



Gidget House Kareena Private Hospital – Important Information for Your Visit

Location

Kareena Private Hospital
Level 3
86 Kareena Rd
Caringbah, NSW 2229



Public Transport

By train: Take a train to Miranda Station, then bus to Kareena Private Hospital. Upon return, there is a bus stop directly outside the hospital.

Parking

Onsite car parking can be accessed via the Entrance on Kareena Rd. For your convenience we have designated parking areas for visitors on site. Please pay for the parking at the pay stations located within the car park. Hourly rates apply and the automated ticket machine takes cash or credit cards. Please observe restricted parking spaces for doctors and other designated areas.



Parking Rates:

Weekdays

0 – 15 mins – Free

15 – 40 mins - \$5

40 mis – 1hr - \$8

1 – 2hrs - \$8

2 – 3 hrs - \$12

3 – 4 hrs - \$14

There is limited parking on the streets surrounding the hospital precinct. Please be aware of parking limits.

Pick-Up and Drop-Off

A pick-up and drop-off zone is available out the front of the hospital.

Inside Location Information

To access Gidget House, entre the building either through the front entrance and take the second set of lifts to Level 3, or via the back car park, taking the lift to Level 3. The reception staff will greet you at the desk as you exit the lift. Please take a seat in the waiting area and your clinician will collect you from this area as soon as they are free.

If You Are Feeling Unwell Before Your Appointment

Gidget Foundation Australia prioritises the safety of all clients, clinicians and staff who may be attending any Gidget House location. If you or your child are unwell, or experiencing symptoms of illness, please contact us on 1300 851 758 **BEFORE** your appointment at Gidget House, so that we can either change your appointment to a telehealth consultation or reschedule to a later date.

Hand sanitiser and hand washing facilities are available at every Gidget House location. All rooms, including toys, are regularly cleaned and disinfected.