



# AUBURN SENIOR CENTER



Scan to make an appointment at the Auburn Senior Center



or call (530) 830-2232 and leave a message

**New this year**

You will be able to print your online tax documents at your appointment

FREE WORKSHOP WITH AUDIENCE Q&A

## Legacy Living:

CONVERSATIONS WORTH HAVING NOW

Join us at the Auburn Senior Center for an engaging workshop that's both practical & personal.



### What to Expect & Takeaways:

- Find the fun and funny in personal & family lore
- Acquire tools to spark important family conversations
- Explore how to share stories through your unique voice
- Learn about the steps most often missed and find the key to peace of mind
- Take home your Closure Map starter kit.

### Join Us for an Hour of Inspiration

February 3, 2026 | 11:00 a.m.  
Auburn Senior Center  
11960 Heritage Oaks Place, #15  
Auburn, CA 95603

### For More Information:

530-823-8172  
www.auburnseniorcenter.com  
seniorcenterauburn@att.net

### Meet Your Facilitator:



Heidi Struve Currey  
Author, Create Your Own Closure Map

RSVP NOW!

11960 HERITAGE OAK PLACE #15, AUBURN, CA 95603  
HOURS: MONDAY - FRIDAY 9:00 AM - 3:30 PM



Happy February!

Tax appointments begin Monday, February 2nd and will continue thru Wednesday, April 15th. Call 530-830-2232 to schedule your appointment, remember to leave your name and return call phone number, someone will call you back to set the appointment. Reminder, parking is going to be a challenge during this time. It is ok to park in the 15 minute parking spots, just not in front of Max's. If you are feeling energetic, street parking is available also. Thank you in advance for your understanding.

Happy Valentine's Day to all,  
Monica

## Spaghetti Bingo

**Date:** Monday, February 9th

**Lunch served at 12:30 pm, Bingo play immediately after lunch to 3:30 pm.**

**Cost:** \$8 per person lunch, \$5.00 if not having lunch + \$1 per card for bingo

Meal Sponsored by David La Plante, an agent offering Medicare products, license number 0783808.

**Payment must be received at sign up!**

**Seating limited to 22!**

## Member Activity Schedule for Auburn Senior Center February / March 2026

Day	Description	Start	End	Facilitator	Cost/Notes
<b>Monday</b>	Tai Chi/Qiqong	9:15am	10:15am	Jaya C	Feb \$24 / Mar \$30 *
	Chair Yoga ***	11:00am	12:00pm	Sandra M	Feb \$24 / Mar \$30 *
	Scattergories	1:00pm	3:00pm	Kathy A	1 <sup>st</sup> Monday \$5 / \$7
	Gentle Somatic Movement	2:00pm	3:00pm	Jennifer A	1 <sup>st</sup> & 3 <sup>rd</sup> \$7/\$9 session \$12
<b>Tuesday</b>	Silver Strength Training	10:00am	11:00am	Video	Feb \$16 / Mar \$20
	Cooking Club	11:30am	1:00pm	Bonnie, Sherry, Mary	Feb \$24 / Mar \$30 *
	Mexican Train	12:30pm	2:30pm	Char R	1 <sup>st</sup> , 3 <sup>rd</sup> , 5 <sup>th</sup> session \$8
	Hand & Foot	12:30pm	3:00pm	Char R	2 <sup>nd</sup> & 4 <sup>th</sup> session \$8
	Share & Care Group	1:00pm	2:00pm	Steve C	2 <sup>nd</sup> & 4 <sup>th</sup> session \$8
	Cribbage	5:15pm	9:00pm	Jerry D	\$3.50 + Association Dues
<b>Wednesday</b>	Aerobics	8:45am	9:45am	Eve G	Feb \$16 / Mar \$20
	Walking Group	9:30am		PIRS	Free/Call 530-885-6100x26 for details
	Chair Yoga	11:00am	12:00pm	Sandra M	Feb \$24 / Mar \$24 *
	Conversational Spanish	2:00pm	3:00pm	Carol C	Feb \$16 / Mar \$16
	Woodcarving Club	1:00pm	3:00pm	Steve G	Feb \$16 / Mar \$16
<b>Thursday</b>	Balance, Strength & Stability	9:30am	10:30am	Debbie T	Feb \$28 / Mar \$28 **
	Knitting/Crocheting Club	10:00am	12:00pm	Barbara A	Feb \$16 / Mar \$16
	Chess Club	11:00am	1:30pm	Brian P	Feb \$16 / Mar \$16
	American Mahjong	12:00pm	3:00pm	Harriet W	Feb \$16 / Mar \$16
	Pinochle	1:00pm	3:00pm	Alton J	Feb \$16 / Mar \$16
	Genealogy	1:00pm	3:00pm	Richard R	Free(donation appreciated) by appt ONLY
	Ukulele	1:30pm	2:30pm	Winter H	Feb \$16 / Mar \$16
<b>Friday</b>	Aerobics	8:45am	9:45am	Eve G	Feb \$16 / Mar \$16
	Line Dancing	10:15am	11:45am	Valerie H	Feb \$28 / Mar \$28 *
	Chinese Mahjong	12:00pm	3:00pm	Colleen A	Feb \$16 / Mar \$16
	Penny Bingo	1:00pm	2:00pm	Danesia W	Feb \$16 / Mar \$16, 2 pennies per card

