta w/ Meat Sauce	21 Grilled Cheese Sandwich	22 Chicken Longrice Brown Rice	23 Beef & Cheese Burrito
26 Hotdog in Bun Smiley Fries	27 Beef Taco Rice	28 Cheese Pizza	29 Spanish Macaroni	30 Chicken Sandwich Tater Tots

All-You-Can-Eat Fruit and Vegetable Salad Bar Included. All Lunch Meals must include at least ½ c fruit and/or vegetable
 All Lunch Meals include choice of ½ Pint of 1% or Fat Free Chocolate Milk
 Menu Subject to Change

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