Jigsaw Knowledge and skills progression: Celebrating Difference Puzzle Ages 3-11

Jigsaw PSHE is a progressive scheme of learning where knowledge and skills build year on year across the programme. The table below shows how the **Celebrating Difference** Puzzle (unit of work) develops in this year group, including some of the key vocabulary. Schools may adapt content to fit their policy, so please check with your child's school for specific details.

Ages 7-8

Puzzle overview: Celebrating Difference

In this Puzzle, children explore different types of families and why they are important, learning how to manage disagreements calmly and solve problems together. They develop an understanding of what it means to be a witness to bullying and how their actions and words may help or harm others. Across the six Pieces, children practise using kind language, challenging stereotypes, and offering support to those who feel excluded. They learn how to give and receive compliments and reflect on how the words we choose affect feelings.

Knowledge	Social and emotional skills
• I understand that everybody's family is different and important to them • I understand that differences and conflicts sometimes happen among family members • I know what it means to be a witness to bullying • I know that witnesses can make the situation better or worse by what they do • I recognise that some words are used in hurtful ways • I can tell you about a time when my words affected someone's feelings and what the consequences were	• I appreciate my family/the people who care for me • I know how to calm myself down and can use the 'Solve it together' technique • I know some ways of helping to make someone who is bullied feel better • I can problem-solve a bullying situation with others • I try hard not to use hurtful words (e.g., gay, fat) • I can give and receive compliments and know how this feels

Vocabulary

banter, bullying, bystander, caring, compliment, conflict, connected, consequences, difference, discrimination, family, feelings, gay, hurtful, include, incident, isolate, kindness, lonely, love, loving, protection, resolve, rights, safe, security, self-regulation, similarity, solve it together, special, stability, stereotype, support, tell, unique, unkind, witness

This page offers simple ways to support your child's learning at home. The questions, ideas, and resources below encourage meaningful discussion, independence, and practising key life skills in everyday situations.

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Supporting ‘Celebrating Difference’ puzzle at home: A Guide for Families

Ages 7-8

Talking Together: suggested questions to support ‘Celebrating Difference’ learning at home		
Families and relationships • What makes your family special to you? • How can families be different from each other? • Why is it important to respect all types of families?	**Conflict and problem solving** • What can you do if you disagree with someone at home or school? • How can you calm yourself down when you feel upset or angry? • What does “solve it together” mean?	**Bullying and being a witness** • What does it mean to be a witness (bystander) to bullying? • How can a witness make a situation better? • What could you do if you saw someone being bullied?
Kind words and hurtful language • What are kind words you can use with others? • Why can some words be hurtful, even if people say them as a joke? • How do words affect how people feel?	**Inclusion and supporting others** • How can you help someone who feels left out or lonely? • What does it mean to include others? • How can our actions make someone feel valued?	**Compliments and positive relationships** • What is a compliment? • How does it feel to give or receive a compliment? • How can compliments help build friendships?
Resources and additional support for Families		
• Anti-Bullying Alliance – guidance for families on understanding bullying and how to support children • BookTrust – high-quality book recommendations for children about friendship, bullying, kindness and inclusion • Visit your local library to explore a range of age-appropriate fiction and non-fiction books linked to the Celebrating Difference theme.		
School-based and local resources (editable box for teachers):		

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