



Could Your Personality Damage Your Career?

Sean Joyce, Omega Consultants

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The Magical Seeds of Success

Can you make a tree and each branch has the following:

- **Believing in Magic**
 - **Positive Mental Attitude**
 - **Be a Visionary**
 - **Believe in Your Potential**
 - **Be willing to pay the price**
 - **Create fun along the way**
 - **Assist others during the journey**
- 

10 Personality Traits That Can Damage Your Career

Awareness Creates Growth | Growth Creates Opportunity



1. Perfectionism

When excellence becomes paralysis.

- ✓ Delays decisions
- ✓ Creates burnout
- ✓ Signals lack of trust in others
- **Shift:** Aim for progress, not perfection.

2. Passive Aggressiveness

Indirect resistance erodes trust.

- ✓ Damages team morale
- ✓ Creates confusion
- ✓ Undermines leadership
- Shift: Practice direct, respectful communication.

3. Isolationism

Working alone limits growth.

- ✓ Reduces collaboration
 - ✓ Limits visibility
 - ✓ Blocks innovation
- **Shift:** Build strategic relationships.

4. Low Emotional Intelligence

Talent without awareness is risky.

- ✓ Poor conflict management
- ✓ Weak leadership presence
- ✓ Damaged relationships
- **Shift:** Develop empathy and self-awareness.

5. Chronic Skepticism

Healthy doubt vs. constant negativity.

- ✓ Kills innovation
- ✓ Discourages teams
- ✓ Creates resistance to change
- **Shift:** Balance critical thinking with openness.

6. Impulsiveness

Speed without strategy.

- ✓ Poor decisions
 - ✓ Reputational damage
 - ✓ Loss of trust
- **Shift:** Pause. Evaluate. Then act.

7. Inflexibility

Rigidity in a changing world.

- ✓ Missed opportunities
 - ✓ Team frustration
 - ✓ Leadership limitations
- **Shift:** Adaptability equals longevity.

8. Inferiority Mindset



Self-doubt limits potential.

- ✓ Avoids visibility
- ✓ Misses advancement
- ✓ Undervalues contributions

➤ **Shift:** Build competence and confidence.

9. Sarcasm as Communication



Humor that harms.

- ✓ Damages credibility
 - ✓ Creates tension
 - ✓ Weakens trust
- **Shift:** Choose clarity over cleverness.

10. Eccentricity Without Awareness



Different is powerful — unaware is risky.

- ✓ Misaligned expectations
- ✓ Social disconnect
- ✓ Reduced influence

➤ **Shift:** Leverage uniqueness with emotional intelligence.

Final Thought

Self-awareness is your competitive advantage.

- The goal is not perfection — it is growth.
- Transform weaknesses into leadership strengths.



