

# Welcome!

To warm up, test your password hacking skills and **drop your answer in the chat!**

1. What's the most common password?
2. Which numbers and symbols show up most?
3. Where do people usually capitalize letters?

# How did you do?

1. What's the most common password? **123456**
2. Which numbers and symbols show up most? **1 & 2 (at the end)**
3. Where do people usually capitalize letters? **First letter**

## Module 3

# From Passwords to Predators: Teaching Kids Safe Online Habits

# Introductions



Uber Eats voucher for those who **complete** the session  
sent on Monday

# Learning Goals

Parents and children will be able to...

- Use strong security habits
- Recognize online predators and their tactics
- Limit the access that online predators have
- Maintain a positive digital reputation





# Our guiding principles

- Parenting is complex
- Different folks, different strokes
- Right questions > Right answers



QUIZ

asic online



## Online safety quiz for parents

Your response has been recorded.

[View score](#)

[Submit another response](#)



# Resources in your kit

1. Strong passwords and account security
2. “Lock it down” dinner activity
3. Recognizing online scams
4. Top 5 things parents and caregivers can do to protect kids’ privacy online



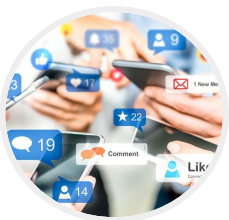
Stranger danger:  
Interacting safely with  
strangers online

QUESTION

Where do kids need  
protection online?



# Most common online spaces where kids are vulnerable



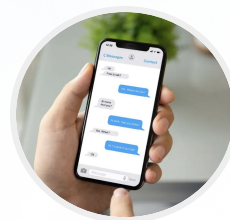
social  
media



Gaming  
platforms



Streaming  
services



Messaging  
apps



## QUESTION

How can you tell if  
someone isn't who they  
say they are?





# Common red flags



## Profile inconsistencies

- Incomplete or vague bio
- Stock images
- Inconsistencies in name, age, or other details
- Recently created account
- Few friends or followers



## Unusual communication

- Overly personal
- Avoiding video calls
- Strange grammar



## Suspicious requests

- Asking for personal info
- "Don't tell your parents"
- Offering gifts or money
- Trying to move the conversation to a different platform

QUESTION

How do online predators  
target kids?





## How predators choose



- Kids who post revealing pictures of themselves
- Kids who divulge prior sexual abuse
- Kids who discuss sex online
- Main target: 12-15 year old girls and boys questioning their sexuality



## How predators gain trust

- Friendly messages and compliments
- Sharing the same interests
- Slowly bringing up inappropriate topics
- Asking for “harmless” photos or favors
- Use flattery, guilt, or pressure
- Threatening to share what the child sent
- Using fear or shame to keep the child quiet



# What kids can do

- 1 Keep their accounts private
- 2 Smart commenting/posting
- 3 Talk to an adult if uncomfortable





## QUESTION

What can parents  
and caregivers do?



## Parents can lead by example and...

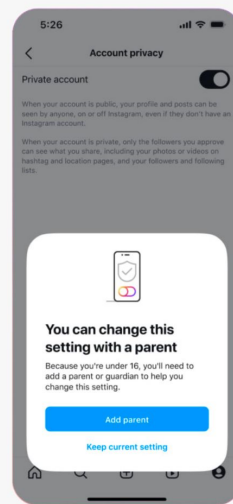
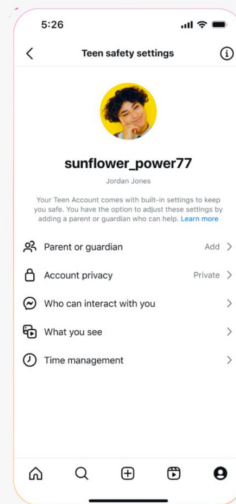
- **Talk early and often** – Make online safety a regular, judgment-free conversation
- **Set boundaries and privacy settings** – Use tools on apps, games, and devices
- **Stay in the loop** – Learn the platforms your kids use and model safe behavior
- **Watch for red flags**

# Social media privacy

- **Instagram** – Private account and teen account options. [Guide](#)
- **Facebook** – Kids 16 and under are set up with enhanced privacy settings. [Guide](#)
- **X** – Age for participation is 13, but we recommend not allowing due to limited parental controls. [Guide](#)



See phone-specific tips in your take-home kit





# Online balance with Aura

Built with child psychologists and designed for real families, Aura gives you a deeper, more personalized understanding of your child's online behavior—and the impact it may be having on their mental wellbeing.



