



# AUBURN SENIOR CENTER



Scan to make an appointment  
at the Auburn Senior Center



or call (530) 830-2232  
and leave a message

***New this year***

You will be able to print your online  
tax documents at your appointment



## Downsizing with Carla

Need help to get motivated to start that clean up project you've been putting off? Are you thinking about moving to a smaller place but don't know where to start the downsizing process? This workshop will give you ideas on how to start these processes.

**Date:** Wednesday, April 8th

**Time:** 11:00 AM – 12:15 PM

**Facilitated by:** Carla Shryock

**Cost:** Free (donations to the Center greatly appreciated)

Call 530-823-8172 to reserve your seat

11960  
HERITAGE OAK PLACE #15, AUBURN, CA 95603



Happy Easter!

Tax appointments began Monday, February 2nd and will continue thru Wednesday, April 15th. Call 530-830-2232 to schedule your appointment, remember to leave your name and return call phone number, someone will call you back to set the appointment. Reminder, parking is going to be a challenge during this time. It is ok to park in the 15 minute parking spots, just not in front of Max's. If you are feeling energetic, street parking is available also. Thank you in advance for your understanding.

We have 2 new classes, Origami, the 1st & 2nd Fridays of the month. Bridge begins Tuesday, April 21st!

Thanks to all, Monica

## Spaghetti Bingo

**Date:** Monday, April 13th

**Lunch served at 12:30 pm, Bingo play immediately after lunch to 3:30 pm.**

**Cost:** \$8 per person lunch, \$5.00 if not having lunch + \$1 per card for bingo

Meal Sponsored by David La Plante, an agent offering Medicare products, license number 0783808.

**Payment must be received at sign up!**

**Seating limited to 22!**

## Member Activity Schedule for Auburn Senior Center April / May 2026

Day	Description	Start	End	Facilitator	Cost/Notes
<b>Monday</b>	Tai Chi/Qiqong	9:15am	10:15am	Jaya C	Apr \$24 / May \$18 *
	Chair Yoga ***	11:00am	12:00pm	Sandra M	Apr \$24 / May \$18 *
	Scattergories	1:00pm	3:00pm	Kathy A	1 <sup>st</sup> Monday \$5 / \$7
	Gentle Somatic Movement	2:00pm	3:00pm	Jennifer A	1 <sup>st</sup> & 3 <sup>rd</sup> \$7/\$9 session \$12
<b>Tuesday</b>	Silver Strength Training	10:00am	11:00am	Cory N.	Apr \$24 / May \$24
	Cooking Club	11:30am	1:00pm	Bonnie, Sherry, Mary	Apr \$24 / May \$24 *
	Mexican Train	12:30pm	2:30pm	Char R	1 <sup>st</sup> , 3 <sup>rd</sup> , 5 <sup>th</sup> session \$8/\$12
	Hand & Foot	12:30pm	3:00pm	Char R	2 <sup>nd</sup> & 4 <sup>th</sup> session \$8
	Bridge	1:15pm	3:15pm	Madelaine H	Begins 4/21 \$5 / May \$16
	Cribbage	5:15pm	9:00pm	Jerry D	\$3.50 + Association Dues
<b>Wednesday</b>	Aerobics	8:45am	9:45am	Eve G	Apr \$20 / May \$16
	Walking Group	9:30am		PIRS	Free/Call 530-885-6100x26 for details
	Silver Strength Training	10:00am	10:45am	Cory N.	Apr \$24 / May \$24 Begins 4/8
	Chair Yoga	11:00am	12:00pm	Sandra M	Apr \$30 / May \$24 *
	Conversational Spanish	2:00pm	3:00pm	Carol C	Apr \$20 / May \$16
	Woodcarving Club	1:00pm	3:00pm	Steve G	Apr \$20 / May \$16
<b>Thursday</b>	Balance, Strength & Stability	9:30am	10:30am	Debbie T	Apr \$35 / May \$28 **
	Knitting/Crocheting Club	10:00am	12:00pm	Barbara A	Apr \$20 / May \$16
	Chess Club	11:00am	1:30pm	Brian P	Apr \$20 / May \$16
	American Mahjong	12:00pm	3:00pm	Harriet W	Apr \$20 / May \$16
	Pinochle	1:00pm	3:00pm	Alton J	Apr \$20 / May \$16
	Genealogy	1:00pm	3:00pm	Richard R	Free(donation appreciated) by appt ONLY
	Ukulele	1:30pm	2:30pm	Winter H	Apr \$20 / May \$16
<b>Friday</b>	Aerobics	8:45am	9:45am	Eve G	Apr \$16 / May \$20
	Line Dancing	10:15am	11:45am	Valerie H	Apr \$24 / May \$30 *
	Origami	10:30am	11:30am	Kim D.	1 <sup>st</sup> & 2 <sup>nd</sup> Session \$8
	Chinese Mahjong	12:00pm	3:00pm	Colleen A	Apr \$16 / May \$20
	Penny Bingo	1:00pm	3:00pm	Danesia W	Apr \$16 / May \$20, 2 pennies per card

