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16 SUPERIOR COURT OF THE STATE OF CALIFORNIA
17 COUNTY OF ALAMEDA
18

19 THE PEOPLE OF THE STATE OF
20 CALIFORNIA,
21 Plaintiff,
22 v.
23 HEARTBEAT INTERNATIONAL, INC., and
24 REALOPTIONS, INC.,
25 Defendants.

Case No.: 23CV044940

**DECLARATION OF ASHLEY
ALCANTAR IN SUPPORT OF
DEFENDANTS' MOTION FOR
SUMMARY JUDGMENT**

1 I, Ashley Alcantar, declare and state as follows:

2 1. I received Abortion Pill Reversal treatment at a pregnancy help clinic in California
3 in 2019. I am submitting this declaration in support of Heartbeat International's and RealOptions'
4 motion for summary judgment or, alternatively, summary adjudication. I am over 18 years of age
5 and competent to submit this testimony. All of the matters discussed below are based on my own
6 personal knowledge and experience.

7 2. Six years ago I found out I was unexpectedly pregnant at what couldn't be a worse
8 time. I was trapped in an abusive romantic relationship with my abuser's child and was dealing
9 with serious medical issues after I had had cysts burst the previous week. My life then was defined
10 by fear and instability, and I thought I could not care for a child. So I scheduled an abortion
11 appointment at my local Planned Parenthood clinic when I was about eight weeks pregnant.

12 3. I had profound misgivings about whether to proceed with the abortion even while I
13 was still at Planned Parenthood. I had never had an abortion, and having an abortion except in an
14 extreme circumstance such as a rape deeply conflicted with my values. So I hesitated before
15 eventually going along and taking the first chemical abortion pill at the clinic and leaving with the
16 second pill I was supposed to take to complete the abortion.

17 4. As soon as I got into my car in the Planned Parenthood clinic parking lot, though, I
18 began to emotionally unravel. I started to cry, feeling disgusted at myself for having forsaken my
19 values. I began thinking about my baby as the human being I knew he or she to be—wondering
20 especially whether the baby was a boy or a girl. A realization hit me like a ton of bricks: I had made
21 a life-and-death decision for another person out of fear. I was horrified and scared and thought
22 nothing short of a miracle could reverse what I had done.

23 5. But rather than simply give up or not take the second chemical abortion pill and
24 hope for the best, I started searching online for ways to reverse the effects of the first pill as soon as
25 I got home. About 15-20 minutes after I got home, I found the Abortion Pill Reversal Network's
26 website. I quickly scanned it, saw a phone number on it, and called.

27 6. I was crying hysterically when a nurse picked up on the other end of the line. But
28 the nurse was so kind and sweet, and she did her best to calm me down. It was almost like she was

1 a friend. I remember feeling like a weight had been lifted off my shoulders—like someone was
2 finally speaking to me with care instead of pressure. That call was the first moment since I'd left
3 the Planned Parenthood clinic earlier that day when I felt a small opening for hope.

4 7. Something was clear to me already at the time of that APR Network hotline call:
5 APR is not guaranteed to work; it is not a miracle. But I understood that there was a chance that
6 APR could improve my baby's chances of surviving the first chemical abortion drug. And I felt
7 that, as a mom, I owed it to my baby to do what I could to improve those chances. I had put my
8 baby at risk, and I wanted to do everything I could to protect him or her while I still could. So I
9 filled a prescription for progesterone and began the APR regimen within 24 hours of having taken
10 the first abortion drug.

11 8. The APR Network had connected me with a medical provider, and I found out at an
12 obstetrics appointment a few days later after starting the APR regimen that my baby had survived!
13 An ultrasound indeed showed that the first chemical abortion drug had had no impact on the baby. I
14 had additional testing at the provider's clinic over my ensuing months of pregnancy that confirmed
15 my pregnancy was continuing unproblematically.

16 9. I didn't have any complications from the APR treatment, but the APR hotline nurse
17 and clinic doctor followed up with me repeatedly during my pregnancy to make sure I was still
18 doing okay and to comfort me during times of worry and concern. The clinic also provided me with
19 additional prenatal care across multiple visits, which helped me feel supported during a time that
20 otherwise would have been filled with fear.

21 10. After my son was born healthy, Heartbeat International continued to follow up with
22 me for years to ask about my health and whether I needed any additional help. Heartbeat never
23 asked me for anything in return for all it had given me—not so much as a single donation request.
24 How amazing is that?

25 11. I have too much on my plate right now to volunteer for Heartbeat International or
26 the clinic where I received the APR treatment that helped save my now-six-year-old son's life. (I'm
27 working right now as a certified nursing assistant at a nursing home and in the last year of
28 schooling to become a licensed vocational nurse.) But I will forever be grateful to the APRN and

1 my APR provider, and I hope the story of my experience will help other moms who regret starting a
2 chemical abortion discover that all hope is not lost even after they start the chemical abortion
3 process.

4 I declare under penalty of perjury under the laws of the United States and the State of
5 California that the foregoing is true and correct. Executed on January 16, 2026, in Fresno,
6 California.

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8 Ashley Alcantar

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