Carl Jung

*“You are what you do,
not what you say you’ll do.”*

— Carl Jung



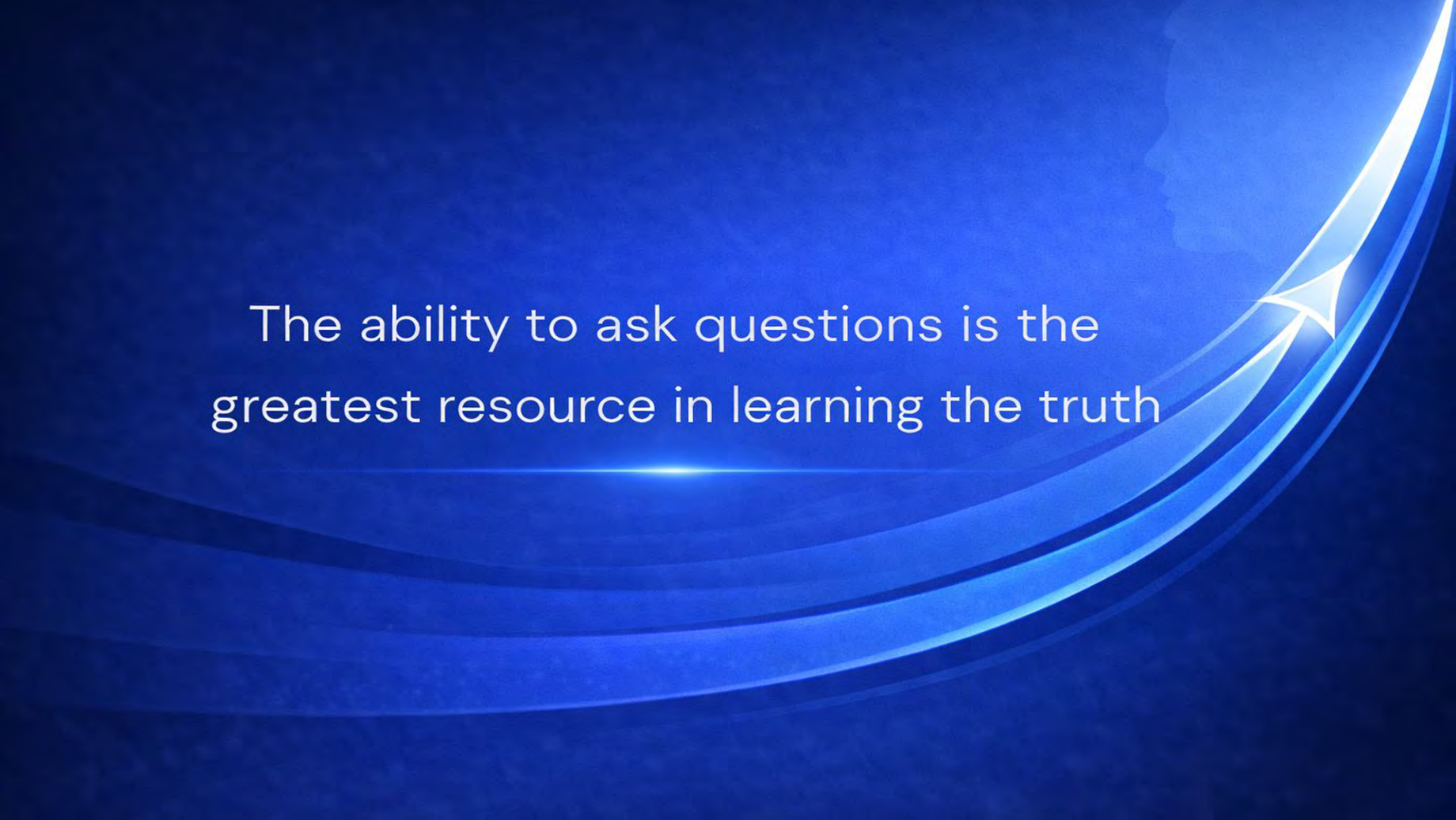
**What You
Resist, Persists**



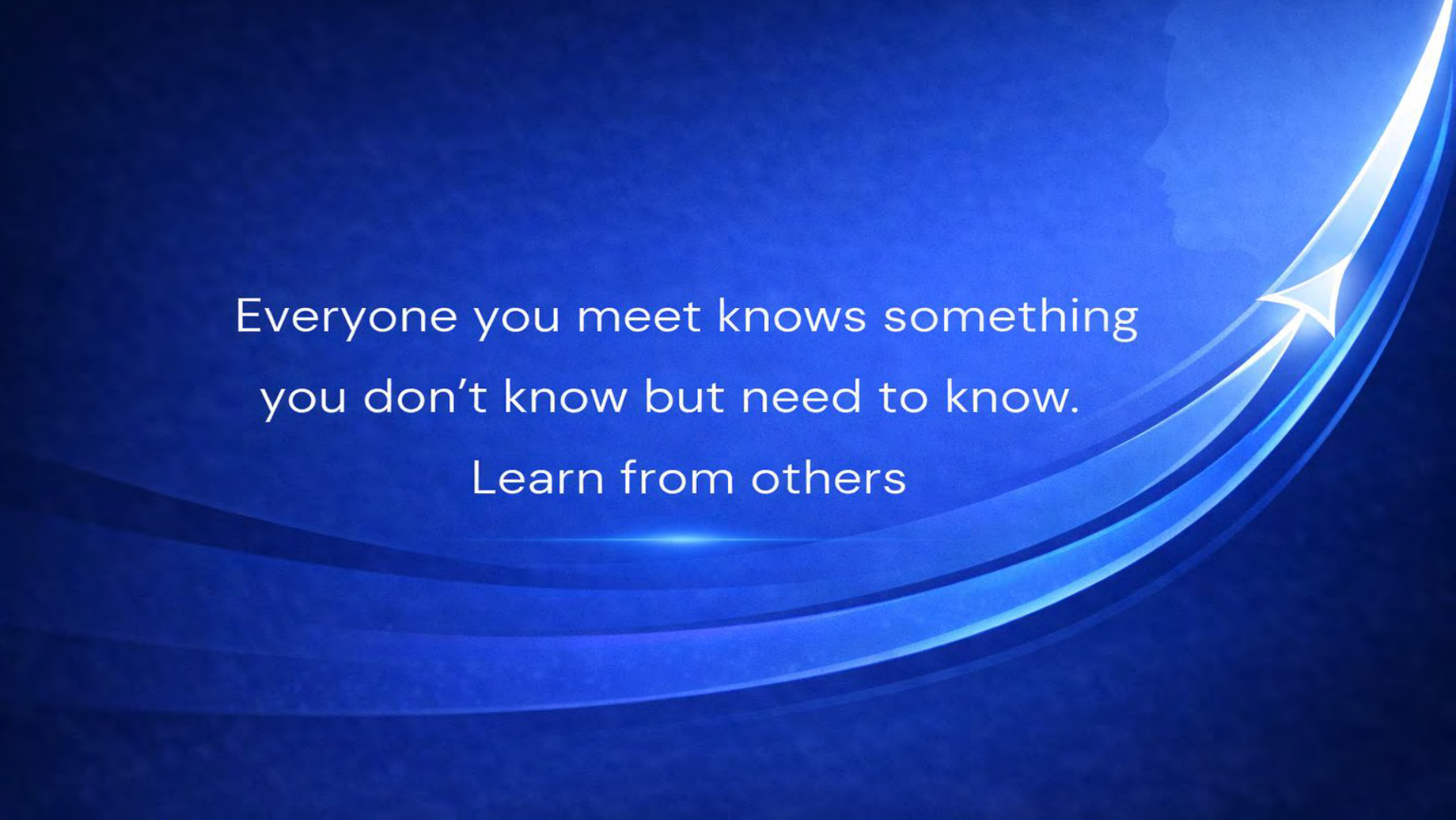
Your visions will become clear only when you
can look into your own heart. Who looks
outside, dreams, who looks inside, awakes



Life really does begin at forty. Up until
then you are just doing research



The ability to ask questions is the
greatest resource in learning the truth



Everyone you meet knows something
you don't know but need to know.

Learn from others



Where love rules, there is no will to power,
and where power predominates, love is lacking.

The one is the shadow of the other



Mistakes are, after all, the
foundations of truth.

The Conscious vs Unconscious Mind



Most of our decisions are driven beneath the surface.

