



Claire Jacobs

Extended Scope Practitioner Physiotherapist

Types of Reports Undertaken: Physiotherapy Reports

Locations covered: North East, North West, Yorkshire and Humber

Client Age categories: Adults



Specialisms:

- Musculoskeletal conditions

Profile:

I have over 30 years' experience as a physiotherapist and have specialised in advanced clinical assessment and management of complex musculoskeletal (MSK) conditions.

Within the MSK field I have experience of working in A&E, orthopaedic wards (elective and trauma), to final stage of the patient journey providing evidence-based assessment and rehabilitation.

As an extended scope practitioner I assess and order appropriate investigations to aid and deliver diagnosis. My approach is always patient centred and includes a shared decision-making process to ensure an individual's needs and priorities are tailored for optimal outcomes.

I am adept at working collaboratively within multidisciplinary teams, contributing to the development of care pathways. I have a strong commitment to continuous professional development. My excellent communication skills and empathetic approach enable me to build strong therapeutic relationships with patients, enhancing their rehabilitation journey.

As a physiotherapy manager for 27 years, I have a wealth of experience of day-to-day leadership. Together with resolving patient/family complaints within out and in patient settings working closely with PALS team, MDT, legal team, supporting staff and patients through these processes.



Maggie Sargent & Associates

My Specialist Skills Include:

- MSK advanced clinical assessments
- MSK management

Qualifications, Courses, and Memberships:

- BSc in Physiotherapy with combined Science, Northumbria University, 1988-1991
- Diploma in Injection therapy – ACPOM MSc level distinction, University of Manchester, 1988
- Post graduate diploma in Sports and rehabilitation MSc level, Teesside University, 2002
- MACP masterclasses – Demystifying bloods, Pain medications, Shoulder imaging 2024.
- Upper Limb – Jo Gibson Steps to success 2025 Jeremy Lewis shoulder complex, McConnells shoulder, Muscle imbalance
- Lower Limb – Claire Patella knee 2024, Biomechanics, Heamodynamics, Escape pain.
- Spinal – chronic pain, SIJ combined approach, start back, APPI Pilates women's health and mat work 2, mulligans techniques.
- Health and safety – TUC and IOSH.
- ACPOM – ABC & exam.
- Academic health science network NE & N Cumbria MSK events. North East Musculoskeletal Society conference 2024 & online events.
- Management training – Improvement matters, Coaching TPP.