Drop-In Fees \$5 per Activity (additional \$2 for nonmembers)

\*Drop-In Fees \$7 per Activity

\*\*Drop-In Fees \$8 (additional \$2 for nonmembers)

\*\*\*2<sup>nd</sup> Monday Chair Yoga time is 10:30am

## RED HAWK CASINO SHUTTLE DAYS

**THURSDAY: JANUARY 15<sup>TH</sup>, MARCH 19<sup>TH</sup>, MAY 21<sup>ST</sup>, JULY 16<sup>TH</sup>, SEPTEMBER 17<sup>TH</sup>, NOVEMBER 19<sup>TH</sup>, DECEMBER 17<sup>TH</sup>**

**Cost \$20.00**

**SHUTTLE LEAVES THE CENTER AT 9:30**

**SHUTTLE LEAVES THE CASINO AT 2:30**

**REMEMBER A MINIMUM OF 15 PEOPLE ARE NEEDED FOR THE TRIP!!**

**CALL TO RESERVE YOUR SEAT #530-823-8172**



# AARP

All classes are held at the Center.

## AARP Safe Driver Program

### Refresher Driver Safety Class (4 hour)

Date: Tuesday, February 17<sup>th</sup> or  
Monday, May 18<sup>th</sup>

Time: 11:15 am - 3:30 pm

### Initial Driver Course (8 hour)

Date: Monday & Tuesday, March 16<sup>th</sup> & 17<sup>th</sup> or  
Monday & Tuesday, June 1<sup>st</sup> & 2<sup>nd</sup>

Time: 11:15 am - 3:30pm

Cost: \$30.00 per person, non-AARP Member  
\$25.00 per person, AARP Membership # needed.

Call or come by the center, 11960 Heritage Oak Place, Suite 15,  
530-823-8172 to register for the class.

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Auburn Senior Center, Auburn, CA

05-1994

## I Phone Workshop Series

**Sean is unavailable for the month of April.  
Classes will begin again in May.**

**Time:** 1:00 - 2:00 PM

**Facilitated by:** Sean Kearney of Porchswing Technologies

**Cost:** \$7.00 per workshop

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## Fluid Paint

*Also known as acrylic pouring, fluid painting is a type of abstract art that involves pouring layers of thin, liquid acrylic paint onto a canvas. Because of that fluid consistency, the paint moves and spreads freely, creating interesting organic shapes.*

**Date:** Wednesday, April 8th, Doogie Scooper

**Time:** 1:00 - 3:00 pm

**Facilitated by:** Julie Gardner

**Cost:** \$25.00     \$27.00 Nonmembers

**No Refunds!!** Please bring an apron!

*Class Size Limited to 12!*

**Must sign up & pay the week before the class**



## What Do I Need to Be Prepared Legally?

*What are the differences between a will and trust? Can I prepare these documents myself for free or must I hire an attorney to do it for me? If I do want the assistance of an attorney, how do I choose the attorney and what should I expect to pay for an estate plan? What is a Power of Attorney (POA), Physician Order for Long Standing Treatment (POLST), and Do Not Resuscitate (DNR) order? These are some of the questions to be addressed. Legal Updates and new things to know regarding wills & trusts.*

