



Center Closed July 4th

11960 HERITAGE OAK PLACE #15, AUBURN, CA 95603
HOURS: MONDAY - FRIDAY 9:00 AM - 3:30 PM



Summer time is here!

It's that time of year, annual dues are due July 1st, watch for your invoice in the mail. If you regularly come to a class, you will be given your invoice at the center.

The final total donation from 100+Women Who Care is \$14,100.00, Awesome!!

Enjoy your Fourth of July, reminder the Center will be closed.

Be Safe and Stay Cool, ,

Monica

Spaghetti Bingo

Date: Monday, July 14th

Lunch served at 12:30 pm, Bingo play immediately after lunch to 3:30 pm.

Cost: \$8 per person lunch, \$5.00 if not having lunch + \$1 per card for bingo

Meal Sponsored by David La Plante, an agent offering Medicare products, license number 0783808.

Please sign up & pay by the Friday before.

Seating limited to 22!

JUNE 2025 / JULY 2025

Day	Description	Start	End	Facilitator Name	Cost/Notes
Mon	Tai Chi/Qiqong	9:15AM	10:15AM	Jaya Carl	Jun \$30/ Jul \$24 Drop in \$7/\$9
Mon	Chair Yoga**	11:00A	12:00PM	Sandra Main	Jun \$30 / Jul \$24 Drop in \$7/\$9
Mon	Quiddler	12:30P	3:00PM	Judith Brooks	Jun \$20 / Jul \$16
Mon	Bunco/Scattergories	1:00PM	3:00PM	Kathy Arnone	1st Monday of the month \$5 / \$7
Tues	Silver Strength Training	10:00 AM	11:00 AM	Cory Nix	Jun \$24 / Jul \$30 Drop in \$7/\$9
	Cooking Club	11:30AM	1:00PM	Bonnie, Sherry, Mary	Jun \$24 / Jul \$30 Drop in \$7 / \$9
	Hand & Foot	12:30 PM	3:00 PM	Char Russell	2nd and 4th Tuesday Jun/Jul \$8
	Mexican Train	12:30 PM	2:30 PM	Barbara Allendorfer	1st and 3rd Tuesday Jun/Jul \$8
	Share and Care Group	1:00PM	2:00PM	Steve Chandler	2nd and 4th Tuesday Jun/Jul \$8
	Cribbage Club	5:30 PM	9:00 PM	Jerry Del Agostino	\$3.50 per game day + Association Dues 530-885-1266/530-368-7154
WED	Aerobics	8:45 AM	9:45 AM	Eve Gutierrez	Jun \$16 / Jul \$20
	Walking Group	9:30 AM		PIRS	Free/Call for details 530-885-6100 x 26 ARD Park, 123 Recreation Dr.
	Chair Yoga	11:00 AM	12:00 PM	Sandra Main	Jun \$24 / Jul \$30 Drop in \$7/\$9
	Conversational Spanish	1:00 PM	2:00 PM	Carol Coleman	Jun \$16 / Jul \$20
	Woodcarving Club	1:00 PM	3:00 PM	Steve Gramberg	Jun \$16 / Jul \$20
THU	Balance, Strength & Stability	9:30AM	10:30AM	Debbie Thompson	Jun \$ 28 / Jul \$35 Drop in \$8 / \$10
	Knitting/Crocheting Club	10:00AM	12:00PM	Barbara Allendorfer	Jun \$16 / Jul \$20
	Chess Club	11:15 AM	1:30 PM	Ken Windholz	Jun \$16 / Jul \$20
	American Mahjong	12:00 PM	3:30 PM	Harriet White	Jun \$16 / Jul \$20
	Pinochle	1:00 PM	2:30ish PM	Alton Johnson	Jun \$16 / Jul \$20
	Genealogy	1:00 PM	3:00 PM	Richard Rands	FREE (donation appreciated)- by appt ON- LY, MUST be a Member
	Ukulele	1:30 PM	2:30 PM	Winter Hungerford	Jun \$16 / Jul \$20
FRI	Aerobics	8:45 AM	9:45 AM	Eve Gutierrez	Jun \$16 / Jul \$12
	Line Dancing	10:15 AM	11:45 AM	Valerie Harrison	Jun \$24 / Jul \$18 Drop in \$7/\$9
	Chinese Mahjong	12:00 PM	3:00 PM	Colleen Andersen	Jun \$16 / Jul \$12
	Penny Bingo	1:00 PM	3:00 PM	Danesia Wodarski	Jun \$16 / Jul \$12 Additional 2 pennies per card

Drop-In Cost: \$5 per activity (additional \$2 for nonmembers), unless otherwise noted

Phone: (530) 823-8172 **** Second Monday Chair Yoga time is 10:30 AM**



Every first Monday of the month.
1:00 – 3:00
One month Bunco,
the next
Scattergories



Cribbage Players

Please join us on Tuesday evenings starting at 5:30 PM, please arrive by 5:15 at the Auburn Senior Center. The informal summer season runs through August and is a great time to play 6 games of cribbage against different opponents. Club members will show you how we play the world's best 1 on 1 card game. All cards & boards are provided, members bring snacks to share, and prizes are awarded for the top scorecards & special hands. Questions: contact Jon Kline at 650-279-0001.

