



Sarah Ash

Occupational Therapist

Types of Reports Undertaken: Quantum Occupational Therapy Reports

Locations Covered: England and Wales

Client Age Categories: Adult



Specialisms:

- Amputations
- Ataxia
- Brain Injury
- Dementia Care
- Elderly Patients
- Falls
- Long Term Conditions
- Manual Handling
- Multiple Sclerosis
- Musculoskeletal
- Neurorehabilitation
- Parkinsons
- Rheumatology
- Spinal Injury
- Stroke
- Upper Limb

Profile:

I am an experienced occupational therapist and qualified in 2012. I have largely worked within Adult Social Care including project work around right sizing care packages with the use of equipment. I maintain up-to-date knowledge and skills by working in either clinical or management roles in Adult Social care.

I have an excellent understanding of current practice and costs that relate to individual needs following diagnosis of disability or following a traumatic life changing event regularly undertaking clinical work around the need for equipment, complex moving and positioning and completing reports to identify needs and costs of equipment and ongoing care.

In January 2025 I co-authored the Moving and positioning chapter in the 8th edition of the textbook: *Occupational Therapy for people experiencing illness, injury or impairment*.

My experience includes setting up and running Moving and Positioning sessions for carers and OT's, facilitating CPD sessions to other OTs and support staff, acting as project lead on reducing long term care packages regarding single handed care, and acting as DLF Workshop facilitator for Bariatric Moving and Positioning (2019).



Maggie Sargent & Associates

I am highly skilled in seating / postural management, the moving and positioning of people, as well as excellent understanding and knowledge of neurological and spinal conditions and both lower and upper limb amputation.

In addition to my clinical role, I provide expert witness reports for the court.

My areas of expertise include:

- Head injury and neurological conditions
- Orthopaedics
- Trauma
- Amputees
- Elderly care including dementia
- Bariatric care and equipment
- Chronic pain and fatigue
- Spinal conditions
- Moving and positioning of people and Risk Assessments
- Ergonomic Assessments
- Single-Handed/Cost-effective Care
- Aids and Equipment
- Occupational Therapy Reablement

I have undertaken expert witness training and understand my responsibilities under The Civil Procedure Rules pertaining to expert witnesses and Part 35.

I regularly undertake appropriate training to ensure that my skills and knowledge are current, and to maintain my professional development

Qualifications and Memberships:

- Certificate Social Sciences, The Open University, 2001
- Diploma in Criminology, The Open University, 2004
- BSc Social Policy, The Open University, 2006
- BSc Occupational Therapy, University of the West of England, 2012
- ILM Leadership and Management Diploma Level 3, 2019
- Edge Moving and Positioning, Train the Trainer, updated bi-annually
- Coaching and Mentoring for Professional Development, Keystone, 2021
- HCPC Registered
- BAOT Registered