INTERNAL PROCESSOR

STRENGTHS

- Insightful and empathetic
- Self-motivated and independent
- Thoughtful leadership
- Ability to solve complex problems
- Focused work
- Deep thinking and analysis
- Active listener and observer

WEAKNESSES

- Overthinking and rumination
- Anxiety and worry
- Can be quiet and unassertive
- Can seem aloof
- Do not like interruptions
- Resistant to outside influence
- Prefer to work alone

EXTERNAL REACTOR



STRENGTHS

- ✓ Visionary and Strategic
- ✓ Creative and Innovative
- ✓ High Adaptability and Foresight
- ✓ Strong Team Engagement
- ✓ At ease with the environment
- ✓ Purpose-Driven Navigation
- ✓ Fast, Decisive Action



WEAKNESSES

- ! Can be impulsive
- ! Need external validation
- ! Can be overbearing
- ! May struggle with deep reflection
- ! Can be insensitive
- ! May struggle with being alone
- ! Needs to have others always available.
- ! Needs to have others always available.
- ! Impractically

PATTERN MAKER



STRENGTHS

- ✓ Outgoing and sociable
- ✓ Confident and assertive
- ✓ Good at multitasking
- ✓ Energized by external stimulation
- ✓ Easy to get to know
- ✓ Think on their feet
- ✓ Good at building relationships



WEAKNESSES

- ! Can be impulsive
- ! Needs external validation
- ! Can be overbearing
- ! Struggles with deep reflection
- ! Can be insensitive
- ! Struggles with being alone
- ! Needs constant external presence

CONCRETE OBSERVER



STRENGTHS

- ✓ Detail-Oriented and Meticulous
- ✓ Practical and Realistic
- ✓ High Operational Efficiency
- ✓ Exceptional Crisis Management
- ✓ Reliability in Executing Plans
- ✓ Strong Memory and Experienced-Based
- ✓ Action-Oriented



WEAKNESSES

- ! Resistance to Change
- ! Too Task-Focused
- ! Potential to Miss Underlying Patterns
- ! Discomfort with Ambiguity and Abstract Strategic Planning
- ! Micromanagement Stifle Creativity
- ! Ignore Non-tangible Data

SYSTEMATIC ANALYST



STRENGTHS

- ✓ Prioritize logic and analysis
- ✓ Exceptional problem-solving
- ✓ Strategic planning and rational, evidence-based decision making
- ✓ Intellectual Curiosity and Expertise
- ✓ Independence and Objectivity
- ✓ Direct Communication
- ✓ Prefer dealing with Data over People



WEAKNESSES

- ! Emotional detachment
- ! Overthinking & paralysis
- ! Perfectionism
- ! Arrogance
- ! Collaboration issues
- ! Argumentative behavior
- ! Dismissive attitude

EMPATHETIC EVALUATOR



STRENGTHS

- ✓ Value-Driven Integrity
- ✓ Empathy and Understanding
- ✓ Prioritize interpersonal harmony, acting as mediators who diffuse tension and foster cooperation
- ✓ High degree of Emotional Intelligence, allowing them to sense and understand the emotions and needs of those around them
- ✓ Interpersonal Persuasion
- ✓ Supportive Collaboration
- ✓ Conflict Resolution and Harmony



WEAKNESSES

- ! People-Pleasing and Conflict Avoidance
- ! Emotional Sensitivity: takes criticism personally, leading to defensiveness
- ! Over-Optimism and Naivety: disregard realities of logical data, focusing on possibilities
- ! Seen as lacking convictions
- ! Manipulative: melodramatic to emotion
- ! Overly preoccupied: becomes overly fixated with morale, burnout and overextension

LINEAR PLANNER



STRENGTHS

- ✓ Exceptional Organization
- ✓ Reliability and Conscientiousness
- ✓ Goal-Oriented Focus
- ✓ Efficiency and Structure
- ✓ Preference for Closure
- ✓ Structure over Spontaneity
- ✓ Controlled Environment



WEAKNESSES

- ! Over Reliance on Systems
High Stress and Anxiety treating (seovrnically, creating #high Stress and Anxiety for themselves and orites.
- ! Struggle to Delegate
- ! Inflexibility and Rigidity
- ! Dislikes surprises and demands advance warning
- ! Believes there is only one way to do things
- ! Becomes unraveled when things do not go as planned
- ! Becomes unraveled when things do not go as planned