**Date:** Wednesday, April 15th

**Time:** 1:00-2:30 pm

**Facilitator:** Cheryl Carl, Attorney at Law

**Cost:** Free (Donations to the Center greatly appreciated)

Reserve your seat by calling: 530-823-8172

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## Watercolor Painting Workshop

*Art instructor, Patty Pieropan Dong will offer a draw-along/paint-along style class. Bring your favorite supplies if you would like. Paper, paints and brushes provided.*

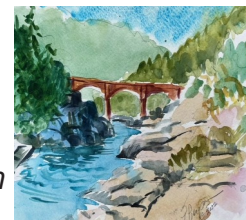
**Date:** Tuesday, April 14th

**Time:** 12:30 - 2:30 PM

**Facilitated by:** Patty Pieropan Dong

**Cost:** \$14, \$16 nonmembers

Call 530-823-8172 to reserve your seat, limited to 16!



## OUR STAFF

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Center Director

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*Fridays, April 3rd & 17th, 10:00 am. Pre sign-up is no longer required. Cost is \$5.00 per game, includes shoes!!*



*Monday, April 20th*

*1:00 - 2:00 pm*

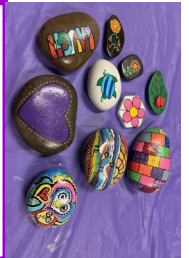
*Cost: \$5.00/\$7 nonmembers*

*All levels welcome!*

### Rock Painting

*Wednesday, April 22nd*

*1:00 - 3:00 pm, Cost: \$10.00 (includes Supplies)/  
\$12 nonmember)*



### Thank you to our monthly sponsors:

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*We operate from direct contributions/donations and fundraisers. ASC does not receive outside funding. The continued existence of the Center is solely dependent on the sources mentioned. The Center is organized under Revenue code 501©(3) non-profit organization and all donations are tax deductible.*

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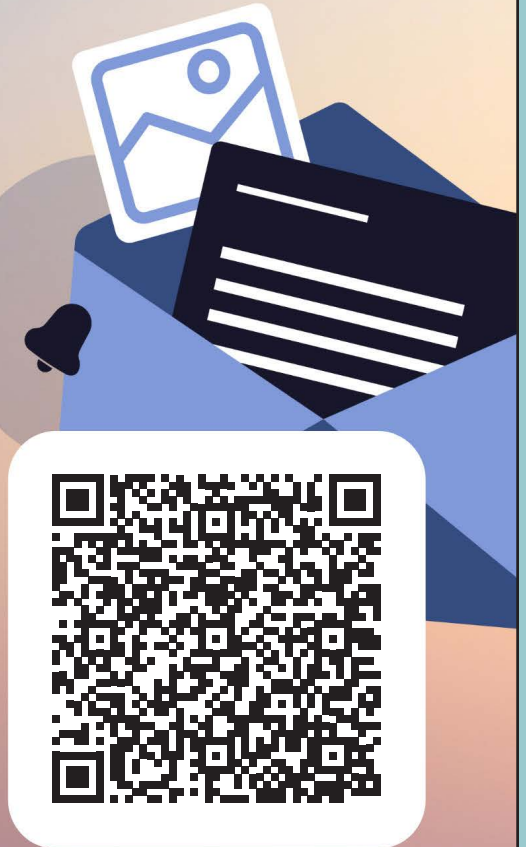
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**TIME:** 12 PM

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**HOSTED AT THE  
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RSVP / More Information: **Call 916-953-3943**

## SAVE THE DATE

**AARP Taxes began February 2nd**

**Call 530-830-2232 for an appointment**

\*\*\*\*\*

**Happy Easter, Sunday, April 5th**

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**Spaghetti Bingo, Monday, April 13th**

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**Early Giving Begins for Big Day of Giving,  
Thursday, April 23rd**

\*\*\*\*\*

**Big Day of Giving, May 7th**

\*\*\*\*\*

**Spaghetti Bingo, Monday, May 11th**



**I LOVE BRIDGE**

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**Begins April 21st**

**Time: 1:15 - 3:15 pm**

**Cost: \$5.00**

**All Levels Welcome!**