



CORNUCOPIA
ADULT & FAMILY SERVICES

Activities subject to change without notice due to unexpected circumstances and weather permitting. All outings are on a **FIRST COME FIRST SERVE BASIS** with a limit of 9 people per outing unless noted. **All clients must be at Cornucopia before 9:30am if going on an outing. 2026**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Inhouse Board Games Inhouse Art and Crafts Vista Del Norte Park 9:45am-1:45pm- Free Wells Park 9:45am-1:45pm- Free Westgate Community Center 9:45am-11:30am - Free Gentle Exercise/Zumba Dance 1:00pm - 3:00pm	Cooking Day- Banana uncrustables 10:00am to 11:30am Flea Market at South Valley Multipurpose Center 9:00am-1:45pm - \$7.00 Live Music at Old Town Gazebo ***12:00pm-1:45pm- Free Singing Arrow Community Center 9:45am-1:45pm - Free Inhouse movie- Only PG & PG-13 1:00pm -2:30pm - Free
5	6	7	8	9
Greenhouse Class 8:00am-10:00am Live Music at Old Town Gazebo ***12:00pm-1:45pm- Free	Inhouse Dance Zumba Inhouse Art and Crafts Century Rio Plex 24 or Spur of the Moment Only PG/PG-13***9:45am-1:45pm - \$7.25	Civitan Meeting w/ Terri or Virtual Special Orchestra 10:30am to 11:30am Live Music at Old Town Gazebo ***12:00pm-1:45pm- Free	Inhouse- Puzzles Inhouse Art & Craft McDonalds's 9:45am-1:45pm - \$9.00	Cooking Day- Ice cream waffle taco 10:00am to 11:30am Live Music at Old Town Gazebo ***12:00pm-1:45pm- Free
Ballon Museum ***11:00am-1:45pm - Free VIP parking	Adult Sense-Sational Storytime at Central and Unser Library in Meeting Room ***11:00am-1:45pm-Free	Galloping Goat Pumpkin Patch ***10:30am-1:45pm- \$9.00	Big Jim Farms 9:45am-1:45pm- Free or \$8.00 to spend	Alameda Open Space 9:45am-1:45pm-Free
Turtle Odyssey at Dynatheater ***11:00am-1:45pm \$ 7.00	Bowling @ Silva Lanes 10am-1:45pm - \$2.75 per game/person	West Mesa Community Center 9:45am-11:30am - Free	Bowling @ Silva Lanes 10am-1:45pm - \$2.75 per game/person	North Domingo Baca Center 9:45am-1:45pm- Members Only
In House- Bingo 1:00pm - 3:00pm	In House- Bean Bag Toss 1:00pm - 3:00pm	In House- Karaoke 1:00pm - 3:00pm	Inhouse Volleyball Ballon Inhouse Chair Yoga	Inhouse movie- Only PG & PG-13 1:00pm -2:30pm - Free
12	13	14	15	16
Greenhouse Class 8:00am-10:00am	Inhouse Backyard Sports Inhouse Art & Crafts	Civitan Meeting w/ Terri or Virtual Special Orchestra 10:30am to 11:30am	Inhouse- Wii Robics Inhouse-Art & Crafts	Cooking Day- Marshmallow Figures 10:00am to 11:30am
Windrock Stroll and lunch 9:45am-1:45pm - Free	Century Rio Plex 24 or Spur of the Moment Only PG/PG-13***9:45am-1:45pm - \$7.25	Corrales Grower's Market 9:45am-1:45pm - Free or \$8.00 to spend	Rio Grande Nature Center State Park ***10:30am-1:45pm-Free/ Staff Pays Parking	ABQ Garden Center 9:45am - 1:45pm - \$4.00
Mariposa Basin Park 9:45am-1:45pm-Free	Billards at Round 1 10:00 am-1:45pm- \$ 2.75 x 5 per table	Dance 4 Fun with Ashley at Advocacy Partners ***11:00am-1:45pm - Free	A Park Above 9:45am-1:45pm- Free	Coloring for Adults at Rudolfo Anaya Library. 10:30am-1:45pm - Free
Open Space 9:45am-1:45pm - Free	Tingley Beach 9:45am-1:45pm - Free	Paint & Sip at Santa Barbara Martineztown 10:00am-1:45pm - Members Only	ADA Cafe. Arts & Crafts, food & fun ***11:00pm -1:45pm - \$5.00	SPUR OF THE MOMENT
