



Welcome to the January 2026 Newsletter. The goal of this newsletter is to provide families monthly updates about upcoming trainings, events, and/or groups in their area that they can take part in. If you have an event you would like added in the future please reach out to Melissa Rookman, Community Schools Coordinator at mrookman@boces.com or 315-777-9797 option 3.

In this newsletter you will find (click the blue links if viewing this virtually to go directly to that area):

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Parent Information/Trainings/Groups

Food Support Resources

Do you or someone you know need help with securing food for yourself or your family? Lewis County has many resources available to help those in need.

- Many communities have local food pantries. Some have income requirements and others do not. But all can usually supply a family with emergency food regardless of income. Contact your local pantry to learn more.
- The Food \$en\$e program is open to anyone and helps lower the cost of some food staple items and has multiple pick up locations.
- A few churches offer local meals open to all in the community.
- The Department of Services can help you apply for Supplemental Nutrition Assistance Program (SNAP). Currently funding may or may not be available but they can help you apply for when it is available.

To learn more about many of these resources go to <https://www.nnycs.org/services> click on your county and the "Food" option.

Warming Center

November 1, 2025 - April 30, 2025 - 7:00pm - 7:00am
5499 Jackson Street Lowville NY

"Anyone needing a warm place to stay is welcome to stay. Use the entrance on the right of the building."

Student Involvement in the IEP for Families

January 22, 2026 5:00pm - 7:00pm
Zoom

"Learn about involving your student in their IEP Process."

<https://zoom.us/meeting/register/VII4pdnPQDeitMPtLGrMSA#/registration>



New York State Assessment (NYSAA): Essential Information for Families of Students with Disabilities

January 29, 2026 5:00pm
Zoom

"Learn about the New York State Alternative Assessment (NYSAA) and what it may mean for your student."

https://zoom.us/meeting/register/OrftqSi1Spuu0wgKHA_2JA#/registration



Whole Family Events

Skating Rink - open Skating

Various Times From December 6, 2025 - March 15, 2026
Lowville Fairgrounds - Lowville NY

Open Skating Available (Subject to weather/travel conditions, etc)

Day of the Week	Regular Hours	School Vacation/Holiday Hours
Monday	1:00pm - 5:00pm	12:00pm - 5:00pm
Tuesday	1:00pm - 5:00pm	12:00pm - 5:00pm
Wednesday	1:00pm - 7:00pm	12:00pm - 7:00pm
Thursday	1:00pm - 5:00pm	12:00pm - 5:00pm
Friday	1:00pm - 9:00pm	12:00pm - 9:00pm
Saturday	1:00pm - 9:00pm	
Sunday	12:00pm - 6:00pm	

<https://linkinglewiscounty.com/202512/Lowville-Recreation-Board-Announces-December-6th-Opening-Planned-for-2025-26-Winter-Skating-Program-120125.html>

Lego Clubs

Dates and Locations Vary see below

January 6, 2026 - 4:30pm - Lowville Free Library - Lowville NY - All youth ages 2 and up are welcome!

- <https://www.facebook.com/share/182nNCvrLs/>

January 30, 2026 - 3:30pm - 5:30 - William H. Bush Memorial Library - Williamsburg NY - All youth ages 2 and up are welcome!

- <https://www.facebook.com/share/17WVaAb8hX/>

January 21, 2026 - 5:00pm - 7:00pm - Lyons Falls Library - Lyons Falls NY - All youth ages 2 and up are welcome!

- <https://www.facebook.com/share/17WVaAb8hX/>



Knit Together

January 8, 2026 - 6:00pm - 8:00pm
Lowville Free Library - Lowville NY

"Join Kim Watkins for an informal knit and crochet (or other handwork!) group. All abilities welcome! "

<https://www.facebook.com/share/17fGogenbC/>

Winona Winter Family Fun Day

January 10, 2026 - 1:00pm - 4:00pm
Winona Winter Family Fun Day - Lorraine NY

"Looking for something to do with the kids after the holidays? Come out and join us for our second Winona Winter Family Fun Day! Free to WFRA members with a family membership or above, it will be a fun afternoon with crafts, snacks, and outside time in the snow. There will even be sled dogs again! Limited to 50 participants"

<https://www.facebook.com/share/15zYqrDAxW/>

Stone Soup Dinner

January 15, 2026 - Starting at 4:00pm
Croghan Mennonite Church - Croghan

"Stone Soup Drive-thru Dinner at Croghan Mennonite Church on the Kirschner Rd. Thursday, January 15th starting at 4 pm. We will be serving Chicken -n- Biscuits, Veggies and dessert. All are welcome!"



Night Trek - Free Family Event

January 23, 2026 - 6:00pm - 9:00pm
Beaver Camp - Lowville NY

"FREE to everyone!

Get out on the trails! Enjoy snowtubing, cross-country skiing, and snowshoeing along our groomed trails. We provide gear, hot chocolate, our famous Black Kettle Popcorn, and warming space. Feel free to explore on your own or join one of our guided tours of the trails.

Invite your family, friends, and neighbors for a night of winter fun!"

<https://www.facebook.com/share/1BpFXtxV7p/>

Game Night

January 27, 2026 - 5:30pm - 7:00pm
Lowville Free Library - Lowville NY

"Join Grace Metzler and learn a new board game, or invite a couple friends to play your own! Bring a game or grab one from the library's collection (and check one out for later). Adults and teens welcome!
Check social media for this month's featured games! "

<https://www.facebook.com/share/1BN1fCTBjQ/>



Elementary Aged Events (Prek - 5th)

4-H Robotics Club

January 7, 2026 - 5:00pm - 6:00pm
CCE of Lewis County - Lowville NY

"Ages 5-18

New members welcome!

