



Maggie Sargent & Associates

Clare McDowall RN FHEA

Registered General Nurse (Adult), NHS Specialist Nurse
Assessor CHC, Clinical Educator, Expert Witness



Quantum Care Reports

Clients: North East, North West, West Midlands, East Midlands, East England,
Wales, London, South East, South West

Specialisms:

- Autism
- Bariatric Nursing
- Bowel Care
- Cannulation
- Care Home Setting
- Catheter Care
- Community Nursing/Setting
- Continuing Health Care Assessments
- Covid-19 Vaccinations
- Critical Care
- Dementia Care
- Diabetes Care
- Elderly Patients
- Falls
- Healthcare Education
- Long Term Conditions
- Nursing Home Care
- Orthopaedics
- Pain Management
- Palliative Care
- Parkinsons
- Pressure Sores
- Progressive Neurological Diseases
- Safeguarding
- Spinal Injury
- Stoma Care
- Stroke
- Surgical Nursing
- Vaccinations
- Wound Care

Profile:

I am a registered adult nurse, with over 30 years of experience in both acute and community settings.

My career has equipped me with a comprehensive skill set acquired through work in various specialties including Endoscopy, Urology, General Surgery, Orthopaedics, Gastroenterology, Elderly Care, Plastics, Clinical Education, and NHS Continuing Healthcare.



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Currently, I am employed full-time by the NHS as a CHC Specialist Nurse Assessor. Additionally, I am a qualified Immediate Life Support (ILS) instructor and clinical skills trainer.

In my role as a Specialist Nurse Assessor, I perform holistic nursing assessments for patients with complex care needs and those at end-of-life stages, adhering to the Department of Health's Framework for NHS Continuing Healthcare.

I case manage for individuals with long-term conditions and complex care requirements, securing appropriate care packages within prescribed limitations.

My extensive hospital experience encompasses leading, promoting, and maintaining exceptional standards of care in high-pressure and demanding environments. I have spearheaded numerous quality improvement and clinical governance initiatives, particularly within Urology and Gastroenterology, to enhance patient safety, reduce adverse incidents, and prevent delayed discharges. Furthermore, I am an experienced Covid-19 and flu vaccinator.

Qualifications:

- Resuscitation Council – Immediate Life Support instructor course – 2024
- Postgraduate Certificate Clinical Education – 2019
- Fellowship of the Higher Education Academy – 2019
- BSc Hons Professional Development in Health & Social Care – 2017
- Dip HE Adult Nursing – 2012
- NVQ 3 Health & Social Care – 2009
- HND Business & Finance – 1999

Key Career Roles:

- CHC Specialist Nurse Assessor and Case manager since 2021
- Resuscitation Council Immediate Life Support Instructor since 2024
- Clinical Educator
- Surgical ward nurse
- Urology ward sister