



Sara Hemming

Occupational Therapist Case Manager & Care Expert

Types of Reports Undertaken: Quantum Occupational Therapy Reports, Quantum Care Reports, Quantum Combined Care & OT Reports

Locations Covered: UK

Client Age Categories: Paediatric, Adult



Specialisms:

- Brain Injury
- Spinal Injury
- Orthopaedic Trauma
- CPTSD
- Mental Health
- Chronic Pain
- Vocational Rehabilitation

Profile:

I qualified as an Occupational Therapist in 2001, became a Case Manager in 2005 and set up my company Regain Case Management Ltd in 2010 I became an Expert Witness after qualifying at Cardiff Law School through Bond Solon in 2015. I have worked for both Claimant and Defendant Solicitors in a private capacity.

I have over 20 years' experience of working with children, adults and their families who have experienced catastrophic injury and the wide rippling effects this experience presents them with. I am a confident, proactive and an experienced provider of case management and expert witness services in the catastrophic injury sector working with both Adults and Children.

I have experience of working alongside insurers, claimant and defendant solicitors, professional deputies, ICB's and local authorities. I currently offer Case Management services to children and adults who have multiple diagnoses and disabilities, including Spinal Cord Injury, Acquired Brain Injury, CPTSD, Life Limiting Injury, Cerebral Palsy and Orthopaedic Injury.

I have expertise in supporting children gain an EHCP – Education, Health and Care Plan and support adults with vocational rehabilitation, benefit review, CHC- continuing healthcare assessment, appeal and funding. I also have a sound understanding of Mental Health Law, adult safeguarding and Section 47, child in need and child protection plans.



Maggie Sargent & Associates

I have provided private Occupational Therapy Case Management services on a joint and single instruction basis and am experienced in providing INA – Immediate needs assessment and treatment under the Rehabilitation Code.

Testimonials:

"As a solicitor who specialises in pursuing compensation claims for clients who have suffered life-changing, catastrophic injuries I appreciate the difference first class case managers can make in supporting clients during this process. I worked with Sara on behalf of a young man who had suffered a complete spinal cord injury. In that time Sara displayed enormous commitment to the client and his family, supporting them and helping them rebuild their lives. She matched compassion with determination and a can-do approach. Without Sara's work in helping the client and his family to find a framework for the future, the litigation would not have been able to provide the future security our client and his family sought and ultimately achieved." **Scott Rigby Stewarts Law**

"We have had the pleasure of working with Sara and her colleague Katie since 2013. Regain Case Management has been the company of choice over this period for several of our deputyship clients. They are highly experienced and very efficient. They demonstrate great empathy towards the client and are always supportive of both the deputy and the MDT" **Lorna Halfpenny-Beeby Partner, JE Bennett Law**

"Sara supported me to regain a new way of living. I did not see any future following my accident and they have guided me to take each step!" **Paediatric Client aged 11-18 years C1 Spinal Cord injury – went on to enrol in university and live independently.**

Throughout my career I have continued to professionally develop my skills and am a specialist in assessing the needs of clients. I have expertise in dealing with crisis management and psychological support following trauma. This wide range of experience has ensured I am a very competent professional in both assessment and treatment of varying needs and am skilled in the role of case manager, occupational therapist, and care expert.

Qualifications and Memberships:

- Diploma in CBT
- Masterclass in PTSD & CPTSD
- Cardiff Law School: Bond Solon Civil Expert Certificate
- De Montfort University: Post Graduate Certificate in Managing Health and Social Care
- University of the West of England: BSc (Hons) Occupational Therapy 2:1