



11960 HERITAGE OAK PLACE #15, AUBURN, CA 95603
HOURS: MONDAY - FRIDAY 9:00 AM - 3:30 PM



Happy Holidays!

Wishing each and everyone an awesome Holiday Season!

Be safe, stay warm and most of all ENJOY!

Monica



Spaghetti Bingo

Date: Monday, December 8th

Lunch served at 12:30 pm, Bingo play immediately after lunch to 3:30 pm.

Cost: \$8 per person lunch, \$5.00 if not having lunch + \$1 per card for bingo

Meal Sponsored by David La Plante, an agent offering Medicare products, license number 0783808.

Payment must be received at sign up!

Seating limited to 22!

Member Activity Schedule for Auburn Senior Center December 2025 / January 2026

Day	Description	Start	End	Facilitator	Cost/Notes
Monday	Tai Chi/Qiqong	9:15am	10:15am	Jaya C	Dec \$24 / Jan \$24 *
	Chair Yoga ***	11:00am	12:00pm	Sandra M	Dec \$24 / Jan \$24 *
	Scattergories	1:00pm	3:00pm	Kathy A	1 st Monday \$5 / \$7
Tuesday	Silver Strength Training	10:00am	11:00am	Video	Dec \$16 / Jan \$16
	Cooking Club	11:30am	1:00pm	Bonnie, Sherry, Mary	Dec \$24 / Dec \$24 *
	Mexican Train	12:30pm	2:30pm	Char R	1 ST , 3 RD , 5 TH session \$8
	Hand & Foot	12:30pm	3:00pm	Char R	2 nd & 4 th session \$8
	Share & Care Group	1:00pm	2:00pm	Steve C	2 nd & 4 th session \$8
	Cribbage	5:15pm	9:00pm	Jerry D	\$3.50 + Association Dues
Wednesday	Aerobics	8:45am	9:45am	Eve G	Dec \$12 / Jan \$16
	Walking Group	9:30am		PIRS	Free/Call 530-885-6100x26 for details
	Chair Yoga	11:00am	12:00pm	Sandra M	Dec \$18 / Jan \$24 *
	Conversational Spanish	2:00pm	3:00pm	Carol C	Dec \$12 / Jan \$16
	Woodcarving Club	1:00pm	3:00pm	Steve G	Dec \$12 / Jan \$16
Thursday	Balance, Strength & Stability	9:30am	10:30am	Debbie T	Dec \$21 / Jan \$28 **
	Knitting/Crocheting Club	10:00am	12:00pm	Barbara A	Dec \$12 / Jan \$16
	Chess Club	11:00am	1:30pm	Brian P	Dec \$12 / Jan \$16
	American Mahjong	12:00pm	3:00pm	Harriet W	Dec \$12 / Jan \$16
	Pinochle	1:00pm	3:00pm	Alton J	Dec \$12 / Jan \$16
	Genealogy	1:00pm	3:00pm	Richard R	Free(donation appreciated) by appt ONLY
	Ukulele	1:30pm	2:30pm	Winter H	Dec \$12 / Jan \$16
Friday	Aerobics	8:45am	9:45am	Eve G	Dec \$12 / Jan \$20
	Line Dancing	10:15am	11:45am	Valerie H	Dec \$18 / Jan \$30 *
	Chinese Mahjong	12:00pm	3:00pm	Colleen A	Dec \$12 / Jan \$20
	Penny Bingo	1:00pm	2:00pm	Danesia W	Dec \$12 / Jan \$20, 2 pennies per card

Drop-In Fees \$5 per Activity (additional \$2 for nonmembers)

*Drop-In Fees \$7 per Activity **Drop-In Fees \$8 (additional \$2 for nonmembers)

***2nd Monday Chair Yoga time is 10:30am



VEGAN COOKING WITH CARLA

DATE: WEDNESDAY, DECEMBER 10TH

TIME: 11:00 – 1:30PM

FACILITATED BY: CARLA SHRYOCK

COST: \$7.00

**CALL 530-823-8172 TO RESERVE
YOUR SEAT**

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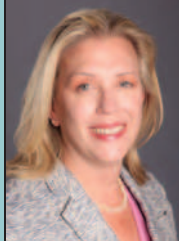
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Auburn Senior Center, Auburn, CA

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I Phone Workshop Series

Tuesday, Dec 2nd - Basics (iOS 26)

In this class you will learn more basics on how to use, operate and customize your I Phone. A perfect class for beginners.

Tuesday, Dec 16th - Basics 2 (iOS 26)

In this class you will learn more basics on how to use your I Phone, as well as more tips and tricks.