ADAPTIVE CATALYST




STRENGTHS

- ✓ Improvisational Skills, ability to think on their feet
- ✓ Discover alternate solutions
- ✓ Consults others before making decisions
- ✓ Reconsiders and undoes decisions already made
- ✓ Creates and Communicates opinions and opportunities
- ✓ Burst Productivity: Produce best work in a final surge of energy – when under pressure.
- ✓ Makes sure all facts are available for decisions



WEAKNESSES

- ! Difficulty with Commitment
- ! Postpones decisions; struggle with deadlines.
- ! Low Boredom Threshold, need novelty and excitement.
- ! Disorganization and Procrastination
- ! Talks in perceptions rather than judgement
- ! Difficulty with Follow-Through
- ! Easily Distracted

A wooden signpost stands in a field. The top sign, which points to the left, is labeled 'WINNERS'. The bottom sign, which points to the right, is labeled 'LOSERS'. The entire image has a blue color cast.

WINNERS

LOSERS

Winners & Losers

Winners

- ✓ Let's explore this
- ✓ Find solutions
- ✓ Stay open-minded
- ✓ Take action

Losers

- ! It won't work
- ! Focus on problems
- ! Closed mindset
- ! Avoid action

Mindset defines direction.

Winners & losers

Winners

"That's interesting. Let's look into it."



Losers

"It won't work."



Winners & losers

Winners

Learns from others



Losers

Takes credit for others work



Winners & losers

A Winner Says

“Sure I am good, but not as good as I want to be or can be.”



A Loser Says

“I am no worse than a lot of the other people I know around here”



Winners & losers

Winners

"Let's investigate that"



Losers

"Nobody knows"

**NOBODY
KNOWS!**

Winners & losers

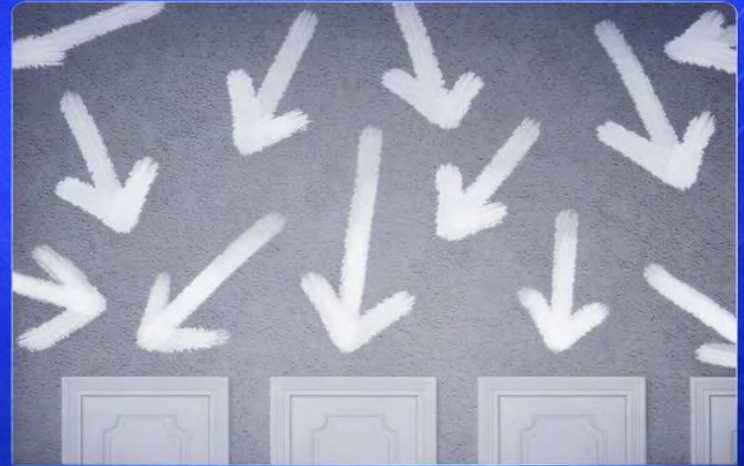
Winners

Tackles a problem



Losers

Goes around the problem



Winners & losers

A Winner Says

There must be a better way of doing things



A Loser Says

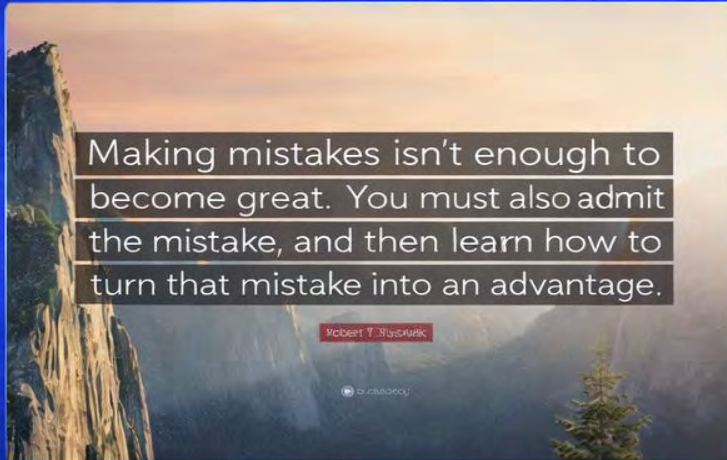
This is the way we have always done it



Winners & losers

Winners

Admits a mistake



A Loser Says

Says it is not my fault



Questions?