Drop-In Fees \$5 per Activity (additional \$2 for nonmembers)

\*Drop-In Fees \$7 per Activity \*\*Drop-In Fees \$8 (additional \$2 for nonmembers)

\*\*\*2<sup>nd</sup> Monday Chair Yoga time is 10:30am

## RED HAWK CASINO SHUTTLE DAYS

**THURSDAY: JANUARY 15<sup>TH</sup>, MARCH 19<sup>TH</sup>, MAY 21<sup>ST</sup>, JULY 16<sup>TH</sup>, SEPTEMBER 17<sup>TH</sup>, NOVEMBER 19<sup>TH</sup>, DECEMBER 17<sup>TH</sup>**

**Cost \$20.00**

**SHUTTLE LEAVES THE CENTER AT 9:30**

**SHUTTLE LEAVES THE CASINO AT 2:30**

**REMEMBER A MINIMUM OF 15 PEOPLE ARE NEEDED FOR THE TRIP!!**

**CALL TO RESERVE YOUR SEAT #530-823-8172**



## AARP

All classes are held at the Center.

### AARP Safe Driver Program

#### Refresher Driver Safety Class (4 hour)

Date: Tuesday, February 17<sup>th</sup> or  
Monday, May 18<sup>th</sup>

Time: 11:15 am - 3:30 pm

#### Initial Driver Course (8 hour)

Date: Monday & Tuesday, March 16<sup>th</sup> & 17<sup>th</sup> or  
Monday & Tuesday, June 1<sup>st</sup> & 2<sup>nd</sup>

Time: 11:15 am - 3:30pm

Cost: \$30.00 per person, non-AARP Member  
\$25.00 per person, AARP Membership # needed.

Call or come by the center, 11960 Heritage Oak Place, Suite 15,  
530-823-8172 to register for the class.

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Auburn Senior Center, Auburn, CA

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- Change bed linens
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Our personalized services are available seven days a week and can range from 4 hours a day to 24-hour care.

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Auburn Senior Center, Auburn, CA

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## I Phone Workshop Series

### Tuesday, Feb 3rd - iPhoto/Camera (iOS 26)

*In this class, you will learn all about the “photos” app, along with how to organize, share and view your photos and use the camera.*

### Tuesday, Feb 24 - iPhoto/Camera 2 (iOS 26)

*In this class you will learn Photo management, camera use and organization with more advanced tips and tools.*

**Time:** 1:00 - 2:00 PM

**Facilitated by:** Sean Kearney of Porchswing Technologies

**Cost:** \$7.00 per workshop

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## Fluid Paint

*Also known as acrylic pouring, fluid painting is a type of abstract art that involves pouring layers of thin, liquidy acrylic paint onto a canvas. Because of that fluid consistency, the paint moves and spreads freely, creating interesting organic shapes.*

**Date:** Wednesday, February 11th, Sea Scape

**Time:** 1:00 – 3:00 pm

**Facilitated by:** Julie Gardner

**Cost:** \$25.00      \$27.00 Nonmembers

**No Refunds!!** Please bring an apron!

*Class Size Limited to 12!*

**Must sign up & pay the week before the class**



## What Do I Need to Be Prepared Legally?

*What are the differences between a will and trust? Can I prepare these documents myself for free or must I hire an attorney to do it for me? If I do want the assistance of an attorney, how do I choose the attorney and what should I expect to pay for an estate plan? What is a Power of Attorney (POA), Physician Order for Long Standing Treatment (POLST), and Do Not Resuscitate (DNR) order? These are some of the questions to be addressed. Legal Updates and new things to know regarding wills & trusts.*