Time: 1:00 - 2:00 PM

Facilitated by: Sean Kearney of Porchswing Technologies

Cost: \$7.00 per workshop

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Fluid Paint

Also known as acrylic pouring, fluid painting is a type of abstract art that involves pouring layers of thin, liquidy acrylic paint onto a canvas. Because of that fluid consistency, the paint moves and spreads feely, creating interesting organic shapes.

Date: Wednesday, December 10th, Butterflies

Time: 1:00 – 3:00 pm

Facilitated by: Julie Gardner

Cost: \$20.00 + \$5.00 if you want resin covered

\$22.00 Nonmembers

No Refunds!! Please bring an apron!

Class Size Limited to 12!

Must sign up & pay the week before the class



What Do I Need to Be Prepared Legally?

What are the differences between a will and trust? Can I prepare these documents myself for free or must I hire an attorney to do it for me? If I do want the assistance of an attorney, how do I choose the attorney and what should I expect to pay for an estate plan? What is a Power of Attorney (POA), Physician Order for Long Standing Treatment (POLST), and Do Not Resuscitate (DNR) order? These are some of the questions to be addressed. Legal Updates and new things to know regarding wills & trusts.

Date: Wednesday, December 17th

Time: 1:00–2:30 pm

Facilitator: Cheryl Carl, Attorney at Law

Cost: Free (Donations to the Center greatly appreciated)

Reserve your seat by calling: 530-823-8172

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Watercolor Painting Workshop

Art instructor, Patty Pieropan Dong will offer a draw-along/paint-along style class. Bring your favorite supplies if you would like. Paper, paints and brushes provided.

Date: Tuesday, December 9th

Time: 12:30 - 2:30 PM

Facilitated by: Patty Pieropan Dong

Cost: \$14, \$16 nonmembers

Call 530-823-8172 to reserve your seat,

limited to 16!



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Healing Sound Bath

Date: Wednesday, December 3rd & 17th

Time: 2:00 - 3:00 pm **Cost:** \$5.00

Facilitated by: Emilie Webb

Call 530-823-8172 to reserve your seat



Monday, December 15th

1:00 - 2:00 pm

Cost: \$5.00

4 Mediums will be available

To give messages from

Loved ones!

Rock Painting

Tuesday,

December 16th

1:00—3:00 pm

Cost: \$10.00

(includes supplies)



Thank you to our monthly sponsors:

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We operate from direct contributions/donations and fundraisers. ASC does not receive outside funding. The continued existence of the Center is solely dependent on the sources mentioned. The Center is organized under Revenue code 501©(3) non-profit organization and all donations are tax deductible.

You Can Support the Senior Center by..

*Becoming a sponsor

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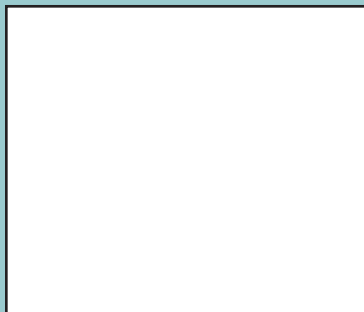



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11960 HERITAGE OAK PLACE #15 AUBURN, CA 95603

RED HAWK CASINO SHUTTLE DAYS

MONDAY, JUNE 23RD
THURSDAY, AUGUST 7TH
THURSDAY, OCTOBER 23RD
THURSDAY, DECEMBER 4TH

COST \$20.00

SHUTTLE LEAVES THE CENTER AT 9:30

SHUTTLE LEAVES THE CASINO AT 2:30

REMEMBER A MINIMUM OF 15 PEOPLE
ARE NEEDED FOR THE TRIP!!

CALL TO RESERVE YOUR SEAT #530-
823-8172

Green Burial Information

We'll talk about what green burial is, how it differs from traditional burial, and why families are choosing it. We'll also share information about Morgan Oaks Eternal Preserve in Lincoln, CA, and the unique conservation benefits it provides.

Date: Wednesday, December 10th

Time: 10:30AM – 11:30AM

Presented by: Sarina Johnstone | Cemetery Consultant | Morgan Oaks Eternal Preserve

Cost: Free (donation to the Center greatly appreciated)

Call 530-823-8172 to reserve a seat

SAVE THE DATE

Spaghetti Bingo, Monday, December 8th

Christmas Dessert Potluck, Monday,
December 22nd

Center Closed Wednesday, December 24th

Thru Thursday, January 1st

Welcome Back, Center reopens Friday,
January 2nd!

Spaghetti Bingo, Monday, January 12th



Fridays, December 5th & 19th, 10:00 am. Pre sign-up is no longer required. Cost is \$5.00 per game, includes shoes!!

