



Welcome to the Student Activities Newsletter!

Hello Manchester students and welcome to the first edition of the Student Activities Newsletter! The purpose of this newsletter is to inform the student body of any and all student activities in a fun format. This edition will focus on putting a spotlight on all of Manchester's lovely clubs!

Our clubs serve different purposes. We have **Honor's Societies, Community Service & Civic Engagement Organizations, Academic Organizations, Cultural Organizations, Media Organizations, Arts/Special Interests Organizations,** and **Sports Organizations.**

Clubs are available to be attended by all students, but they are run and organized by students homed to Manchester. There is a link to the club sign up form **here:**
<https://forms.office.com/r/11A4HNjpkm>

For any questions or concerns regarding clubs, contact us at geninfostudentactivities@mcc.commnet.edu or come over to the **Student Activities** office in room **L155.**

A number of clubs do not have a additional information. If you are involved in a club and want to be featured, contact cynthia.decarli@ctstate.edu.

DIRECTORY

STUDENT
GOVERNMENT +
ACTIVITIES

Student Government
Association
Campus Activities Board

HONOR’S SOCIETIES

Phi Theta Kappa

COMMUNITY
SERVICE + CIVIC
ENGAGEMENT

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Computer Repair & Share
National Alliance on
Mental Illness
Manchester Political Union
Drug and Alcohol
Recovery Counselors
(DARC)

ACADEMIC
ORGANIZATIONS

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Applied Business Concepts
Criminal Justice
National Society of
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(NSMH)
Student Occupational
Therapy Assistant
Association (SOTA)

CULTURAL
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Black Student Union
Muslim Student Association

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Dance Club
Drama Club
Adult Student Network
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CommUnity (Bible Club)
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Newman Club
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Green Club
VETS Club
Step Team

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Volleyball Club
Soccer Club
Track & Running Club

INACTIVE CLUBS

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Physics and Astronomy
Allied Health
Radiological Sciences
Science + Engineering
Women in Science &
Engineering
National Society of Black
Engineers
Math/Mathletes
Health & Exercise
Administrative
Professionals
History & Art History
Multicultural Club
French Club
Spanish Club
PRIDE
Music Club
Poetry Club

STUDENT GOVERNMENT ORGANIZATION

The Student Government Association (SGA) is here to foster student engagement, leadership, and provide opportunities for students to participate in exciting and fun events. The SGA is made up of four officers, working with the Campus Activities Board (CAB) and Student Advisory Council (SAC), among others, to support you. You can reach the officer team via email:

President: Cori Pace - Ma-SGA-President@ctstate.edu

Vice President: Leesa Cabrera - Ma-SGA-VP@ctstate.edu

Treasurer: Richard Escobar - Ma-SGA-Treasurer@ctstate.edu

Secretary: Amari Florent - Ma-SGA-Secretary@ctstate.edu

You can also find the SGA team in their office in room **L155**.

CAMPUS ACTIVITIES BOARD

Campus Activities Board is the organization to join when you find yourself saying: “I want to do *this*”. It’s the perfect chance to bring your ideas to the front row and have your - and your peers’ - voices be heard extra loud. Not one person can do it alone! When you join the Campus Activities Board, it’s you saying you want to have fun and make this campus fun for everyone. We should get the same opportunities and activities as any other campus, so why not start now. Join CAB and bring your ideas to life! If your interested, you can find the CAB chair in **SSC**

L155 on **Tuesdays, Thursdays, and Fridays**.

Email: MA-SGA-CAB@ctstate.edu

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HONOR'S SOCIETIES

PHI THETA KAPPA

Manchester's only Honor Society is Phi Theta Kappa for all majors. PTK is an international honors organization dedicated to leadership, scholarship, and community service. It awards students of high academic achievement, so students with at minimum 12 academic credits and a 3.5 GPA are invited! Meetings are every other Tuesday at **3:30pm** in room **LRC A-108**. Send an email if you'd like to attend the next PTK meeting! All students regardless of PTK affiliation are welcome.

Club Email: PTK_Club@mcc.commnet.edu



COMMUNITY SERVICE & CIVIC ENGAGEMENT COUGAR CLUB

The Cougar Club is dedicated to help the Student Activities office run the Food Pantry.

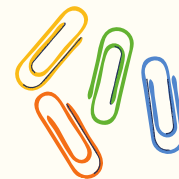
The Food Pantry is confidential, not requiring a sign in. Feel free to come in, take what you need (not only for yourself, but your family too!), and also check out the Clothing Closet! The rules of the Food Pantry are: Never go to class hungry, never go home hungry, and never let your family go hungry. If you are not in need and have any extra food or clothing, feel free to drop it off at the Food Pantry as well.

