



Martin Cowie

Paediatric Intensive Care Nurse

Types of Reports Undertaken: Liability Breach of Duty Reports, Screening Reports

Client Age categories: Paediatric



Specialisms:

- Brain Injury
- Cardiology
- Communication Issues
- Congenital Conditions
- Developmental Delay
- Diabetes
- End of Life Care
- Hospital Setting
- ITU / ICU
- Learning Disabilities
- Manual Handling
- Neurorehabilitation
- Pain Management
- Palliative Care
- Respiratory
- Sensory Integration
- Stoma
- Surgical Nursing
- Tissue Viability / Pressure Sores
- Tracheostomy
- Ventilated Clients

Profile:

I am a highly experienced and dedicated Paediatric Intensive Care Nurse with over 10 years' experience in a specialist cardiothoracic PICU setting. I have proven expertise in advanced clinical skills including ECMO and VAD management, with a strong track record in research, service improvement, and education delivery.

I am an experienced Band 6 Charge Nurse with excellent leadership, communication, and organisational skills. Passionate about evidence-based practice, staff development, and improving patient outcomes.

I am currently balancing dual roles as Clinical Research Nurse and Staff Nurse, developing research capacity within PICU aligned with national PCCS standards.

My Specialist Skills include:

- Clinical Skills Leadership & Education Research & Improvement
- ECMO management & updates Practice Assessor GCP trained
- Ventricular Assist Device (VAD) care Student & NQN mentorship Consent training
- Multi-organ support (dialysis) Shift team lead Clinical audit



Maggie Sargent & Associates

- Cardiac transplant care Conflict resolution Service improvement projects
- Pain, sedation & withdrawal management Staff & resource management Data analysis & reporting
- Delirium assessment & scoring Education delivery (all levels) Research study coordination
- Paediatric emergency response Difficult conversations Cross-site collaboration
- History taking & physical assessment Safeguarding Evidence-based practice

Qualifications and Memberships:

- BSc (Hons) Health and Social Practice (Clinical) Northumbria University 2025
- Integrated Clinical Academic Research Internship Sheffield Hallam University 2021
- DipHE Nursing Studies (Child) Northumbria University 2014

Modules Completed:

Foundations of Teaching and Learning in Practice

Understanding and Developing Evidence for Practice

Children and Young People's History Taking and Physical Assessment

Key Achievements:

- **Established PICU's first research nurse role** - enabling research capacity aligned with PCCS standards
- **Led cross-site delirium tool implementation** - collaborated with GNCH to create consistent e-records screening across both units
- **National collaboration** - contributed to UK-wide PICU delirium working group
- **University teaching** - delivered education on accredited module with excellent feedback
- **Service improvement** - introduced withdrawal assessment tool and conducted analgesia audit improving patient outcomes
- **Completed research internship** - demonstrated ability to critically analyse research and apply evidence-based practice
- **Rapid progression** - achieved multiple Band 6 positions and developed research role within a decade