



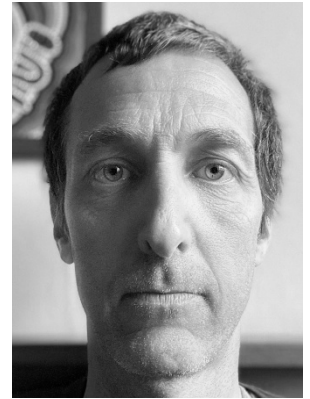
Richard Simmonds

Child and Adolescent Mental Health Professional (CAMHS),
Registered Mental Health Nurse

Liability Breach of Duty Reports

Specialisms:

- Child and Adolescent Mental Health
- ADHD
- Autism Spectrum Disorders
- Non-medical prescribing
- Depression and mood disorders
- Anxiety and OCD
- Self-harm
- Trauma
- Eating disorders
- NHS Clinical Leadership
- NHS Service Leadership
- Mental Health Nurse Leadership
- Mental Health in Schools



Profile:

Very experienced and dynamic child and adolescent mental health (CAMHS) practitioner with extensive expertise in the assessment, diagnosis, and treatment of generic mental health problems, ADHD and related neurodevelopmental conditions.

Significant clinical leadership experience of whole services and different teams and pathways in NHS CAMHS. I have real competence in the objective analysis of complex health information as well as communicating detailed formulations and psycho-social issues in an accessible format for patients, services and formal inquiries.

Notable career achievements include: advising the government on policy for the introduction of the Mental Health in Schools programme, leading on the introduction of non-medical prescribing in various NHS Trusts and leading an NHS education programme across London for CAMHS nursing.

Regular career professional development for current clinical and expert witness work.

- **Extensive clinical and leadership experience:** Over 20 years in NHS CAMHS, including roles as Associate Clinical Director and Psychological Therapies Lead, with a focus on multi-agency work, education and whole community approaches to mental health.
- **Specialist in ADHD assessment and treatment:** Thirteen years of independent non-medical prescribing practice including leading and supervising multi-disciplinary teams, managing medication clinics and large caseloads for young people with ADHD.



Maggie Sargent & Associates

- **Diverse therapeutic skills:** Training and long-term experience in psychological therapies such as CBT, DBT, solution-focused work, and forensic risk assessment to support young people with mental health problems or neurodivergence and their families.
- **Broad NHS experience:** Roles ranging from staff nurse in a young offenders' institute to senior clinical and leadership positions across multiple CAMHS teams, with expertise in youth justice, neurodevelopmental assessment, and digital care pathways.
- **Recent experience of private health providers:** currently providing assessment and treatment of ADHD within the private sector including NHS right to choose patients

Qualifications and Memberships:

- Registered Mental Health Nurse – DipHE Hertfordshire University 2004
- Facilitating and Assessing Workplace Learning – Oxford Brookes University 2008
- Non-medical Independent Prescriber V300 – Masters level distinction Buckinghamshire University 2011
- Short courses in DBT, CBT for anxiety and depression, forensic risk assessment and solution-based therapy
- Child Mental Health Expert Witness two-day training course attended at the Royal Society of Medicine 2013
- Expert Witness for Healthcare Workers two-day training course delivered by Maggie Sargent 2025
- Neurodevelopmental assessment training – QBTest for ADHD, 3Di parental assessment for ASD
- Senior Clinical Leaders' Programme with QI (Quality Improvement) completed with East London NHS Foundation Trust in 2019