Set your child's privacy settings all in one place





# Digital footprint and reputation

# What kids should know about their digital footprint



Anything shared online can be **permanent**, even if it's deleted



Content can be **screenshot or shared**, no matter your privacy settings



Posts, messages, and images can be seen by colleges, employers, or **even law enforcement**

Why is it hard for kids to care about this?



# What kids can do

1

Think twice

2

Regular clean ups





Let's practice

# Working with AI



1

AI is not perfect

2

Scenario mismatch

3

Take what you can and leave the rest



Mike

Bullying K-6

Mike is a thoughtful and emotional kid, and navigating the challenges of middle school hasn't been easy for him. Lately, something seems to be bothering him more than usual—he's been moody and keeps anxiously checking his phone. Breaking through his grumpy shell

[Chat with Mike](#)

Jessa

Bullying 7-12th

You've been so relieved—Jessa finally seems to have found her social footing at school. But something feels off. You noticed her looking at her friend's phone and laughing in a way that didn't feel quite right. Something's up.

[Chat with Jessa](#)

June

Bullying 7-12th

June is a sensitive kid, but she's been excited 'bout the new friends she's made this year. "rday, something seemed off, and tonight, "Is not funny and went into the



David

Bullying K-6

David has always been a "nice" kid who cares about what others think of him, which has sometimes been challenging. This year, he' found a new group of friends and "

# AI conversations

**Your goal:** Teach 1–2 key online safety topics to your child. Choose from:

- Meeting strangers online
- Keeping your information private
- Your online reputation
- Sharing photos and videos

# Conversation tips

1

"What do *you* think?"

2

"I" vs "you should"

3

Go slow and get back to them if needed

## PASSWORDS & PREDATORS

# Practice with Jo

Choose Jo's age:

- Late elementary student (age 9–11)
- Middle school (age 12–14)
- High school (age 15–17)



# How to begin



1. Choose Jo's age:
  - Elementary student (age 9–11)
  - Middle school (age 12–14)
  - High school (age 15–17)
2. Pick a teaching topic

Hi there! I can help you practice talking to your child about online safety. First, what's your name?

Katelyn

*Thanks, Katelyn. Now let's make this exercise useful to you. Would you like me to play Jo as a late elementary student (9–11), a middle schooler (12–14), or a high schooler (15–17)?*

Middle school

*Great. What online safety topics would you like to practice teaching today? I suggest picking two or three. You can just type in the number(s) you want to cover and hit enter.*

1. Meeting strangers online
2. Keeping your information private
3. Your online reputation
4. Sharing photos/videos online



## REFLECTION

What was challenging?

What worked?



# Q&A



## Takeaway



What is one idea or plan  
you want to carry with you  
from today?

# If you're planning to teach this session...

OSO Training Kit >> [givebacks.com/oso](https://givebacks.com/oso)

- Slides to deliver training
- AI Chatbots for continued practice
- Strong passwords and account security
- *Recognizing online scams, Top 5 things parents and caregivers can do to protect kids' privacy online*
- "Lock it down" dinner activity



Plus freebies from Aura and more!



# Parent take-home kit

We've got everything parents need to talk about online safety with their kids.

[givebacks.com/oso](https://givebacks.com/oso)



# Aura

As a leader in family online safety, Aura helps families navigate challenges as they raise the first truly connected generation.

## FOR YOU + PARENTS IN YOUR COMMUNITY

Free Parental Controls from Aura for 30 Days

Filter, block, or monitor what your kids are doing online. Parental Controls from Aura allows you to set custom screen time limits, pause the Internet<sup>®</sup>, and much more.



# Find everything you need at:

[givebacks.com/OSO](https://givebacks.com/OSO)



Email with Uber Eats gift card and all of this info will follow MONDAY

**givebacks<sup>\*</sup>** x **ĀURA**

**Questions?**

Noah@givebacks.com