



### Auburn Senior Center Member Survey

Dear Auburn Senior Center Member,

We value your membership and want to make sure the Center continues to be a welcoming, engaging, and enjoyable place for you. Your feedback helps us improve our programs, activities, and services so we can better meet your needs and interests.

Please take a few minutes to answer the short survey. If accessing online, you can fill in your responses and email to [seniorcenterauburn@att.net](mailto:seniorcenterauburn@att.net). Feel free to bring the completed survey to the Center as well.

The survey will be available at the Center or you can find it on our website: [www.auburnseniorcenter.com](http://www.auburnseniorcenter.com).

Please call 530-823-8172 if you have any questions.

11960 HERITAGE OAK PLACE #15, AUBURN, CA 95603  
HOURS: MONDAY - FRIDAY 9:00 AM - 3:30 PM



Happy New Year!

Annual Appeal Letter Committee, looking for people to be on the committee to develop an Annual Appeal Letter from the Auburn Senior Center. Meeting dates and times yet to be determined, it is our wish to have the letter ready to send by the end of February/March 2026. Let me know if you are interested.

Reminder to complete the Auburn Senior Center survey, Either on line or at the Center.

Wishing everyone a fabulous New Year!!

Monica

### Spaghetti Bingo

**Date:** Monday, January 12th

**Lunch served at 12:30 pm, Bingo play immediately after lunch to 3:30 pm.**

**Cost:** \$8 per person lunch, \$5.00 if not having lunch + \$1 per card for bingo

Meal Sponsored by David La Plante, an agent offering Medicare products, license number 0783808.

**Payment must be received at sign up!**

**Seating limited to 22!**

## Member Activity Schedule for Auburn Senior Center

### December 2025 / January 2026

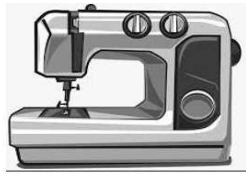
Day	Description	Start	End	Facilitator	Cost/Notes
<b>Monday</b>	Tai Chi/Qigong	9:15am	10:15am	Jaya C	Dec \$24 / Jan \$24 *
	Chair Yoga ***	11:00am	12:00pm	Sandra M	Dec \$24 / Jan \$24 *
	Scattergories	1:00pm	3:00pm	Kathy A	1 <sup>st</sup> Monday \$5 / \$7
	Gentle Somatic Movement	2:00pm	3:00pm	Jennifer A	1 <sup>st</sup> & 3 <sup>rd</sup> Mondays \$7 / \$9
<b>Tuesday</b>	Silver Strength Training	10:00am	11:00am	Video	Dec \$16 / Jan \$16
	Cooking Club	11:30am	1:00pm	Bonnie, Sherry, Mary	Dec \$24 / Dec \$24 *
	Mexican Train	12:30pm	2:30pm	Char R	1 <sup>st</sup> , 3 <sup>rd</sup> , 5 <sup>th</sup> session \$8
	Hand & Foot	12:30pm	3:00pm	Char R	2 <sup>nd</sup> & 4 <sup>th</sup> session \$8
	Share & Care Group	1:00pm	2:00pm	Steve C	2 <sup>nd</sup> & 4 <sup>th</sup> session \$8
	Cribbage	5:15pm	9:00pm	Jerry D	\$3.50 + Association Dues
<b>Wednesday</b>	Aerobics	8:45am	9:45am	Eve G	Dec \$12 / Jan \$16
	Walking Group	9:30am		PIRS	Free/Call 530-885-6100x26 for details
	Chair Yoga	11:00am	12:00pm	Sandra M	Dec \$18 / Jan \$24 *
	Conversational Spanish	2:00pm	3:00pm	Carol C	Dec \$12 / Jan \$16
	Woodcarving Club	1:00pm	3:00pm	Steve G	Dec \$12 / Jan \$16
<b>Thursday</b>	Balance, Strength & Stability	9:30am	10:30am	Debbie T	Dec \$21 / Jan \$28 **
	Knitting/Crocheting Club	10:00am	12:00pm	Barbara A	Dec \$12 / Jan \$16
	Chess Club	11:00am	1:30pm	Brian P	Dec \$12 / Jan \$16
	American Mahjong	12:00pm	3:00pm	Harriet W	Dec \$12 / Jan \$16
	Pinochle	1:00pm	3:00pm	Alton J	Dec \$12 / Jan \$16
	Genealogy	1:00pm	3:00pm	Richard R	Free(donation appreciated) by appt ONLY
	Ukulele	1:30pm	2:30pm	Winter H	Dec \$12 / Jan \$16
<b>Friday</b>	Aerobics	8:45am	9:45am	Eve G	Dec \$12 / Jan \$20
	Line Dancing	10:15am	11:45am	Valerie H	Dec \$18 / Jan \$30 *
	Chinese Mahjong	12:00pm	3:00pm	Colleen A	Dec \$12 / Jan \$20
	Penny Bingo	1:00pm	2:00pm	Danesia W	Dec \$12 / Jan \$20, 2 pennies per card

