

## PROGRAM AT A GLANCE

**Saturday 20<sup>th</sup> JUNE 2026 ARRIVAL AND REGISTRATION 8:30AM**

### TIME

- 8:55AM **Acknowledgement of Country**  
Fran Grant
- 9:05AM Welcome Address

### SESSION 1

- 9:15AM **Gidget Foundation Australia Welcome**  
Arabella Gibson, CEO, Gidget Foundation Australia
- 9:20AM **Keynote Presentation**  
***Bringing in the Baby: Infant Observation in Perinatal Mental Health Care***  
Dr Claudia Gold, Pediatrician and Writer
- 10:30AM **Morning Tea**
- 10:45AM **Clinical Spotlight**  
***Updates and Insights in the Neurobiology of Perinatal Mood Disorders: Clinical Implications and Emerging Therapies***  
Dr Oscar Serrallach, GP, Maternal Health Practitioner, Researcher & Founder of The MotherCare Project
- 11:45AM **Clinical Spotlight**  
***Human-Centred Care: Understanding the Respectful Maternity and Newborn Framework***  
Victorian Chief Midwifery Officer [To be announced in May]
- 12:30PM **Lunch**



### SESSION 2

- 1:30PM **Keynote Presentation**  
***Caring in Context: The Perfect Mother Myth in Perinatal Care***  
Dr Sophie Brock, Sociologist and Mother specialising in Motherhood Studies
- 2:30PM **Rapid Talks**
- When Words Are Not Enough: Creative Expression in Perinatal Mental Health Care***  
Helena Anolak, Registered Nurse and Midwife and Head of Midwifery & Course Coordinator Perinatal and Infant Mental Health at Federation University
  - Childbirth-related post-traumatic stress disorder: A Disruption to Mother-Infant Interactional Synchrony***  
Dr Alysha-leigh Fameli, Registered Psychologist/PhD
- 3:00PM **Afternoon Tea**
- 3:15PM **Clinical Spotlight**  
***Listening to the Maternal Body in Perinatal Mental Health***  
Hollie Swanton, Mental Health Occupational Therapist & Gidget Foundation Australia Clinician
- 4:00PM **Clinical Spotlight**  
***The Second Baby Shift: Understanding the Emotional Reality for Parents and Siblings***  
Gen Muir, Parent Educator, Author, Speaker, Founder of Connected Parenting
- 4:45PM **Conference Roundup and Evaluation**  
Arabella Gibson, CEO, Gidget Foundation Australia
- 5:00PM **CONFERENCE CONCLUDES**