You may contact laura.bruno@ctstate.edu for any questions regarding the Pantry.

COMPUTER REPAIR & SHARE

The Computer Repair and Share club is dedicated to aiding students of the Manchester campus with any and all technical issues! They are here to repair and configure donated computers for distribution to CT State Manchester students unable to afford a computer, and to also provide free computer repair services for Manchester students! They currently meet in room **D208** Monday - Thursday from **12:30-7pm**.

If you are in need of a computer, email club advisor richard.gnall@ctstate.edu or drop by the club room.



NAMI

NAMI on Campus is the CT State Manchester chapter of the National Alliance on Mental Illness, the largest grassroots mental health organization in the U.S. They are a student-run club that raises mental health awareness, breaks the stigma, educates the community, advocates for improved services and policies, and supports the overall wellness of our campus.

Some of the activities they do include bringing speakers to campus, distributing fidgets and stress relief items to students, and hosting workshops in the Wellness Center.

They also do regular community service, and work with off-campus partner organizations to address the issues they care about.

They meet on the **1st and 3rd Mondays** of each month from **1 PM - 2 PM in LRC**

A-108 (outside the library). Anyone with an interest in mental health and wellness is welcome!

Club Email: NAMI_Club@mcc.commnet.edu

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COMMUNITY SERVICE & CIVIC ENGAGEMENT

MANCHESTER POLITICAL UNION

Manchester Political Union is dedicated to promoting awareness of important political topics. Club activities include voter registration and mock debates!

Club Email:

MPU_Club@mcc.commnet.edu

DRUG AND ALCOHOL RECOVERY COUNSELORS

The Drug and Alcohol Recovery Counselors Club is here for the purpose of educating and increasing awareness of addiction issues to CT State Manchester students. It's a safe place to talk and share stories, and get support from non-professional, non-clinical sources. It applies to all addictions, and wants to help aid in long-term recovery. Everyone is welcome. Meetings are **Mondays from 4:30-5:30 pm**, and **Thursdays 12-1pm** in the **Wellness Center (SSC L144)** Club Email: DARC_Club@mcc.commnet.edu

ACADEMIC ORGANIZATIONS

PARALEGAL ASSOCIATION

The paralegal association is open to providing a network for interaction between students in the paralegal program and paralegal professionals employed in the field.

Club Email:

Paralegal_Club@mcc.commnet.edu

APPLIED BUSINESS CONCEPTS

Applied Business Concepts is for Business Students looking to understand business and network with other students.

Meetings are **Tuesdays from 4-6pm** in **Room A-142**, and **Wednesdays from 1-4pm** in **Room A-121**.

Club Email: [ma-](mailto:ma-abc@mcc.commnet.edu)

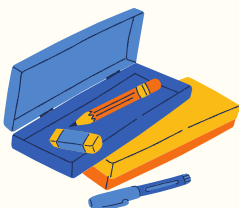
abc@mcc.commnet.edu

CRIMINAL JUSTICE

The Criminal Justice club is here to provide an opportunity for students interested in criminal justice to learn more about the criminal justice system! The club is involved in community service and club activities may include field trips, networking opportunities with professionals in the field, and special events.

Club Email:

CJ_Club@manchestercc.edu



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ACADEMIC ORGANIZATIONS

NATIONAL SOCIETY OF MINORITIES IN HOSPITALITY

The National Society of Minorities in Hospitality (NSMH) exists to provide educational, networking, and professional development opportunities for their student members. They strive to ensure success for our members in the hospitality industry by providing instant access to real life learning, real world experience guaranteed to make membership more employable. Members enjoy professional development opportunities available only to our members each semester, including three national trade shows, CT Governor's Conference on Tourism, and the NSHM Regional & National conferences! Most importantly, members will meet and network with countless industry leaders in numerous professional settings both on campus and during field excursions enabling you to develop a professional network to assist you in your career endeavors.

NSMH Meets every **2nd** and **4th Thursday** of the month at **1:00pm - 3:00pm**

The chapter meetings are hosted in **Room L213**



STUDENT OCCUPATIONAL THERAPY ASSISTANT ASSOCIATION

The Student Occupational Therapy Association is a club run by the Occupational Therapy Assistant program here at CT State Manchester. Open to all students who share an interest in all things occupational therapy and helping others, their club mimics the American Occupational Therapy Association at a student level. Typically they look to provide opportunities for students to participate in activities around campus that benefit themselves and the community. They're frequent volunteers at the CT State Manchester Food Pantry, run groups in the Wellness Center on campus, and you might see them selling flowers or pumpkins in the fall! They're always looking to get students engaged on campus.

They meet on the **first Thursday** of the month at **11am** in the **OTA Lab LRC B125**! This is subject to change when their new location is completed.

