WEEKLY LUNCH MENU WEEK One

Wyke 6TH FORM COLLEGE

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	**Pepperoni & Vegetable pasta pot** ● ● G, So, Mu **Chilli Beef Crunch Wrap** ● ● G, M **Chicken Tenders with Salt & PepperFries** ● ● G	**Chicken Katsu and egg fried rice pot** ● ● ● G, So, E **BBQ chicken Wrap** ● G, So, C **Loaded Fries or Wedges** ● ● G, M, E	**Beef Ramen with Egg Noodles** ● ● ● G, E, So **Mini Mac slider** ● G, C, Mu, Su, M, E **Chicken Tenders with Salt & Pepper Fries** ● G	**Lemon & Chicken Rice pot** ● ● ● M, Se **Lemon & Herb chicken Wrap** ● ● ● G, Mu, E **Loaded Fries or Wedges** ● ● G, M, E	**Pork meat balls pasta pot** ● G, E **Bang Bang Chicken Wrap** ● G, So **Chicken Tenders with Salt & Pepper Fries** ● G
Side	**Garlic Bread** ● ● G, M, So **Coleslaw** ● ● E	**Garlic Bread** ● ● G, M, So **Coleslaw** ● ● E	**Garlic Bread** ● ● G, M, So **Coleslaw** ● ● E	**Garlic Bread** ● ● G, M, So **Coleslaw** ● ● E	**Garlic Bread** ● ● G, M, So **Coleslaw** ● ● E
Pizza	**Buffalo Chicken** ● ● G, M, E **Pepperoni** ● G, M, So, Mu **Margherita** ● ● ● G, M	**Buffalo Chicken** ● ● G, M, E **Pepperoni** ● G, M, So, Mu **Margherita** ● ● ● G, M	**Buffalo Chicken** ● ● G, M, E **Pepperoni** ● G, M, So, Mu **Margherita** ● ● ● G, M	**Buffalo Chicken** ● ● G, M, E **Pepperoni** ● G, M, So, Mu **Margherita** ● ● ● G, M	**Buffalo Chicken** ● ● G, M, E **Pepperoni** ● G, M, So, Mu **Margherita** ● ● ● G, M
Side	**Onion Rings** ● ● G **Coleslaw** ● ● E	**Onion Rings** ● ● G **Coleslaw** ● ● E	**Onion Rings** ● ● G **Coleslaw** ● ● E	**Onion Rings** ● ● G **Coleslaw** ● ● E	**Onion Rings** ● ● G **Coleslaw** ● ● E
Concept	**Rice Noodles Stir fry vegetables with maple and sweet chilli chicken** ● ● G, So, Se **Egg Fried rice Stir fried vegetables Sticky Soy pork belly** G, So, Se	**Ham & Cheese Wheelbarrow croissant** ● G, M, So **Cheese & Onion Wheelbarrow croissant** ● ● G, M, So	**Chicken tikka served with Pilau Rice** ● ● G, M **Chana Masala served with Pilau Rice served on a Chapati** ● ● ● ● M	**Normal or Sweet mash potato served under either Cumberland or vegan sausages with gravy** ● ● G, M, Su	**Battered Sausage and Chips** ● ● G, M, Su **Battered pollock and chips** ● ● G, M, F
Side	**Asian salad** ● ● Su **Mini vegetable spring rolls** ● ● G, So	**Mixed leaf salad** ● ● ● No Allergens **Pea, Mint & Bean Salad** ● ● ● No Allergens **Coleslaw** ● ● ● E	**Vegetable samosa** ● ● G **Poppadum** ● ● ● No Allergens **Onion bhaji** ● ● ● No Allergens	**Yorkshire pudding** ● ● G, E, M	**Pickled Onion** ● ● G, Su **Crushed Minted Peas** ● ● ● M **Chip shop scraps** ● G, M
Side	**Biscoff banana K dog** ● G, M, So	**Chocolate Mousse with flake** ● M	**Garlic & Coriander naan** ● G **Saag aloo** ● G, M, So	**Apple Crumble & Custard Pot** ● ● G, M	**Bread cake** ● ● G, M

KEY

● Available as Gluten Free - ● Hallal - ● Vegan - ● Vegetarian

G-Gluten - **M**-Milk - **E**-Eggs - **Mu**-Mustard - **C**-Celery - **F**-Fish - **Cr**-Crustaceans - **L**-Lupin - **Mo**-Mollusca - **N**-Nuts - **Se**-Sessame - **So**-Soya - **Su**-Sulphates - **P**-Peanuts