Ana Dos Santos

Registered General Nurse, ITU Training, Surgical First Assistant

Liability Breach of Duty Reports

Specialisms:

- Surgical Nursing
- Operating Theatres
- Scrub/Recovery



Profile:

I am a Registered Nurse with extensive experience in operating theatres, specialising in perioperative care, patient safety, and healthcare management.

Over the course of my career, I have held a range of senior clinical and operational roles, leading multidisciplinary teams to deliver safe, effective, and high-quality care across complex surgical services.

My experience includes but is not limited to:

- Assisted surgeons during complex theatre procedures, maintaining strict adherence to sterility protocols.
- Collaborated with surgical teams to devise pre-operative and post-operative care plans for patients.
- Prepared operating rooms for surgery, setting up surgical instruments and equipment, ensuring sterility and readiness.
- Monitored compliance with healthcare regulations and standards, mitigating risks and maintaining accreditation status.
- Implemented infection control measures, significantly reducing the incidence of post-operative infections.

My interests include perioperative practice standards, theatre management, governance, and clinical risk management, all of which underpin my ability to provide independent, evidence-based opinion within my role as an Expert Witness. I have extensive experience in operating theatres including recovery, with a complete insight into the full patient pathway from referral to discharge. I have a passion for elective care pathway improvements to deliver safe and great care to patients maintaining their autonomy.

I have undertaken formal training in expert witness practice and report writing, ensuring that I am able to deliver clear, objective, and professionally robust reports. Combined with my indepth clinical knowledge and leadership experience, this equips me to provide authoritative opinion and balanced interpretation of evidence in both civil and criminal proceedings.

Career Roles:

Operational Delivery Manager, ICB Herts & West Essex, 02/24 to present

Assistant Divisional Manager to Theatres, Critical Care, Anaesthetics, Pre-Assessment, and Admissions, West Hertfordshire Teaching Trust, 03/23-02/24

Clinical Services Manager - Theatre, Bishops Wood Hospital, (Circle Health Group), 09/19-03/23

Deputy Theatre Manager, Spencer Private Hospitals, 07/18-09/19

Theatre Coordinator – All Specialities, Hospital de Loule, 03/18-07/18

Lead Scrub Nurse / Coordinator - Orthopaedics, Fortius Surgical Centre, 11/16-02/18

Senior Scrub Nurse - Cardiac (Adult and Paediatrics) and Thoracic, Royal Brompton, 11/15-11/16

Senior Theatre Nurse, Jersey General, 09/13-11/15

Theatre Nurse, Hospital Privado do Algarve, 11/11-08/13

Theatre Nurse, Hospital Central de Faro, 07/11-11/11

Theatre Nurse and Staff Nurse, HPP Sao Goncalo Hospital, 07/08-06/11

Staff Nurse, Clioura, Private Clinic Albugeira, 07/07-07/08

First Aid Nurse, Zoomarine, 03/07-03/08

Qualifications and Memberships:

- Registered Nurse, 2006 NMC
- RCN
- Surgical First Assistant
- Scrub Practitioner
- Recovery Practitioner
- Nurse Manager
- Head of Department
- Afina Coach
- AAR conductor
- ILS Provider