



## Tom Middleton

Advanced Practice Physiotherapist

Quantum Physiotherapy Reports

### Specialisms:

- Musculoskeletal (MSK) concerns
- Injection Therapy
- Chronic / Persistent Pain
- Hypermobility Syndromes



### Profile:

I am a hard working, enthusiastic, Advanced Practice MSK Physiotherapist with Health Professions Council registration and membership to the Chartered Society of Physiotherapy. My current advanced practitioner role involves managing patients with a wide range of MSK conditions, injection therapy, ordering appropriate imaging, complex presentations and second opinions.

Since graduating in 2008 I have gained experience working as a musculoskeletal physiotherapist in the NHS, MOD and private practice. I have experience in the 3 core areas of physiotherapy and have over 17 years experience working in musculoskeletal physiotherapy. I have developed special interests in complex patients, persistent pain and hypermobility syndromes. I have completed an NIRH research internship and am currently lead author on a research study awaiting publication.

I am self motivated, adaptable, show good initiative and have highly developed communication skills. I enjoy helping develop the skills of others via mentoring developing advanced practice physios and performing guest lectures annually on MSK imaging and clinical reasoning skills to university undergraduates. I am actively seeking to expand the scope that I work in and am committed to continuing my professional and personal development.

### Qualifications and Memberships:

- Chartered Society of Physiotherapy member
- Health Care Professions Council member
- Physiotherapy Bsc Hons – Sheffield Hallam University 2005 – 2008
- Advanced Physiotherapy Masters Module – Manchester Metropolitan University 2021
- Injection therapy Masters Module – Teesside University 2021
- National Institute of Health Research – Research Internship 2024
- Ehlers Danlos ECHO Programme 2020- 2022