First Wednesday of each month.

This month we are continuing the lesson on circuits and making our own flashlights to bring home!"

<https://www.facebook.com/share/15WUozsUm3v/>



Middle School Aged Events (6th - 8th)

4-H Sparks Club

January 5, 2026 - 5:00pm - 6:30pm
CCE of Lewis County - Lowville NY

"Join Sparks Club in the New Year."

<https://www.facebook.com/share/1AgggVzcSK/>

4-H Robotics Club

January 7, 2026 - 5:00pm - 6:00pm
CCE of Lewis County - Lowville NY

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Peer Educators Needed

Planned Parenthood

"Peer Educators promote health and wellness through educational and fun events for other youth in the community.

Open to Youth ages 13 - 24 years of age

If interested in learning more - ppncny.education@gmail.com



High School Aged Events (9th - 12th)

4-H Sparks Club

January 5, 2026 - 5:00pm - 6:30pm
CCE of Lewis County - Lowville NY

"Join Sparks Club in the New Year."

<https://www.facebook.com/share/1AqqgVzcSK/>

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Specialized Group Events

Exceptional Basketball

January 18, 2026 - 1:00pm
Copenhagen Central School - Copenhagen NY

"Encompass Recreation is proud to partner with the 2022 Section III, Class D STATE CHAMPIONS from Copenhagen Central School for an Exceptional Basketball Game!

BASKETBALL: This game will consist of each exceptional player being paired with a member of the varsity team for four quarters of basketball fun. We can accommodate all youth (ages 2-21) with higher support needs.

OTHER OPTIONS: Have a kiddo that you want to participate, but basketball and cheer aren't their favorite? We need scorekeepers, ball kiddos, referees, and more!"

<https://www.facebook.com/share/1Gc9B2QrVC/>

Food Sen\$e Menu for January 2026

Order and pay in person by Friday, Jan.16th at the Lowville Food Pantry
9:00 - 11:30 am Monday, Tuesday, Wednesday and Friday

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**Order and pay online by Monday, Jan.19<sup>th</sup>**

Go to: <https://www.foodbankcny.org/>

Look under Get Food then scroll down to *Food Sen\$e* and follow the directions

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Distribution for Lowville is Friday, Jan. 30th from 1:00 PM till 3:00 PM

Pick up at the Lowville Food Pantry, 5502 Trinity Ave, Lowville.

For more information contact: Tina @ 315-771-0387

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**January Package**    \$20.50 (this list is subject to change)

Italian Sausage, 1 lb.  
Meatballs, 1 lb.  
Cheese Ravioli, 13 oz.  
Spaghetti, 1 lb.  
Carrots, 1 lb.  
Peaches, 15 oz

Chicken Kabob Pieces, 1 lb.  
Fish Sticks, 1 lb.  
Pasta Sauce, 24 oz.  
Mixed Vegetables, 1 lb.  
Fresh Produce  
Fresh Produce

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This Month's Specials are:

1. Pork Tenderloin, 1.65 lb. (avg) for \$5.50: The pork tenderloin are all-natural, contain no artificial ingredients, and are vacuum-sealed to extend shelf life.
2. American Cheese Sliced, 5 lbs. for \$12.50: The sliced American cheese is not individually wrapped.
3. Chicken Wings, 5 lbs. for \$9.50: The chicken wings are ready for the air-fryer or grill and are individually quickly frozen.
4. Hashbrowns, 4 lbs. for \$5.00: The hashbrowns are oval shaped and air-fryer or oven ready.
5. Shrimp Scampi, 24 oz. for \$6.50: The shrimp scampi is a complete meal with shrimp, linguini pasta, and vegetables in a creamy sauce.
6. Stuffed Shells, 48 oz. for \$7.50: The stuffed shells are frozen and have 18 shells per special.

Lewis County Warming Center



5499 Jackson Street, Lowville

Located in the basement of the New Beginnings building

Open 7pm to 7am daily

November 1, 2024 - April 1, 2025



315-955-6240



Anyone needing shelter
is welcome to stay. Use
the entrance on the
right side of the
building.



**LEWIS
COUNTY**
NEW YORK

NRCIL

Your Disability Rights and Resource Center



ELKS 1605 YOUTH BOWLING BASH

Join us for a game of bowling. Free Hot Dogs and Soda for all participants. Show off your skills on the lanes and compete for the highest score of the night.

DATE: JANUARY 17 2026

TIME: 9AM-3PM

LOCATION: LEWIS LANES

**Open to All Children in Lewis County
Ages**

Registration ½ hr before age group starts



For more info contact the lodge via Facebook
messenger





EXCEPTIONAL BASKETBALL



SUNDAY
JANUARY 18, 2026
1PM



COPENHAGEN CENTRAL SCHOOL
3020 MECHANIC ST COPENHAGEN

FREE THANKS TO
OUR
GENEROUS
SPONSORS

OPEN TO YOUTH AGES 2 THROUGH HIGH
SCHOOL WITH HIGHER SUPPORT NEEDS



REGISTER NOW

[ENCOMPASSREC.COM](https://encompassrec.com)