Drop-In Fees \$5 per Activity (additional \$2 for nonmembers)

\*Drop-In Fees \$7 per Activity \*\*Drop-In Fees \$8 (additional \$2 for nonmembers)

\*\*\*2<sup>nd</sup> Monday Chair Yoga time is 10:30am





## SEWING

BRING YOUR MACHINE AND PROJECT YOU NEED HELP WITH.

**DATES:** MONDAY, JANUARY 5TH TUESDAY, JANUARY 6TH, MONDAY, JANUARY 12TH AND TUESDAY, JANUARY 13TH

**TIME:** 10:00AM - 12:00 PM

**FACILITATOR:** BONNIE ALLERT

**COST:** \$40 FOR ALL 4 SESSIONS

CALL 530-823-8172 TO RESERVE YOUR SEAT

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## Getaway Travel Specialists

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\*Seattle to Victoria, BC: A combined four-day tour that includes two full days exploring the highlights of Seattle and two days in beautiful Victoria, BC.

\*Ireland Trip: A new tour of our popular Ireland itinerary.

\*River Cruises: Several new European river cruise options.

\*Winter Train Adventure: Gauging interest for another scenic train trip through the snow.

**Date:** Wednesday, January 7

**Time:** 10:00am - 11:00am

**Facilitated by:** Donna Parker of Getaway Travel Specialist

**Cost:** Free (Donation to the Center greatly appreciated)

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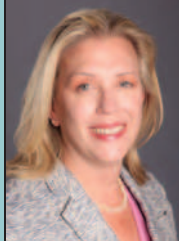
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## I Phone Workshop Series

### Tuesday, Jan 6th - Texting (iOS 26)

*In this class, you will learn the basics on texting, including lingo, tips, organization and inserting different types of media.*

### Tuesday, Jan 13th - All About Aps (iOS 26)

*In this class you will learn more basics on how to use, operate and customize your iPhone Apps.*

**Time:** 1:00 - 2:00 PM

**Facilitated by:** Sean Kearney of Porchswing Technologies

**Cost:** \$7.00 per workshop

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## Fluid Paint

*Also known as acrylic pouring, fluid painting is a type of abstract art that involves pouring layers of thin, liquidy acrylic paint onto a canvas. Because of that fluid consistency, the paint moves and spreads freely, creating interesting organic shapes.*

**Date:** Wednesday, January 14th, Sunflowers

**Time:** 1:00 – 3:00 pm

**Facilitated by:** Julie Gardner

**Cost:** \$25.00      \$27.00 Nonmembers

**No Refunds!!** Please bring an apron!

*Class Size Limited to 12!*

**Must sign up & pay the week before the class**



## What Do I Need to Be Prepared Legally?

*What are the differences between a will and trust? Can I prepare these documents myself for free or must I hire an attorney to do it for me? If I do want the assistance of an attorney, how do I choose the attorney and what should I expect to pay for an estate plan? What is a Power of Attorney (POA), Physician Order for Long Standing Treatment (POLST), and Do Not Resuscitate (DNR) order? These are some of the questions to be addressed. Legal Updates and new things to know regarding wills & trusts.*

**Date:** Wednesday, January 21st

**Time:** 1:00–2:30 pm

**Facilitator:** Cheryl Carl, Attorney at Law

**Cost:** Free (Donations to the Center greatly appreciated)

*Reserve your seat by calling: 530-823-8172*

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## Watercolor Painting Workshop

*Art instructor, Patty Pieropan Dong will offer a draw-along/paint-along style class. Bring your favorite supplies if you would like. Paper, paints and brushes provided.*