**Date:** Wednesday, February 18th

**Time:** 1:00–2:30 pm

**Facilitator:** Cheryl Carl, Attorney at Law

**Cost:** Free (Donations to the Center greatly appreciated)

*Reserve your seat by calling: 530-823-8172*

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## Watercolor Painting Workshop

*Art instructor, Patty Pieropan Dong will offer a draw-along/paint-along style class. Bring your favorite supplies if you would like. Paper, paints and brushes provided.*

**Date:** Tuesday, February 10th

**Time:** 12:30 - 2:30 PM

**Facilitated by:** Patty Pieropan Dong

**Cost:** \$14, \$16 nonmembers

*Call 530-823-8172 to reserve your seat, limited to 16!*



## OUR STAFF

**Monica Sherman**  
*Center Director*

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## INTERESTED IN COMMUNITY GARDENING? CHECK OUT THE GOLDEN GARDENERS

Thursday, Feb 12 at 10:30 AM  
Auburn Senior Center  
Free Seeds & Cookies  
[www.auburngoldengardeners.org](http://www.auburngoldengardeners.org)



## MEDIUMSHIP

Monday, February 16th

1:00 - 2:00 pm

Cost: \$5.00

All levels welcome!

Join us for a 30-minute overview on money-saving programs and ways to conserve energy.

We'll go over discount programs, rebates & energy efficiency. Attendees are welcome to bring their bills for one-on-one assistance.

Tuesday, February 17th, 1:00pm

Sponsored by Pioneer Community Energy

## Rock Painting

Wednesday, February 18th

1:00 - 3:00 pm, Cost: \$10.00 (includes Supplies)



## Thank you to our monthly sponsors:

\*Stephanie Anderson

\*Christina Arrostituto

\*Cassandra Barnhill

\*Jeanne Bourland

\*Colleen Conley

\*Granger Elliott

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\*William Witzske

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Pioneer Community Energy

We operate from direct contributions/donations and fundraisers. ASC does not receive outside funding. The continued existence of the Center is solely dependent on the sources mentioned. The Center is organized under Revenue code 501©(3) non-profit organization and all donations are tax deductible.

You Can Support the Senior Center by..

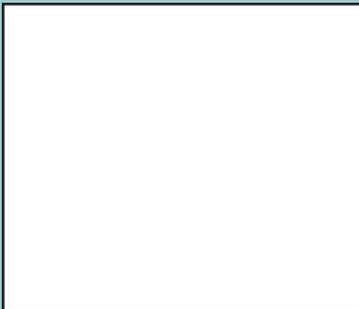
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# 11960 HERITAGE OAK PLACE #15 AUBURN, CA 95603

## ARE YOU INTERESTED IN MAH JONGG??

*American Mah Jongg is a fun, intriguing game that is a great exercise for your brain. If you know how to play, please join us for a session and see if you would like to become a regular player. If you want to find out about the game please drop in and watch us play. We are happy to explain what we are doing and we even offer lessons to help you get started with us. We play for enjoyment and don't wager or count points.*

*On Thursdays the Senior Center offers American Mah Jongg from 12:00 to 3:00. Start your New Year off right, come by and see what American Mah Jongg is all about. We look forward to seeing you!*

## SAVE THE DATE

**AARP Taxes will begin February 2nd**

**Call 530-830-2232 for an appointment**

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**Spaghetti Bingo, Monday, February 9th**

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**Uke at Solstice, Thursday, February 12th**

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**Happy Valentines Day! Saturday, Feb 14th**

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**Spaghetti Bingo, Monday, March 9th**

\*\*\*\*

**Big Day of Giving, May 7th**

AUBURN SENIOR CENTER

11960 HERITAGE OAK PLACE, ROOM #15, AUBURN, CA 95603 | 530-823-8172

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- How the NEW reverse mortgage works
- Recent program enhancements to protect seniors and their equity
- How to eliminate your mortgage payment for life
- Real-life case studies showing how seniors use their home equity to:

- Increase cash flow
- Make home improvements
- Pay for medical care

**FEBRUARY 25TH**  
**| 10:00 AM - 11:00 AM**



**AGES 55+ | BRING A FRIEND - ALL ARE WELCOME!**



*Fridays, February 6th & 20th, 10:00 am. Pre sign-up is no longer required. Cost is \$5.00 per game, includes shoes!!*