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Auburn Senior Center, Auburn, CA

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I Phone Workshop Series

Tuesday, July 1st - All About Apps w/IOS 18

In this class you will learn more basics on how to use, operate and customize your iPhone Apps.

Tuesday, July 15th - Texting Basics w/IOS 18

In this class, you will learn the basics on texting, including lingo, tips, organization and inserting different types of media.

Time: 1:00 - 2:00 PM

Facilitated by: Sean Kearney of Porchswing Technologies

Cost: \$7.00 per workshop

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Fluid Paint

Also known as acrylic pouring, fluid painting is a type of abstract art that involves pouring layers of thin, liquidy acrylic paint onto a canvas. Because of that fluid consistency, the paint moves and spreads feely, creating interesting organic shapes.

Date: Wednesdays, July 2nd & 16th

(same topic taught twice a month, 1 class per person, per month)

Time: 1:00 – 3:00 pm

Facilitated by: Julie Gardner

Cost: \$20.00 + \$5.00 if you want resin covered

\$22.00 Nonmembers

No Refunds!! Please bring an apron!

Class Size Limited to 12!

Must sign up & pay the week before the class



What Do I Need to Be Prepared Legally?

What are the differences between a will and trust? Can I prepare these documents myself for free or must I hire an attorney to do it for me? If I do want the assistance of an attorney, how do I choose the attorney and what should I expect to pay for an estate plan? What is a Power of Attorney (POA), Physician Order for Long Standing Treatment (POLST), and Do Not Resuscitate (DNR) order? These are some of the questions to be addressed. Legal Updates and new things to know regarding wills & trusts.

Date: Wednesday, July 16th

Time: 1:00–2:30 pm

Facilitator: Cheryl Carl, Attorney at Law

Cost: Free (Donations to the Center greatly appreciated)

Reserve your seat by calling: 530-823-8172

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Watercolor Painting Workshop

Art instructor, Patty Pieropan Dong will offer a draw-along/paint-along style class. Bring your favorite supplies if you would like. Paper, paints and brushes provided.

Date: Tuesday, July 8th

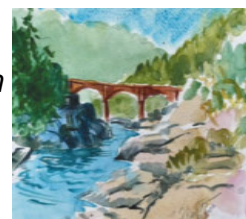
Time: 12:30 - 2:30 PM

Facilitated by: Patty Pieropan Dong

Cost: \$14, \$16 nonmembers

Call 530-823-8172 to reserve your seat,

limited to 16!



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Healing Sound Bath

Date: Wednesday, July 9th & 23rd

Time: 2:00 - 3:00 pm **Cost:** \$5.00

Facilitated by: Emilie Webb

Call 530-823-8172 to reserve your seat

Pioneer Community Energy

The Pioneer Team will give a presentation on saving money on your energy bills and then be available to answer questions.

Date: Friday, July 18th

Time: 10am - 12pm

Cost: Free (donation to Center appreciated)

Thank you to our monthly sponsors:

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We operate from direct contributions/donations and fundraisers. ASC does not receive outside funding. The continued existence of the Center is solely dependent on the sources mentioned. The Center is organized under Revenue code 501©(3) non-profit organization and all donations are tax deductible.

You Can Support the Senior Center by..

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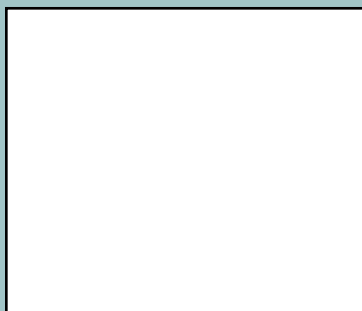



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11960 HERITAGE OAK PLACE #15 AUBURN, CA 95603



New!

Share and Care Group

Date: 2nd & 4th Tuesdays of month

Time: 1:00—2:00 PM

Cost: \$5.00 / \$7.00

Rock Painting

Join the rock painting craze and come paint a few rocks! Must be signed up to attend.

Date: Tuesday, July 22nd

Time: 1:00-3:00pm

Facilitated by: Pat Garcia

Cost: \$10 (includes all supplies)



SAVE THE DATE

Center Closed, Friday, July 4th

Spaghetti Bingo, Monday, July 14th

Spaghetti Bingo, Monday, August 11th

Taste of the Foothills, Thursday, September 25th



Friday, July 18th, 10:30 am. Pre sign-up is no longer required. Cost is \$5.00 per game, includes shoes!!