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Awareness Creates Growth | Growth Creates Opportunity

Problem Solving ?

Paris In The The Spring

Busy as a Beaver

Finished Files are the result of
years of scientific study for the
development of industry.

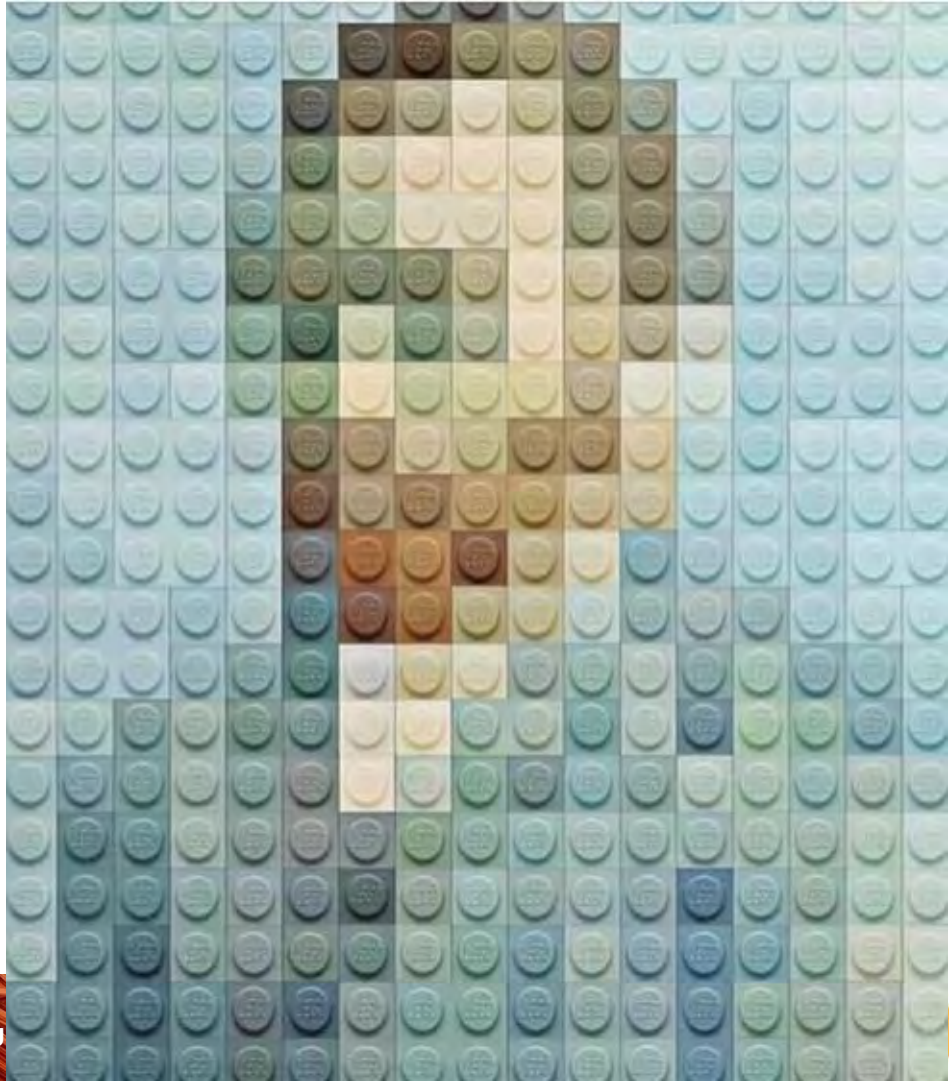
IX

SIX





Squint your eyes 👁️





1000

10

1000

20

1000

30

1000

40

IT IS ABSOLUTELY ESSENTIAL FOR MANAGERS AND EMPLOYEES TO MAINTAIN CONTINUOUS INTERACTION WITH EACH OTHER. MANAGERS, OF NECESSITY, MUST ALWAYS BE INFORMED ABOUT CURRENT OPERATIONS IN THEIR DEPARTMENTS. IF UNANTICIPATED PROBLEMS ARISE, MANAGERS WILL NEED TO TAKE CORRECTIVE ACTION, OFTEN AT ONCE. EMPLOYEES WILL FREQUENTLY REQUIRE SPECIFIC ASSISTANCE AND SUPPORT WHICH ONLY THE MANAGERS CAN PROVIDE. HENCE, MANAGERS SHOULD ALWAYS BE AVAILABLE AND, THROUGH THEIR ATTITUDE, APPROACHABLE BY EMPLOYEES.

QUIZ SHEET

1. If a doctor gave you three pills and told you to take one every half hour, how long would they last?

2. Divide 30 by a half. Add 10. What is the answer?

3. If you had only one match and entered a dark room where there was an oil lamp, oil heater, and some kindling wood, which would you light first?

4. Take two apples from three apples. What do you have?

QUIZ SHEET

5. Some months have 30 days, some have 31; how many months have 28 days?



6. A man builds a house with four sides, a rectangular structure with each wall having a southern exposure. A bear comes wandering by one day. What color is the bear?