Club Email: OTA_Club@mcc.commnet.edu

CULTURAL ORGANIZATIONS

BLACK STUDENT UNION

The BSU is here to promote unity and harmony among students of color with all students, staff, faculty, administration, and the greater community! It also seeks to enhance cultural diversity among students and organize social and educational activities. It is currently in the process of reinstating itself.

Club Email: BSU_Club@mcc.commnet.edu

MUSLIM STUDENT ASSOCIATION

Muslim Student Association is here to promote friendly relations between Muslim and non-Muslim students, further presenting Islam to the people of other faiths and cultures, and encourage brotherly bonds among college students and the community!

Club Email: MSA_Club@mcc.commnet.edu

MEDIA ORGANIZATIONS



ICE NEWS

ICE News (previously known as LiveWire) is a school sponsored web-based digital publication location on icemediamcc.org that exists to create content for the purpose of informing and entertaining the students, faculty, and staff of CT State Community College's Manchester Campus on a regular basis. They are dedicated to excellence in journalism ethics, participatory democracy, and freedom of speech and the press. They are always looking for writers, photographers, artists, and creatives!

They meet every **Tuesday** at **2pm** in room **SSC L146**.

Club Email: LiveWire@mcc.commnet.edu

ICE RADIO

At ICE Radio, we give every student the opportunity to record their very own podcast, and even have it air live on our mobile app and AM station! We also DJ live events on and around campus, such as the annual Spring Fling or Welcome Back Fall Fest. We've been on the air for over 15 years, but that wouldn't be possible without student involvement, so we're always looking for new people (and voices!) to join our organization!

- stream 24/7 at, [ICERadio at MCC](http://ICERadioatMCC) , or Listen on campus at 1620AM in your car!
- Hear ICE Radio podcasts at: SoundCloud.com/iceradiomcc

Meetings are **Wednesdays** at **2pm** in **AST T204**

Club Email: ICERadio@mcc.commnet.edu

ICE TV

Lights, Camera, Action!
ICE TV is a student run video production club for students with a passion for creating digital media content. We film campus events along with off campus activities.

Meetings are on **Monday's** at **3:30pm** in the **TV Studio** (room number here). Hope to see you there!

View ICE TV's videos/short films on [YouTube](https://www.youtube.com)

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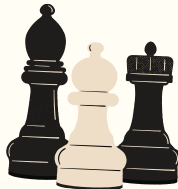
ARTS & SPECIAL INTEREST CLUBS

DANCE CLUB

The Dance Club is here to promote school spirit and to serve as an avenue for students to express themselves through dance. The club participates in community service by performing at nursing homes, teaching Girl Scouts, and sponsoring holiday festivals for community children. Members have also sponsored talent shows for CT State Manchester students to have the opportunity to showcase their talents! Meetings are **Wednesdays 3:30-6pm**, and **Friday 11-1pm** in the **Fitness Center/Dance Studio**.

Club Email:

Dance_Club@mcc.commnet.edu



CHESS CLUB

The Manchester Chess Club gives students the opportunity to play friendly chess games once per week on campus. It is open to total beginners and experienced players alike. They meet **Wednesdays** from **3-5 PM** in **T201**, and boards are provided.

They are currently seeking students to fill officer positions. Serving as a club officer helps develop leadership skills and will give them more opportunities to put on events like intra-college tournaments and hosting guest speakers. They'd love for you to join them and learn the game!



DRAMA CLUB

The Drama Club promotes the appreciation of drama and theater as an art form, uniting all students with an interest in theater and publicly recognize the highlight drama created by students, faculty, staff, and community members. The club coordinates activities such as creating skits, collaborating with other clubs, and hosting student showcases! They also engage students of ANY major looking for an outlet for creative expression, learning and practicing theatrical arts and community service.

They meet in the **Auditorium** on the bottom floor of the AST Tower every **Tuesday** from **10-11am!**

Club Email: Drama_Club@mcc.commnet.edu

OUTDOOR CLUB

The Outdoor Club is here to promote an interest in the field of outdoor pursuits - camping, hiking, orienteering, fishing, etc!

Meetings are every other **Monday** at **3:30pm** at the **Bicentennial Band Shell**, same week as the SGA meetings!

They mostly do hikes, but are also trying to do other outdoor activities including, but not limited to: fishing, archery, kayaking, and more!

Club Email: garrett.dell@ctstate.edu
ethan.romano@ctstate.edu



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ARTS & SPECIAL INTEREST CLUBS

STEP CLUB

STEP Club is for students with an interest in step/drill dancing. Some individuals may refer to step as drill; it can go by either name. Step is a form of dance where you use your own body to produce rhythmic sounds either by stomping or clapping. The goal of the club is to practice dance and put on performances. They meet in the **Gymnasium** from **3-4pm** on **Tuesdays**, and in the **Auditorium** from **2-3:30pm** on **Thursdays**.



