



## Samy Selvanayagam

MSc PT, Cert. VRT (USA), MSCP

Consultant Vestibular Physiotherapist & Expert Witness

Quantum Physiotherapist Reports

Clients: UK



### Specialisms:

- Vestibular and Balance Physiotherapy
- Vestibular Rehabilitation
- Dizziness and Balance Issues
- Ototoxicity (Balance issues after certain antibiotics or other medications)
- Brain Injury
- Stroke (Posterior circulation Stroke with Dizziness)

### Profile:

I am an accomplished Vestibular Physiotherapist with 30 years of physiotherapy experience, including 19 years specialising exclusively in vestibular rehabilitation. I am skilled in conducting comprehensive vestibular assessments, establishing accurate diagnoses, and delivering tailored rehabilitation for individuals with dizziness, vertigo, imbalance, concussion, and traumatic brain injury (TBI)-related vestibular disorders. I am dedicated to ensuring that patients receive timely, evidence-based, and affordable vestibular care, reducing unnecessary delays and improving outcomes.

### Expertise & Recognition

- Completed advanced vestibular training, including the prestigious Emory University Vestibular Rehabilitation Competency Course led by Prof. Susan Herdman (USA, 2009).
- Winner of the Robert Williams International Award (2011) from the Chartered Society of Physiotherapy at the WCPT Congress in Amsterdam.
- Provides specialist vestibular treatment, diagnostic reports, medico-legal input, and expert witness services (Bond Solon trained, 2021).
- Brings nearly 20 years of experience working within the NHS at West Park Hospital, Wolverhampton.

### Education & Professional Background

- Holds a BSc in Physiotherapy (1996) and MSc in Physiotherapy (2000) from MGR Medical University, India.



# Maggie Sargent & Associates

- Completed specialist vestibular training under Prof. Linda Luxon (Queen's Square, London, 2007) and Prof. Susan Herdman (Emory University, USA, 2009).
- Experienced in collaborating with case managers, solicitors, and multidisciplinary teams for patients with complex vestibular and TBI-related conditions.

## **Teaching, Research & Innovation**

- Has trained over 1,500 clinicians across the UK in vestibular rehabilitation through teaching and professional development courses.
- Actively contributes to research with the University of Birmingham on community-based balance programmes for older adults.
- Currently developing vestibular-specific fitness exercises (VestiFit) aimed at enhancing balance and vestibular resilience, particularly in adults aged 50 and over.

## **Professional Values**

I believe vestibular disorders should be identified early, managed effectively, and never overlooked. I am driven by a commitment to making specialist vestibular care accessible, evidence-informed, and transformative—helping individuals regain balance, confidence, and independence in their daily lives.

## **Qualifications and Memberships:**

- BSc Physiotherapy, 1995
- MSc Physiotherapy in Advanced Neurology, 2000
- Competency Certificate in Vestibular Rehabilitation, 2009
- Health and Care Professionals Council (HCPC) – PH70083
- Chartered Society of Physiotherapy (CSP)
- ACPIVR – Special Interest in Vestibular Rehabilitation
- MLACP – Medico-Legal Physiotherapy
- BABICM – Associate Member
- CMSUK – Associate Member