7. How many animals of each species did Moses take on the Ark?

8. I went to bed at eight o'clock in the evening and wound up the alarm clock to get me up at nine in the morning. How many hours' sleep did this allow me?

I.Q TEST

Here are some real puzzlers for you! Decipher the hidden meaning of each set of words.

1 HAMLET WORDS	2 d o o d l e	3 late n e v e r	4 c l o u
5 lo head ve heels	6 THAT	7 BED FA ST	8 
9 CAR JACK TON	10 1. GLANCE 2. 3. GLANCE	11 momanon	12 ca se case
13 	14 N I N H	15 c c c c Holiday	16 SKIING

I.Q TEST

Here are some real puzzlers for you! Decipher the hidden meaning of each set of words.

1 PERSON PERSONS PERSONS PERSONS	2 Insult + Injury	3 EVARELTO	4 ³ (S T E A K)
5 NO WAYS IT WAYS	6 ALL world	7 1 3 5 7 9 WHELMING	8 CCCCCCC
9 gettinitall	10 alai	11 CUS TOM	12 MAUD
13 T —T +T 3T	14 RASINGINGIN	15 FAIRY WOLF DUCKLING	16 24 Hours



I.Q TEST

Here are some real puzzlers for you! Decipher the hidden meaning of each set of words.

1 E S O D U B TENNIS	2 timing tim ing	3 J J J B B B	4 1/4 1/4 1/4 1/4 1/4
5 hand hand hand deck	6 e e q u a l s m c	7 goodbye	8 DR. DR
9 dipping	10 fighting	11 S O E S H W R	12 GGES EGSG GEGS SEGG
13 HEAD SHOULDERS ARMS BODY LEGS ANKLES FEET TOES	14 K A N E L	15 a chance n	16 THE END ↑

WHO ARE THESE PEOPLE?

(Rearrange the letters to identify a common profession)

Clue	Profession
1. IN ARREST	1. _____
2. COD ROTS	2. _____
3. A COIN STUD	3. _____
4. STEW A SIR	4. _____
5. LOG REF	5. _____
6. SNAG MARE	6. _____
7. CHEATER	7. _____
8. SOUR HAT	8. _____
9. SLY WARE	9. _____