**Date:** Tuesday, January 13th

**Time:** 12:30 - 2:30 PM

**Facilitated by:** Patty Pieropan Dong

**Cost:** \$14, \$16 nonmembers

*Call 530-823-8172 to reserve your seat, limited to 16!*



## OUR STAFF

**Monica Sherman**  
*Center Director*

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**Barbara Meade**  
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**Stan Hapak**  
*Director*



### Healing Sound Bath

**Date:** Wednesday, January 7th & 21st

**Time:** 2:00 - 3:00 pm **Cost:** \$5.00

**Facilitated by:** Emilie Webb

*Call 530-823-8172 to reserve your seat*



*Monday, January 19th*

*1:00 - 2:00 pm*

*Cost: \$5.00*

*All levels welcome!*

### Rock Painting

*Tuesday,*

*January 20th*

*1:00—3:00 pm*

*Cost: \$10.00*

*(includes supplies)*



### Green Burial Information

*Monday, January 19th, 10:30am*

*Rescheduled from 12/10/25*

### Thank you to our monthly sponsors:

\*Stephanie Anderson

\*Christina Arrostituto

\*Cassandra Barnhill

\*Jeanne Bourland

\*Colleen Conley

\*Granger Elliott

\*Pat Garcia

\*Pat Haughian

\*Judy Holtan

\*Sara Jotoku

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\*Dan Pena

\*Erik Peterson

\*Brent Smedley

\*Karen & Darrell Thomas

\*Raymond Thompson

\*William Witzske

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*We operate from direct contributions/donations and fundraisers. ASC does not receive outside funding. The continued existence of the Center is solely dependent on the sources mentioned. The Center is organized under Revenue code 501©(3) non-profit organization and all donations are tax deductible.*

*You Can Support the Senior Center by..*

*\*Becoming a sponsor*

*\*\*Donating on our website: [auburnseniorcenter.com](http://auburnseniorcenter.com)*

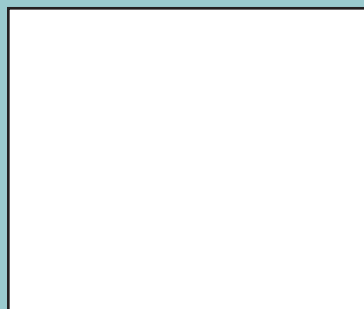



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## 11960 HERITAGE OAK PLACE #15 AUBURN, CA 95603

### ARE YOU INTERESTED IN MAH JONGG??

*American Mah Jongg is a fun, intriguing game that is a great exercise for your brain. If you know how to play, please join us for a session and see if you would like to become a regular player. If you want to find out about the game please drop in and watch us play. We are happy to explain what we are doing and we even offer lessons to help you get started with us. We play for enjoyment and don't wager or count points.*

*On Thursdays the Senior Center offers American Mah Jongg from 12:00 to 3:00. Start your New Year off right, come by and see what American Mah Jongg is all about. We look forward to seeing you!*

### RED HAWK CASINO SHUTTLE DAYS

**THURSDAY: JANUARY 15<sup>TH</sup>, MARCH  
19<sup>TH</sup>, MAY 21<sup>ST</sup>, JULY 16<sup>TH</sup>,  
SEPTEMBER 17<sup>TH</sup>, NOVEMBER 19<sup>TH</sup>,  
DECEMBER 17<sup>TH</sup>**

**COST \$20.00**

**SHUTTLE LEAVES THE CENTER AT 9:30**

**SHUTTLE LEAVES THE CASINO AT 2:30**

**REMEMBER A MINIMUM OF 15 PEOPLE  
ARE NEEDED FOR THE TRIP!!**

**CALL TO RESERVE YOUR SEAT #530-  
823-8172**

## SAVE THE DATE

**Welcome Back, Center reopens Friday,  
January 2nd!**

\*\*\*\*

**Spaghetti Bingo, Monday, January 12th**

\*\*\*\*

**AARP Taxes will begin February**

**Call 530-830-2232 for an appointment after  
January 26th**

\*\*\*\*

**Spaghetti Bingo, Monday, February 9th**

\*\*\*\*

**Happy Valentines Day! Saturday, Feb 14th**



*Fridays, January 2nd & 16th 10:00 am. Pre sign-up is  
no longer required. Cost is \$5.00 per game, includes  
shoes!!*

**Travel with Jeannie**

**Wednesday, January 14th, 10:00**

**Jeannie will be sharing information on her  
Italian Sojourn, May 12 - 19, 2026**

**Call 530-823-8172 to reserve your seat!**