In House- Bean Bag Toss 1:00pm - 3:00pm	In House- Horseshoe 1:00pm - 3:00pm	In House- Volley Ball Balloon 1:00pm - 3:00pm	In House- Ladderball 1:00pm - 3:00pm	Inhouse movie- Only PG & PG-13 1:00pm -2:30pm - Free
19	20	21	22	23
Greenhouse Class 8:00am-10:00am	In House- Wii We fish 1:00pm - 3:00pm	Civitan Meeting w/ Terri or Virtual Special Orchestra 10:30am to 11:30am	Inhouse Wii Just Dance Inhouse - Art & Crafts	Cooking Day- Pop Corn Hands 10:00am to 11:30am
Taco Bell 9:45am-1:45pm - \$10.00	Century Rio Plex 24 or Spur of the Moment Only PG/PG-13***9:45am-1:45pm - \$7.25	Winrock Pond Stroll 9:45am - 1:45pm - Free	Wheels Museum 10am-1:45pm - \$ 2.00 donation	Bowling @ Silva Lanes 10am-1:45pm - \$2.75 per game/person
Bowling @ Silva Lanes 10am-1:45pm - \$2.75 per game/person	Adult Sense-Sational Storytime at Central and Unser Library in Meeting Room ***11:00am-1:45pm-Free	Explora & Tigues Park 9:45am-1:45pm - Free	Savers Thrift Store 9:45am-1:45pm - \$10.00	Zoo 9:45am-1:45pm- \$4.00
West Mesa Community Center 9:45am-1:45pm - Free	Singing Arrow Community Center 9:45am-1:45pm - Free	Tingley Park 9:45am-1:45pm	Wells Park 9:45am-1:45pm	SPUR OF THE MOMENT
Inhouse- Indoor Bowling Game 1:00pm -3:00pm	Gentle Exercise/Zumba Dance 1:00pm - 3:00pm	In House- Karaoke 1:00pm - 3:00pm	In House- Bean Bag Toss 1:00pm - 3:00pm	Inhouse movie- Only PG & PG-13 1:00pm -2:30pm - Free
26	27	28	29	30
Greenhouse Class 8:00am-10:00am	Inhouse Bingo Inhouse- Art & Crafts	Civitan Meeting w/ Terri or Virtual Special Orchestra 10:30am to 11:30am	Inhouse Art and Crafts Inhouse UNO	HALLOWEEN PARTY: Activities, Costume Contest, Cooking Day.
North Domingo Baca Park 9:45am-1:45pm- Free	Century Rio Plex 24 or Spur of the Moment Only PG/PG-13***9:45am-1:45pm - \$7.25	Dollar Tree Shoppin' 9:45am-1:45pm - \$7	Cottonwood Mall Stroll 9:45am-1:45pm- Free	
Galloping Goat Pumpkin Patch ***10:30am-1:45pm- \$9.00	Bowling @ Silva Lanes 10am-1:45pm - \$2.75 per game/person	NM Steam Locomotive 9:45am-1:45pm-\$2 Donation	Billards at Round 1 10:00 am-1:45pm- \$ 2.75 x 5 per table	
SPUR OF THE MOMENT	Activities at Park Above 9:45am-1:45pm-Free	Westgate Community Center 9:45 am-1:45pm-Free	Activities at Mariposa Basin Park 9:45am-1:45pm-Free	
Inhouse Board Games 1:00pm - 3:00pm	In House- Karaoke 1:00pm - 3:00pm	Inhouse- Indoor Bowling Game 1:00pm -3:00pm	Inhouse Backyard Activities 1:00pm - 3:00pm	Inhouse movie- Only PG & PG-13 1:00pm -2:30pm - Free

Please circle activities to be attended and send back as soon as possible.

Please note: All outings must be paid at least three days before to address any potential issues with account funds before to schedule an outing. **Additionally, to attend an outing is required to bring a sack lunch (sandwiches, chips, fruit etc, any food that does not require heating while in the community).** Your assistance helps us ensure a positive and enjoyable experience for everyone during our community outings.

All clients must be at Cornucopia before 9:30am if going on an outing.

*** Scheduled to start at that time.