GAMING CLUB

The Gaming Club is here to provide a fun and comfortable environment for gamers and nerds, as well as anime and manga fans! Members strive to create a community that is based on a mutual passion for these activities. The goal of the club is to raise money to attend conventions and hosting gaming tournaments!

Meetings are **Thursdays** and **Fridays** in the **Cougar Cave** from **12-2pm**.

Club Email:

MAG_Club@mcc.commnet.edu



ART CLUB

The Arts club seeks to form a group of people from various artistic disciplines including visual, musical, theatrical, literature, performance, and ceramics, hoping to show their works and promote the arts throughout our community. They are currently in the process of reinstating.



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ARTS & SPECIAL INTEREST CLUBS



VETS CLUB

The VETS Club at CT State Manchester brings together students with prior or current military service as well as students who want to support veterans. Through OASIS, they help veterans enroll in school, obtain tutoring & educational aid, apply for Financial Aid and Veterans Benefits, and smooth the separation from service and returning to school. They are the liaison between our veterans and outside veteran communities and organizations. They plan activities and programs to aid in understanding and appreciating our military, as well as service activities for the community. Activities and programming are developed by members at our club meetings.

They meet every **Wednesday** at **3:30** in the **OASIS SSC L 101**.

The VETS Club is open to all members of the campus and not only those serving in the military or veterans.

Club Email: VETS_Club@mcc.commnet.edu

GREEN CLUB

The Green Club focuses on garden, sustainable practices, and overall trying to make our campus a little bit greener. They have a garden plot in the community gardens next to campus where in the spring they grow an assortment of plants. In the colder months, they like to spend their time having productive, fun discussions and take action toward making our campus a cleaner and greener place. The club has many aspirations for events and activities to hold in the future! They hope to have an Annual Earth Day celebration, as well as other nature focused events. They hope to encourage students on campus to be green and help to incorporate sustainable practices into their everyday lives!

They meet **Mondays** and **Thursdays** in the **AST Tower** near the vending machines.

Club Email: Green_Club@mcc.commnet.edu



ADULT STUDENT NETWORK

The Adult Students Network (ASK) mission is to provide support, networking, camaraderie and advocacy for first-time and returning non-traditional students (students not directly out of high school). They want to help the students to feel engaged in the Ct State Manchester community and develop friends through fun activities and service and to motivate and support each other. It is open to everyone on campus. They have board games, cards, etc. They meet on **Tuesdays** from **1-2pm** in the **Cougar Cafe**, with alternating dates being member meetings and game nights!

NEWMAN CLUB

The Newman Society is the Catholic Club at CT State Manchester. We offer students opportunities for fellowship, spiritual development, and community service. Our club is open to students who identify themselves as practicing Catholics, baptized Catholics that have grown away from the faith, as well as to anyone wanting to learn about the Catholic faith or participate in our programs. Our activities grow out of the ideas of members. Besides representing our club at Student Government Association events, we also conduct an annual sock drive for the homeless, coordinate a holiday card drive for local nursing home residents, host an annual dinner with speaker, and meet for fellowship and prayer. Recently, our club has collaborated with the USCCB and participated in Synod listening sessions on campus ministries. We are seeking new members to join us. Our next meeting will be **October 30** at **12:00 in A 201**.

Club Email: Newman_Club@mcc.commnet.edu

INACTIVE CLUBS

CT State Manchester has a lot of clubs, but that also means with time these clubs can go inactive. A club being inactive means it has no active officers or members.

A few inactive clubs have already been listed, but this page will serve as a comprehensive guide on all of the inactive clubs. If any clubs strike an interest with you, please **fill out this form:** <https://forms.office.com/r/11A4HNjpkm>. To reinstate a club, you need **4 Club Officers** (a President, Vice President, Treasurer, and Secretary) and an **Advisor** (a Professor). To make a new club, you'll also need a **Constitution**, a short document explaining rules of the club.

HABITAT FOR
HUMANITY

ALLIED HEALTH

NATIONAL SOCIETY OF
BLACK ENGINEERS

PHYSICS &
ASTRONOMY

RADIOLOGICAL SCIENCES

MATH CLUB/
MATHLETES

ADMINISTRATIVE
PROFESSIONALS

SCIENCE & ENGINEERING

HEALTH &
EXERCISE CLUB

FRENCH CLUB

WOMEN IN SCIENCE &
ENGINEERING (WISE)

MULTICULTURAL
CLUB

MUSIC CLUB

POETRY CLUB

SPANISH CLUB

HISTORY & ART
HISTORY

PRIDE/GSA

