



September



Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
31 French Toast Sticks	1 Pork Link Sausage Scrambled Egg Brown Rice	2 Pizza Stick	3 Pancake & Turkey Breakfast Stick	4 Cereal Bowl WG Cracker
7 HOLIDAY	8 Cheese Breadstick w/marinara Sauce	9 Breakfast Sandwich w/Pork Patty	10 Turkey Melt Sandwich	11 French Toast Sticks
14 WG Pancake	15 Pizza Stick	16 Cereal Bowl WG Cracker	17 Portuguese Sausage Scrambled Egg Brown Rice	18 Breakfast Sandwich w/Pork Patty
21 Turkey Melt Sandwich	22 Portuguese Sausage Scrambled Egg Brown Rice	23 Cheese Breadstick w/marinara Sauce	24 Cereal Bowl WG Cracker	25 Pancake Bites
28 Pizza Stick	29 Cereal Bowl WG Cracker	30 Pancake Bites		

All-You-Can-Eat Fruit Bar Included. All Breakfast Meals must include at least ½ c fruit

Choice of 1/2 pint unflavored 1% or Fat Free Chocolate Milk

This institution is an equal opportunity provider

Menu subject to change



September



Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
31 Chicken Nuggets Brown Rice	1 Pepperoni Pizza	2 Penne Alfredo Pasta	3 Fish Burger Fruit Slushie	4 Shoyu Chicken Brown Rice
7 HOLIDAY	8 Chicken Bites Brown Rice	9 Macaroni & Cheese	10 Cheeseburger Thin Cut Fries	11 Beef Soft Taco
14 Chicken Tenders Brown Rice	15 Meatball Sub Sandwich Tater Tots	16 Cheese Nachos	17 Chicken Patty w/Gravy Brown Rice	18 Spaghetti w/Meat Sauce
21 Beef & Cheese Burrito	22 Fish Nuggets Brown Rice Fruit Slushie	23 Grilled Cheese Sandwich	24 Rotini Pasta w/Meat Sauce	25 Chicken Sandwich Thin Cut Fries
28 Hotdog in Bun Smiley Fries	29 Beef Taco Rice	30 Cheese Pizza		

All-You-Can-Eat Fruit and Vegetable Bar. All Meals must include at least ½ c fruit and/or vegetable
 All Meals include choice of ½ Pint of Unflavored 1% or Fat Free Chocolate Milk

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